

# DISTRICT 24

## NEWSLETTER

www.district24.org  
SERVING LYNNWOOD, EDMONDS, MILL CREEK, and  
MOUNTLAKE TERRACE

### February 2021



*The General Service Conference of A.A.  
has become, for nearly every practical  
purpose, the active voice and the effective  
conscience of our whole society in its  
world affairs. - Concept #2*

Contents	Page
▪ District 24 Agenda February 2021	2
▪ Business Meeting Minutes January 2021	4
▪ Concept Study Article – Concept 2	9
▪ Informational fliers and upcoming events	10
▪ Future Events	15
▪ Find a Meeting Website List	16
▪ Recurring Events & AA in Your Area	17
▪	

#### RESPONSIBILITY PLEDGE

I am responsible. When anyone,  
anywhere, reaches out for help, I want  
the hand of AA always to be there, and  
for that I am responsible.

#### DECLARATION of UNITY

This we owe to A.A.'s future; to place  
our common welfare first; to keep our  
Fellowship united. For on A.A. unity  
depends our lives, and the lives of  
those to come.

#### Contribution Addresses

District 24  
PO Box 439  
Lynnwood, WA 98046

Greater Seattle Intergroup  
5507 6<sup>th</sup> Ave S.  
Seattle, WA 98108

Sno-King Intergroup  
PO Box 30  
Mountlake Terrace WA 98043

Western WA Area 72 Treasurer  
1225 East Sunset Drive, Suite 145-745  
Bellingham, WA 98226

General Service Office  
PO Box 459  
Grand Central Station New York, NY 10163

#### District Committee Chairs and Contacts

DCM – Mike B.  
Dcm24@area72aa.org  
Alt DCM – Kelly S.  
AltDCM24@area72aa.org

TREASURER – Traci W.  
dist.24.treasurer@gmail.com  
Alt TREASURER – Jan T.  
dist.24.alttreasurer@gmail.com

RECORDING SECRETARY – Tausha L.  
dist.24.secretary@gmail.com

ACCESSIBILITY CHAIR – Open  
Dist.24.accessibilitychair@gmail.com

ARCHIVES CHAIR – Rita N.  
Alt. ARCHIVES CHAIR – Joyce B.

CPC CHAIR – David M.  
Alt CPC CHAIR – Rachel T.  
Dist.24.CPC@gmail.com

CORRECTIONS CHAIR – Suzanne W.  
Dist.24.correctionschair@gmail.com

DETOX CHAIR – Ed C.  
Dist.24.detoxchair@gmail.com

GRAPEVINE/LIT. CHAIR – Heidi P.  
Dist.24.literature@gmail.com

NEWSLETTER CHAIR – Lisa J.  
Dist.24.newsletter@gmail.com

PUBLIC INFO CHAIR – Heather R.  
Alt PI CHAIR – Trish G.  
Dist.24.PI@gmail.com

REGISTRAR – Tammy W.  
Dist.24.registrar@gmail.com

SCHEDULE COMMITTEE – Angela  
Dist.24.schedules@gmail.com

TREATMENT CHAIR – Terry R.  
Dist.24.treatmentchair@gmail.com

WEB MASTER – Jeff K.  
Dist.24.webchair@gmail.com

GSIG CHAIR – Barbara S.  
dist.24.gsigzonerep@gmail.com

SKIG – Edisa K.  
Dist.24.snokingintergroup@gmail.com

THIRD LEGACY CHAIR – Annie N.  
Dist.24.3rdlegacy@gmail.com

YOUNG PERSONS CHAIR – Adnan  
Dist.24.ypchair@gmail.com

EVENT COORDINATOR – Debbie W.

ZOOM COORDINATOR – Jeanne N.  
Dist.24.zoomhost@gmail.com  
Alt ZOOM COORDINATOR – Annie B.  
Dist.24.altzoomchair@gmail.com

ZOOM MEETING  
<http://zoom.us/j/807019744?pwd=zkhkVGNtaHkoYWRoYlVwRExkRStLQT09>  
Meeting ID: 807019744  
Password: 441729

Open with the Serenity Prayer:  
Responsibility Declaration:

**I am responsible. When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.**

Reading of short form of Concept 2: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.  
Introduction of position, name of group & announcements; group changes or any problems or solutions with your group that you'd like to share.

Birthdays: for February

Presentation: n/a

Reports:

*Secretary* – Tasha L – \*motion to approve meeting minutes Secretary

*Treasurer* – Tracy W – \*motion to approve Treasurer's report.

*Alt Treasurer* – Jan T --

*Accessibility* – open – \* Quarterly report

*Archives* – Rita N –

*Alt Archives* – Joyce B –

*Corrections* – Suzanna W –

*CPC* – David M –

*Alt CPC* – Rachel T –

*Detox* – Ed C –

*Events coordinator* – Debbie W –

*Gv/Lit* – Heidi P –

*Newsletter* – Lisa J –

*PI* – Heather C –

*Registrar* – Tammy W –

*Alt Registrar* – open --

*Schedules* – Angela J –

*Third legacy* – Annie N --

*Treatment* -- Terry R -- \* Quarterly report

*Web committee* -- Jeff K -- \* Quarterly report

*Young persons* – Adnan – \* Quarterly report

*Zoom Coordinator* – Jeanne --

*Alt Zoom Coordinator* – Annie --

*Sno-King Intergroup* – Edisa K –

*Greater Seattle Zone Rep* – Barbara S –

*Alternate DCM* – Kelly S –

*DCM* – Mike B –

Old Business: New positions, Zoom banquet

New Business: Emails

Next Months reports: Archives, PI/CPC, and Grapevine/Literature

Quarterlies this month: Archives, PI/CPC, Grapevine/Literature

District 24 Business Meeting Agenda  
Feb 03, 2021 at 7:00 PM

GSR school: Feb 21st @ 3:00 – 5:00, Feb 24th @ 6:00 – 8:00, Feb 27th @ 3:00 – 5:00  
DCM University: Feb 7th

New Business...Contact [dcm24@area72aa.org](mailto:dcm24@area72aa.org) if you want to add new agenda items to this list

**Unity Declaration:**

**“This we owe to A.A.’s future:**

**To place our common welfare first:**

**To keep our fellowship united. For on A.A. unity depends our lives, and the lives of those to come.”**

**Please submit all  
reports and/or  
flyers to the  
Newsletter by the  
last Wednesday of  
the month. Thank  
You!**



**District 24 Business Meeting Minutes January 6, 2021**

**Via Zoom**

Meeting brought to order at 7:00 pm by DCM Mike B, with the Serenity Prayer and Responsibility Pledge. Concept 12 was read by David M.

**In Attendance:**

Adnan Young Peoples Chair: Continental Breakfast, Angela J Schedules Chair: A new experience, Angela J GSR: Women on Thursday Step-Study (WOTS), Annie B Third Legacy Chair:, Annie B Archives Chair: Our Primary Purpose North, Barb D GSR: Coffee Cup, Barbara S Greater Seattle Intergroup Rep Chair:, Bob O Visitor: AM AA-Lynnwood, Cindy G Alt GSR: Mountlake Terrace Wednesday, Dan GSR: Lynnwood Open, David M CPC Chair: Our Primary Purpose North, Debbie W Events Coordinator: Tug (The Unity Group), Ed C Detox Chair: St. Jude's, Edisa SnoKing Intergroup Rep Chair:, Emily Alt GSR: Sisters In Recovery Women, Greg GSR: Mountlake Terrace Wednesday, Heidi P Grapevine Literature Chair: Mountlake Terrace Wednesday, Jan T Treasurer, Alt: Our Primary Purpose North, Jeanne N Visitor: Freedom, Jeff K Web Chair: We Are Not Saints, John M GSR Lynnwood Open, Joyce B Archives, Alt: Freedom, Katie C Alt GSR: Women on Thursday Step-Study (WOTS), Kelly S DCM, Alt :Coffee Cup, Lisa Newsletter Chair: Graceland, Mike B DCM: Our Primary Purpose North, Rachel T CPC, Alt: Tug (The Unity Group), Rita N Archives Chair: Coffee Cup, Suzanne W Corrections Chair:, Tammy W Registrar Chair:, Tari B Visitor:, Taunie GSR: Tug (The Unity Group), Tausha L Secretary: Tug (The Unity Group), Tausha L Secretary:, Terry R Treatment Chair: Tug (The Unity Group), Traci W Treasurer Tug (The Unity Group), Trish G Public Information, Alt: Tug (The Unity Group)

Birthdays for January: Dan 7 years, Ed 39 years

Special Presentation: none

**Open Positions:**

The Accessibility chair and Young People rep positions are open for 2021 and need to be filled.

Trish volunteered and qualified herself for Alt PI and was voted in.

Secretary: Tausha L. - Motion was made and seconded to approve the December minutes.

Treasurer: Traci W. – Getting up to speed, stated that the previous Treasurer, Claire sent the January Statement which was included in the newsletter. Had \$205 incoming in December. Small checks went out. You can see the budget for the whole year. Motion to approve the report by Ed, seconded and approved. Will be sending the donations for 2020 to the secretary to be included in the minutes. Total incoming: \$3,764.55, compared to last year: \$5,915.30 which is about 1/3 to 1/2 of what we did last year. Spending was down also. Budgeted last

year: \$6,384 to be spent on committees. We do not have enough coming in to cover the budget expenditures. \$5343 in 2018, \$3430 in 2017, which was a year we opted to donate as there was an overage. Will be doing a zoom meeting for finance committee to discuss further and looks forward to working with Jan as Alt Treasurer, and will provide her with the key to collect checks soon. Ed asked: is it monthly or \$165/year for the zoom accounts. It is \$165 per year. Clarified December two zoom accounts were set up: one for detox and one for district 24. Alt Treasurer Jan T: nothing to add.

#### District Reports/Quarterly Reports:

Archives: Rita N. – need access to Gmail account. Archives proposed budget \$200. Go back to 25 mins for notes. Tari from OSD3 committee, advised to send in photo within the next week, Rita had already sent in the photo. But will try again. Joyce – nothing to add.

CPC: David M: Jan 13<sup>th</sup>, with Rachel T, will be meeting weekly to attend to planning for the year, in keeping with practice from 2020. KIRO radio had two interviews on AA in the times of Zoom, there is an article and link [https://mynorthwest.com/2368472/alcoholics-anonymous-meetings-have-gone-virtual-and-theyll-probably-stay-that-way/?fbclid=IwAR0\\_YBhMEIQpBVAhxq3mXTB61ObrakvmQ8-w1StmKPm2\\_1\\_UQdzgAVOm5jo](https://mynorthwest.com/2368472/alcoholics-anonymous-meetings-have-gone-virtual-and-theyll-probably-stay-that-way/?fbclid=IwAR0_YBhMEIQpBVAhxq3mXTB61ObrakvmQ8-w1StmKPm2_1_UQdzgAVOm5jo)

Distribution of Cards with information on how to get in touch with local AA. And plans to continue to distribute with specialists as it is available. Alt CPC: Rachel T

Accessibility: Open

Corrections: Suzanne: went to the quarterly on Dec 19<sup>th</sup> for Area 72, some are doing zoom panels and discussion of getting technology in jails. Pierce County has not a lot of activity. Monroe sent emails that in person is on hold until Phase 3. Updated contacts at Monroe, with Corrections Bridge in that district. Also connected with Kirkland Corrections Chair. Good fellowship and encouragement. Next quarterly in March.

Detox Coordinator: Ed C. Thanks Terry R for all the help getting up to speed in working through technology issues. Is keeping a roster of the District 24 attendee list, and plans to outreach to welcome. Quarterly is coming up, and is grateful to be of service with Detox. Mike B: Terry R did a great job and knows you will do great as well. Terry R: Ed is doing 6 meetings a week, and welcomes volunteers as well, contact Ed.

Grapevine: Heidi P: were to have quarterly on 12/12, could not get logged on, multiple people and multiple attempts, it did not happen. Did meet with Carol and collected all the items for display at gatherings. Excited to be of service.

Newsletter: Lisa: will be updating names on newsletter and continue to send edits to Lisa. Deadline will be Friday before the District meeting.

Registrar: Tammy W: Things are ok, asking for new GSR's: Emily (she may be an alt)

and Andrea. Andrea filled out the change form on Area 72 and uploaded to the email on the form, will send it to Tammy. Taunie new GSR. Tammy will get Registrar email account from Jamie. Greg new GSR. Tammy will take phone calls and work out registration of new GSRs for now. Tammy said that Adnan is new GSR, absent. Clarified: Alts do not get the packet, but can get their packet from the outgoing GSR.

Schedules: Angela had to leave, but David M mentioned the cards, Angela will have more cards.

Third Legacy: Annie: nothing to report.

Web – Jeff K: nothing to report. Suzanne needs gmail, but will contact Judy for password and contact Jeff if needed.

Treatment: Terry R.: nothing to report. All shut down in person, and Bridging the Gap forms have not been picked up since march. Working out process to get Bridging the Gap going via email. Then, will be working on zoom for treatment centers.

Young Peoples: Adnan: arrived after report

Sno-King Rep: Edisa: there was a meeting in December, 3<sup>rd</sup> weds every month. No in person location, still selling books. Focus of meeting was to do elections, variety of new volunteer positions. Still a few volunteer positions available. Terry: secretary and alt chair, and Annie is the new Chair.

PI: Heather: not present. Alt PI Trish: nothing to add.

GSIG Rep: Barbara: meetings are 3<sup>rd</sup> Tuesday every month and will attend and report in February.

Event Coordinator: Debbie: is planning banquet on Zoom event. Working with Terry to solidify volunteers. Tammy is Alt Events and also Rita N for help. Seeking zoom information to run that zoom committee meeting. Wont' be paying for food or flyers or the church, it should be a money saving event. Wooden nickels would be an expense, to hand out before the event, during the day of in a parking lot. Seeking speakers: Al Anon and AA and/or YP speaker also, working out those details. Maybe a talent show and raffle (on Venmo), welcomes volunteers. Contact Debbie. Would have been March 14<sup>th</sup> but that would be preconference. Dates to be discussed in Old Business. Mike will fact find during the Quarterly this month. Jan: did a picnic for D24 with Guy and will provide the binder to Debbie. Mike: we need to reserve that spot on 2/1. Tari: The park system is not accepting reservations. Debbie will investigate as to when they are open for reserving for the picnic. Terry: estimates on attendees, there is 100 person limit. Terry will find out if a one – time account for 500 to allow for higher attendance. Rachel: suggested to open pre-registration. Email: debrow2@yahoo.com

Alt DCM: Kelly: DCM Universities, open to all, and see the GSR schools 3 times coming up. Let Kelly and Mike know if you can't attend your quarterly and they will report. GSR packets: please send info to Tammy for your packet. The Area Change form only lets GSO know who is doing what.

DCM: Mike B: Grateful to be of service.

Special Reports/Old business:

Accessibility has a quarterly, asked for nominations or volunteers. Bob O: there was a Remote Accessibility meeting on 12/12 quarterly in December, which covered more outreach has happened due to zoom. Encouragement as sponsors to pass it on with sponsees. And is available to help the next Chair. Ed has a suggestion.

Zoom Position and Alt is open, asked for nominations or volunteers. Jeanne N volunteered for the position. Qualified with previous experience in helping people with technology, Ed C nominated and was seconded, voted in Jeanne N as new Zoom Coordinator. Annie B is interested in being the Alt, qualified with previous experience, and could be helpful as she is experienced in helping with technology. Jan T nominated, and was seconded, voted in Annie B as new Alt Zoom Coordinator.

Alt Registrar position, asked for nominations or volunteers.

Next Month, Reports from Chairs with Quarterlies will be heard from:

- Accessibility
- Treatment
- Web

New business: none

Upcoming Events:

January 8-9, 2021 – Area 72 Business Quarterly (on Zoom)

January 17, 2021 – GSR University Course 101

January 20, 2021 – GSR University Course 101

Closed with the Unity Declaration

Meeting adjourned at 8:25 pm

Minutes respectfully submitted by Tausha L

[illegible]



## Service Manual Concept Article Series, Concept per Month

Concept II: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and effective conscience of our whole society in its world affairs.

After the death of Dr. Bob, on November 16<sup>th</sup>, 1950, Bill followed through with the actions that the two of them put together as a plan of action for their demise. Doctor Bob was dying of cancer and they knew that eventually they would not be around to answer the questions that flooded the office on a daily basis. So, in that light they started laying out a plan for Alcoholics Anonymous to be structured enough to make their own decisions.

This structure was set up so that we would have representatives speak for us, i.e. General Service Representatives, District Committee Members and Delegates. We as home groups were to select the person that we thought would best carry out the delineation of pertinent matters on how best to carry the message to the still suffering alcoholic. We sometimes rush at making these choices and then scratch our heads and wonder if we picked the right person. Sometimes we just want to get the business over with and go home. This is not always the best way to do A.A. business.

Our General Service Representative, as well as the District Committee Member and Delegate get the opportunity to gather lots of information and try to disseminate to us the most proficient way they can. That is a lot of responsibility and not every individual is ready to take on that task. Try to take the time to choose correctly.

At home sometimes we cannot always be at an important meeting with bankers, brokers, doctors and our decisions and thoughts have to be carried out, that is when we decide who is the most available for the timing and situation. Working these principles in our family makes a lot of sense. Trying to actually do this is not always the easiest thing to do. When I worked the steps and came to Step Twelve and it said "Practice these Principles in all of my affairs." It did not mean just the steps; it also meant the Twelve Traditions and the Twelve Concepts for World Service.

Over the years I have heard that the Twelve Concepts for World Service don't have anything to do with us they are just for the Conference. That statement is a pet peeve of mine. We, each member of Alcoholics Anonymous, are members of the World Service. Without us selecting delegates, through the process that has been laid out for us, all decisions would be made by the Trustees and Directors. We would not have anything to do with the future of A.A.

Wouldn't it be sad to wake up tomorrow and find out that there was no more A.A.? What would we do? Some of us might try to recreate what we have now. But, could we or would our ego's get in the way, or would we wait for someone else to take action because we are too busy. And, we do not want anything to do with those politics. "The drunk stumbling around in the dark just a block from here and the child being born today destined for our program," has no place to go for help. What then?

Andy A.

Anacortes, WA

## Informational Flyers - Upcoming Events

### Archives Quarterly – February 2021

February 6 @ 9:00 am - 3:00 pm

« Western Washington Area 72 Trusted Servants  
Google Workshop »

DCM University: Course 201 – Beyond Area &  
General Service Conference »

Area 72 Archives Quarterly

FEBRUARY 6, 2021

9:00 AM FELLOWSHIP

MEETING STARTS AT 10 AM TO 3:00 PM

Join Zoom Meeting

<https://us02web.zoom.us/j/86048004258?pwd=eGJ2V3E5QldQZHTG5GWGtWVlyZz09>

Zoom Meeting ID: 860 4800 4258

Pass Code: 576276

### PI/CPC Quarterly – February 2021

February 13 @ 9:30 am - 3:30 pm

« DCM University: Course 201 – Beyond Area &  
General Service Conference »

GSR University: GSR Course 201 – Beyond Area  
& General Service Conference »

Topic: PI/CPC Quarterly – Feb 2021

Time: Feb 13, 2021 09:30 AM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/88141930764?pwd=b0FLbGszams4SW5kbExMRURoSFITUT09>

Meeting ID: 881 4193 0764

Passcode: 403612

Dial by your location

+1 253 215 8782 US (Tacoma)

Meeting ID: 881 4193 0764

If you cannot attend your  
Quarterly, please let our  
DCM's know so they can  
attend for you. Thank you!

### DCM University: Course 201 – Beyond Area & General Service Conference

February 7 @ 10:00 am - 12:00 pm

« Archives Quarterly – February 2021 »

PI/CPC Quarterly – February 2021 »

#### DCM University

- All "courses" will be virtual via zoom. In May/June we can reevaluate where we are at and if in-person, district hosted GSR/DCM are an option.
- The materials will be broken up into smaller sessions – 1.5-2 hours each.
- Each GSR "course" is available three times during the month. GSRs – pick the date/time that works best for their schedule.
- Each DCM "course" will be available once a month. DCM's please mark your calendars so you can attend each session.
- ALL are welcome to attend – just pick the one(s) that work best for your schedule.
- This way ALL will get the same education early in the rotation.
- Those GSRs/DCMs who attend all 4 courses will GRADUATE and receive a surprise of some kind at the end.

Join Zoom Meeting

<https://us02web.zoom.us/j/85369539270?pwd=ZnFbmwZDdCYTZ2Z20yU3Q2L3lMd09>

Meeting ID: 853 6953 9270

Passcode: 773541

One tap mobile: +12532158782,85369539270#,,,,,0#,,773541# US (Tacoma)

### GSR University: GSR Course 201 – Beyond Area & General Service Conference

February 21 @ 3:00 pm - 5:00 pm

« PI/CPC Quarterly – February 2021 »

GSR University: GSR Course 201 – Beyond Area  
& General Service Conference »

#### GSR University

- All "courses" will be virtual via zoom. In May/June we can reevaluate where we are at and if in-person, district hosted GSR/DCM are an option.
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- Each GSR "course" is available three times during the month. GSRs – pick the date/time that works best for their schedule.
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Join Zoom Meeting

<https://us02web.zoom.us/j/84412600191?pwd=aTZpQXBBL1Q0ZGQ2aEhKZ2tubDFzdz09>

Meeting ID: 844 1260 0191

Passcode: 372763

One tap mobile: +12532158782,84412600191#,,,,,0#,,372763# US (Tacoma)

## Informational Flyers - Upcoming Events

### GSR University: GSR Course 201 – Beyond Area & General Service Conference

February 24 @ 6:00 pm - 8:00 pm

« GSR University: GSR Course 201 – Beyond Area & General Service Conference »

GSR University: GSR Course 201 – Beyond Area & General Service Conference »

#### GSR University

- All "courses" will be virtual via zoom. In May/June we can reevaluate where we are at and if in-person, district hosted GSR/DCM are an option.
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- Each GSR "course" is available three times during the month. GSRs – pick the date/time that works best for their schedule.
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Join Zoom Meeting

<https://us02web.zoom.us/j/84412600191?pwd=aTZpQXBBL1Q0ZGQ2aEhKZ2tubDFzdz09>

Meeting ID: 844 1260 0191

Passcode: 372763

One tap mobile: +12532158782,84412600191#,,,,,0#,,372763# US (Tacoma)

### GSR University: GSR Course 201 – Beyond Area & General Service Conference

February 27 @ 9:00 am - 11:00 am

« GSR University: GSR Course 201 – Beyond Area & General Service Conference »

DCM University: Course 301 – Area Quarterlies, Assemblies, Committees, Elections »

#### GSR University

- All "courses" will be virtual via zoom. In May/June we can reevaluate where we are at and if in-person, district hosted GSR/DCM are an option.
- The materials will be broken up into smaller sessions – 1.5-2 hours each.
- Each GSR "course" is available three times during the month. GSRs – pick the date/time that works best for their schedule.
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<https://us02web.zoom.us/j/84412600191?pwd=aTZpQXBBL1Q0ZGQ2aEhKZ2tubDFzdz09>

Meeting ID: 844 1260 0191

Passcode: 372763

One tap mobile: +12532158782,84412600191#,,,,,0#,,372763# US (Tacoma)

### Pandemic 2020: Challenge and Response – An Archives Project

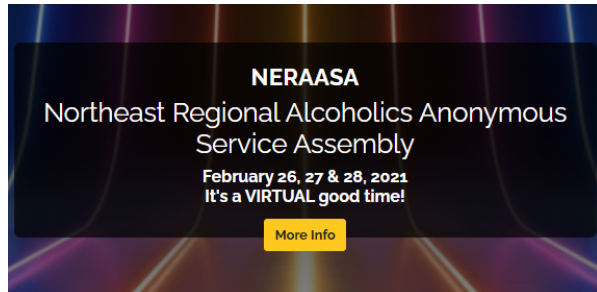
#### Western Washington Area 72 Pandemic 2020: Challenge and Response An Archives Project

We are living in a time when fundamental changes have occurred within and outside of Area 72. Rather than wait 10 or 20 years to ask the question, "How has the pandemic changed our Area?"; it might be valuable to gather some of that history now, as it unfolds. A summary of the research could make one or more very informative articles for our newsletter (or not). The body of this work will be valuable to future researchers.

One way to approach this question might be to survey members of the Area. There should be questions seeking quantifiable information, like the number of home groups before the pandemic and the number of zoom meetings now. Other lines of inquiry might reveal the heart of AA: how have we helped each other cope with this?

Below is a survey for members of the Area. We already know that shutdown responses may not have been optimal by everyone all the time. We are members from all walks of life dealing with an unfolding crisis. It must be stated up front that this survey is not going to be used to blame or shame anyone or raise them to hero status either. We just want to gather facts and catch the "spirit of the moment" be it full of fear, or hell-bent to save the world, or more likely a trudge down the middle of the road more-or-less together.

[Pandemic 2020: Challenge and Response – An Archives Project – Western Washington Area 72 \(area72aa.org\)](#)



#### Welcome to NERAASA!

##### What is the purpose of NERAASA?

The purpose of NERAASA is for General Service Representatives (GSR's), District Committee Members (DCM's), Area Officers, Area Committee Members, District Committee Members, and Intergroup/Central Office Representatives of the Northeast Region to discuss General Service Conference related issues and concerns affecting A.A. as a whole, as well as pertinent aspects of recovery, unity and service common to the areas of the Northeast Region.

##### What happens at NERAASA?

NERAASA is a weekend of Panel Presentations and Floor Discussions on Issues Affecting A.A. Today; the Northeast Regional Trustee's Report; Saturday Dinner followed by an A.A. Speaker Meeting. In addition, there are several Round Table Sharing Sessions throughout the weekend. They include (but are not limited to): General Service Representatives (GSR's), District Committee Members (DCM's), Archives, Cooperation With The Professional Community (CPC), Public Information (PI), Correctional & Treatment Facilities (CTF), Grapevine, Area/Panel Officers, Central Office/Intergroups, Website, Alternate & Area Delegates.

##### When and where is NERAASA held?

NERAASA is scheduled for the last full weekend of February each year, rotating throughout the different Delegate Area's of the Northeast Region.

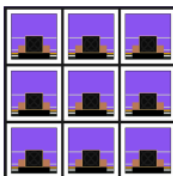
##### Who should attend NERAASA?

ALL A.A. MEMBERS ARE WELCOME AND ENCOURAGED TO ATTEND!

[2021 NERAASA - Northeast Regional A.A. Service Assembly](#)

## Informational Flyers - Upcoming Events

### District 24 Annual Gratitude Celebration!



Zoom Meeting ID: 834 6239 7858

Password: Gratitude

<https://us02web.zoom.us/j/83462397858?pwd=QjdUOW1yRiESTFFCaFIdF8mQWxPZz09>

**Saturday, March 13, 2021**

5:30pm – Room opens (Pacific time)

6:00-6:30 - **Jeopardy** game

6:45-7:15- **Al-Anon** speaker- **TBA**

7:15-7:45- **AA** Speaker-**Jim P. 38 years**

7:45-8:00- **Birthday** 🎂 countdown

Come join us!



Western Washington, United States

Area 72, [www.district24.org](http://www.district24.org)

"TAKE THE STEPS...TRANSFORM YOUR LIFE!"

**A STEP TAKING GROUP!**

## DESIGN FOR LIVING

A 14 Week Online Step Taking Group

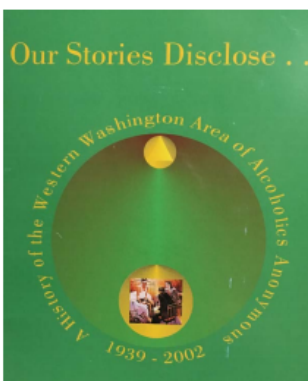
February 23, 2021 - May 25, 2021

14 TUESDAYS from 6:30pm - 8:00pm EST on ZOOM  
REGISTRATION is open JANUARY 4 - FEBRUARY 4, 2021

Registration is mandatory online by February 4 to participate in this Design for Living course

[JOIN THE MAILING LIST FOR UPDATES AND NOTIFICATIONS](#)

[www.designforlivingroyaloak.webnode.com](http://www.designforlivingroyaloak.webnode.com)



### OUR STORIES DISCLOSE... BOOK SALE

#### WWA 72 History Book Sale

Here is your opportunity to purchase the third book published covering the history of AA in Western Washington, 1939-2002. We encourage members and homegroups to each have a copy. It's your chance to better understand our rich AA meeting history.



**Purchase Your Book NOW!**

**Get One Before They are Gone!**

**Learn the History of the Meetings You Attend**

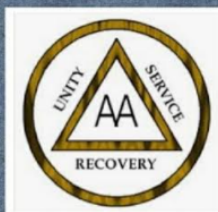
**\$7.50  
each/\$90 per  
Box (12)**

To Purchase a book Contact:

[archivist@area72aa.org](mailto:archivist@area72aa.org)

OR

[archiveschair@area72aa.org](mailto:archiveschair@area72aa.org)

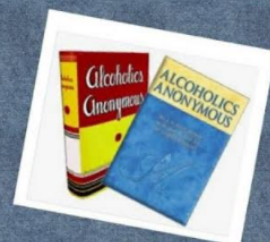


**OPPN AA Meeting  
Thursdays  
7:05 - 8:00pm**

**ID# 853 7919 3309**

**PW# 934038**

**Zoom**





## Informational Flyers - Upcoming Events

**12 STEP ZOOM CONFERENCE**  
Fri. February 12 & Sat. February 13 of 2021

**FELLOWSHIP OF THE SPIRIT Toronto**

ALCOHOLICS ANONYMOUS

Self-examination, Prayer and Meditation: an Unshakable Foundation

**Speakers:**

- Butch M. Opening Talk (Fri. 7-15 pm)
- Chris R. & Myers R. Steps 1 & 2 (Fri. 8:15-9:45)
- Katie P. Step 3 (Sat. 9-10 am)
- Theresa F. Steps 4 & 5 (10:15-11:15)
- Steve L. Steps 6 & 7 (11:30-12:30 pm)
- Larry T. Steps 8 & 9 (12:45-1:45)
- Ralph W. Step 10 (1:45-2:45 pm)
- Plus Q & A Panel (2-3 pm)
- Mickey M. Opening Remarks (10:45-11:15)
- Ronald W. Step 12 (4:30-5:30)
- Peter M. Step 11 (4:15-4:45)

**Zoom I.D: 847 2137 5543 Password: 2021**

[www.fots.to](http://www.fots.to)  
Eastern Time Zone

## ZOOM BLUEPRINT FOR RECOVERY

**SPECIAL FRIDAY NIGHT SPEAKER MEETING**



**Feb 19th, 2021**

**Bob B. - Minnesota**

**"53 Years"**

**Zoom ID #**

**668 764 551**

**Begins 7 pm Pacific Time**



**Now Meets FOUR Days a Week: Mon, Wed, Fri, Saturday!**

# Confused About Sobriety?

**NEWCOMERS**  
**Keep It Simple**

**Join Us!**

**MON WED FRI SAT**  
**9pm GMT 4pm EST 1pm PST**  
**TU TH SA SU 8am AEDT**

*A meeting for people in their first 90 days*

**ID 365 151 3651 PW 365**



## SPEAKER BREAKFAST CLUB

*"The Message will be heard here"*

**Sunday Mornings @ 9am EST**

**Meeting ID: 8209-451-1601**

**Password: 164**

## Informational Flyers - Upcoming Events

**- SATURDAYS -**  
6pm Eastern-5pm Central-4pm Mountain-3pm Pacific  
**April 3rd - through - June 26th**

**"CREATE THE FELLOWSHIP YOU CRAVE"**

Take A Tour Through  
"The Twelve Points To Assure Our Future"  
In This 13 Week Workshop With Handouts

From the Primary Purpose Group

DEBBIE D. of Concord, CA

&  
CLAIRE H. of Dublin, CA

MEETING ID:  
452-100-1634



PASSWORD:  
31236



**57<sup>TH</sup> INTERNATIONAL WOMEN'S CONFERENCE**  
FIRST VIRTUAL CONFERENCE  
HOSTED BY CHARLOTTE NC, FEBRUARY 18<sup>TH</sup> - 21<sup>ST</sup>, 2021  
REGISTRATION IS FREE BUT REQUIRED. CONTRIBUTIONS ARE WELCOME

[REGISTER NOW](#)

[International Women's Conference | 57th IWC 2021 Hosted by Charlotte](#)

SEE TO IT THAT YOUR RELATIONSHIP WITH HIM IS RIGHT, AND GREAT EVENTS WILL COME TO PASS FOR YOU AND COUNTLESS OTHERS. THIS IS THE GREAT FACT FOR US.

### GREAT FACTS SPEAKER MEETING

ZOOM ID: 635 148 435

PASSWORD: 232167

WEEKLY LINE-UP

FEBRUARY 1 - FEBRUARY 7

7PM EST / 6PM CST / 4PM PDT

2/1 IAN G- IKLEY, WEST YORKSHIRE UK 12/06/02

2/2 JANET F - COLUMBUS, OH 4/16/80

2/3 KURT Z - REDONDO BEACH, CA 10/06/10

2/4 RUFUS B - INDIANAPOLIS, IN 3/16/18

2/5 DAN S - PITTSBURGH, PA 8/14/84

2/6 ALI B - BOCA RATON, FL 10/20/09

2/7 DAVID B - CINCINNATI, OH 12/17/86

[GREATFACTSMEETING@GMAIL.COM](mailto:GREATFACTSMEETING@GMAIL.COM)

7TH TRADITION CONTRIBUTIONS CAN BE MADE USING VENMO TO [GREATFACTSMEETING@GMAIL.COM](mailto:GREATFACTSMEETING@GMAIL.COM) OR [WWW.PAYPAL.ME/GREATFACTS](http://WWW.PAYPAL.ME/GREATFACTS)

## Future Events

### PRAASA 2021 (Pacific Region Alcoholics Anonymous Service Assembly) *March 5-7<sup>th</sup>, 2021*

This year's Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) will be held March 5<sup>th</sup> – March 7<sup>th</sup> and hosted by Area 93 Central California. • PRAASA will be held on Zoom this year.

The purpose of PRAASA is to develop greater unity among the members, Groups and Areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of AA. Online registration, please visit [www.praasa.org](http://www.praasa.org).

#### VOLUNTEERS:

The PRAASA hosts are looking for a few good volunteers for 1) presenter 2) moderator 3) timer and 4) zoom host/tech support (Tech savvy folks). o I am requesting anyone interested in volunteering to provide me your name, email address, phone, service position, have you volunteered for PRAASA before and which volunteer position you would be interested in doing by January 20, 2021.

Email me: [delegate@area72aa.org](mailto:delegate@area72aa.org)

- PRAASA Registration: \$15

<https://www.praasa.org/home>

### PACIFIC NORTHWEST CONFERENCE (PNC)

***PNC 2021 – Friday June 25<sup>th</sup> – June 27<sup>th</sup> 2021***

The 2021 Pacific Northwest Conference (PNC) will take place from Friday, June 25<sup>th</sup> through June 27<sup>th</sup>, 2021.

Initially, it was scheduled to meet in Wenatchee, WA but at this time it has been shifted to a virtual platform.

PNC includes the following areas: Oregon Area #58, Washington State East Area #92, Western Washington Area #72 and other Areas adjoining the Pacific Northwest that wish to participate. It is the oldest continuing conference in AA still provides an opportunity for AA's from all over the Pacific Northwest to gather together and share, learn, reach out and have fun. The conference typically includes speakers, panels, and workshops.

<http://www.pnc1948.org/>

Here is an upcoming main event for GSRs, please attend, meet with homegroups and report to the Delegate at the email below:

#### PRE-CONFERENCE -

March 13th 9a-2p

North Districts (2, 3, 4, 11, 12, 19, 24, 36, 39, 46)

ID 818 6528 3054

PW 058708

March 14th 2p-7p

Central Districts (1, 14, 15, 16, 17, 18, 31, 34, 35, 40, 41, 42, 57)

ID 856 9223 6777

PW 617033

March 20th 12p-5p

Peninsula Districts (10, 22, 43, 44, 55, 56)

ID 829 9230 7276

PW 617033

March 21st 3p-8p

Southern Districts (7, 8, 9, 21, 27, 28, 29, 32, 33, 37, 44, 45, 54)

ID 821 1374 7495

PW 987327

**After meeting with your homegroups, please email your group conscience to [Delegate@area72aa.org](mailto:Delegate@area72aa.org)**

## Find a Meeting Website List

Due to increased concern and confirmed local cases of COVID-19 and congregation closures, we are learning that some AA meetings are no longer able to occur in person. If you know of a location that has been closed due to COVID-19, please let your local intergroup or service office know. If you are not serviced by an intergroup or service office, please email [webmaster@area72aa.org](mailto:webmaster@area72aa.org).

Please see <https://area72aa.org/online-virtual-meetings/> For more information

<i>Find online meeting guide</i>	<a href="https://area72aa.org/meetings/?tsml-day=any&amp;tsml-type=ONL">https://area72aa.org/meetings/?tsml-day=any&amp;tsml-type=ONL</a>
Online Intergroup	<a href="https://aa-intergroup.org/">https://aa-intergroup.org/</a>
Seattle Area Online/Virtual Meetings	<a href="https://www.seattleaa.org/online-meetings/">https://www.seattleaa.org/online-meetings/</a>
Puget Sound AA Meetings Online	<a href="https://apps.pugetsoundaa.org/meetinglist/?online=1">https://apps.pugetsoundaa.org/meetinglist/?online=1</a>
Eastside Intergroup Online/Virtual Meetings	<a href="https://eastsideaa.org/">https://eastsideaa.org/</a>
Online Meetings Around the Country and Around the World	<a href="https://area72aa.org/online-meetings-around-the-country-and-world/">https://area72aa.org/online-meetings-around-the-country-and-world/</a>



Recurring Events, see websites for Zoom Information	
First Wednesday of every month, 7:00pm	<b>District 24 Business Meeting</b> Mountlake Terrace Community Senior Center 23000 Lakeview Dr, Mountlake Terrace, WA 98043, United States
First Wednesday of every month, 6:00pm - 7:00pm	<b>District 24 Third Legacy Presentation</b> Mountlake Terrace Community Senior Center 23000 Lakeview Dr, Mountlake Terrace, WA 98043, United States
Third Wednesday of every month 7:00pm - 8:30pm	<b>Sno-King Intergroup Business Meeting</b> Mountlake Terrace Community Senior Center 23000 Lakeview Dr, Mountlake Terrace, WA 98043, United States
First Tuesday Every Month 7:00 pm	<b>Central Office serving Alcoholics Anonymous of Snohomish County</b> Business Meeting The Districts involved in the Central Offices are Districts 2, 3, 12, 19, 24, 39 and 57. 1625 East Marine View Dr. Everett WA 98201
First Saturday every month	<b>No Reservations Speaker Meeting</b> 17311 Reservation Road La Conner, WA <a href="http://www.noreservationsSpeakerMeeting.com">www.noreservationsSpeakerMeeting.com</a>
Second Saturday every month 7:00 pm	<b>Live at Pine Lake Speaker Meeting</b> Pine Lake Covenant Church 1715 228th Avenue S.E., Sammamish WA
First Sunday every month 11:00 am to 1:00 pm	<b>A.A. Service Manual and Concepts Study with Past Delegate</b> Greater Seattle Intergroup 5507 6th Ave S (6th & Lucile) Seattle, WA 98108
Lynnwood Alano Club Meetings Occurring Daily	<b>Lynnwood Alano Club</b> 4001 198 <sup>th</sup> Street SW Lynnwood, WA 98036
Ed-Lynn Fellowship Hall Meetings Occurring Daily	<b>Ed-Lynn Fellowship Hall</b> 19820 40 <sup>th</sup> Avenue West Lynnwood, WA 98036
AREA Service Opportunity: Archives Work Party Third Sundays 11:30am	<b>Archives location</b> 3905 Steilacoom Blvd SW Lakewood, WA 98499 Contact <a href="mailto:archivist@area72aa.org">archivist@area72aa.org</a> or <a href="mailto:archiveschair@area72aa.org">archiveschair@area72aa.org</a>

## AA in Your Area

District 24

[www.district24.org](http://www.district24.org)

Area 72

[www.area72aa.org](http://www.area72aa.org)

District 39

[www.district39aa.org](http://www.district39aa.org)

District 42

[www.seattleaa.org](http://www.seattleaa.org)

District 19

[www.dist19aa.org](http://www.dist19aa.org)

District 12

[www.snocoaa.org](http://www.snocoaa.org)

District 2

[www.district2aa.org](http://www.district2aa.org)

District 3

[www.skyvalleydistrict3aa.org](http://www.skyvalleydistrict3aa.org)

District 4

[www.skagitaa.org](http://www.skagitaa.org)

District 17

[www.seattleaa.org](http://www.seattleaa.org)

District 16

[www.seattleaa.org](http://www.seattleaa.org)

District34

[www.eastsideintergroup.org](http://www.eastsideintergroup.org)

District 40

[www.district40.org](http://www.district40.org)

## TREASURY INFORMATION

General Service Office

PO Box 459

Grand Central Station, NY 10163