

# DISTRICT 24 NEWSLETTER

January 2017



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### Contribution Addresses

District 24  
PO BOX 439  
Lynnwood, WA 98046

Sno-King Intergroup  
PO Box 30  
Mountlake Terrace, WA 98043

Western WA Area 72 Treasurer  
702 Kentucky St., #535  
Bellingham, WA 98225

General Service Office  
PO Box 459 Grand Central Station  
New York, NY 10163-0459

## District Committees, Chairs and Contacts

DMC: Tari B.  
[dcm24@area72aa.org](mailto:dcm24@area72aa.org)

Treasurer: Virgil O.  
[dist.24.treasurer@gmail.com](mailto:dist.24.treasurer@gmail.com)

Recording Secretary: Chrissy A.  
[dist.24.secretary@gmail.com](mailto:dist.24.secretary@gmail.com)

Archives Comm. Chair: Annie N.  
[dist.24.archives@gmail.com](mailto:dist.24.archives@gmail.com)

Corrections Chair: Lachlan L.  
[dist.24.correctionschair@gmail.com](mailto:dist.24.correctionschair@gmail.com)

Newsletter Chair: Robert R.  
[dist.24.newsletter@gmail.com](mailto:dist.24.newsletter@gmail.com)

Registrar Chair: Susan C.  
[dist.24.registrar.com](mailto:dist.24.registrar.com)

Treatment / BTG Ch: Rob G.  
[dist.24.treatmentchair@gmail.com](mailto:dist.24.treatmentchair@gmail.com)

GSIG Zone Rep:  
Kelly M.

Sno-King Intergroup: Doug V.  
[dist.24.snokingintergroup@gmail.com](mailto:dist.24.snokingintergroup@gmail.com)

Alt. DCM: Jerry F.  
[altdcm24@area72aa.org](mailto:altdcm24@area72aa.org)

Alt. Treasurer: Claire W.  
[dist.24.treasurer@gmail.com](mailto:dist.24.treasurer@gmail.com)

Accessibility Comm. Ch: Jacob  
[dist.24.accessibilitychair@gmail.com](mailto:dist.24.accessibilitychair@gmail.com)

Alt. Archives: Rita N.  
[altarchives@gmail.com](mailto:altarchives@gmail.com)

CPC Chair: Andrew R.  
[dist.24.CPC@gmail.com](mailto:dist.24.CPC@gmail.com)

Grapevine/Lit. Chair: open  
[dist.24.literature@gmail.com](mailto:dist.24.literature@gmail.com)

Public Info. Chair: John K.  
[dist.24.PI@gmail.com](mailto:dist.24.PI@gmail.com)

Schedule Comm. Ch.: Mike B.  
[dist.24.schedules@gmail.com](mailto:dist.24.schedules@gmail.com)

Web Chair: Ron A.  
[dist.24.webchair@gmail.com](mailto:dist.24.webchair@gmail.com)

3rd Legacy Chair:  
open

## DECLARATION of UNITY

This we owe to A. A.'s future;  
to place our common welfare first;  
to keep our Fellowship united.  
For on A.A. unity depends our lives,  
and the lives of those to come.

## RESPONSIBILITY PLEDGE

I Am Responsible. When Anyone,  
Anywhere Reaches Out for Help,  
I Want The Hand Of A. A.  
Always To be There.  
And For That  
I am Responsible.

CHECK OUT DISTRICT 24 ON THE WEB AT: [www.district24.org](http://www.district24.org)

SERVING LYNNWOOD, EDMONDS and MOUNTLAKE TERRACE.

District 24 Business Meeting Agenda January 4, 2017 at 7:00 PM

Mountlake Terrace Senior Center 23000 Lakeview Drive, Mountlake Terrace, WA 98043

Next Meeting: February 1, 2017 Same Location, Same Time

1. Open with the Serenity Prayer:
  2. Responsibility Declaration:
  3. Reading of short form of Concept 1:
  4. Introduction of position, name of group & announcements; group changes or any problems or solutions with your group that you'd like to share.
  5. Birthdays:
  6. Reports: (Each District officer, please bring 40 paper copies of your report and any fliers, etc., to each district meeting- or submit to newsletter)
- Secretary – Chrissy A.– \*Need motion to approve meeting minutes.
  - Registrar – Peg S. –
  - Treasurer – Virgil O. – \*Need motion to approve Treasurer's report.
  - Alt. Treasurer – Claire W. –
  - Public Information – John K. –
  - CPC – Andrew R. –
  - Treatment and Bridging the Gap – Rob G. –
  - Newsletter – Robert R.–
  - Web – Ron A.–
  - Archives – Annie N.–
  - Alt. Archives – Rita N. –
  - Grapevine/Literature –Open–
  - Schedules – Mike B.–
  - Sno-King Intergroup – Doug V. –
  - GSIG Zone Reps – Kelly M.–
  - Corrections – Lachlan L. –
  - Accessibility – Jacob –
  - 3rd Legacy chair– Open –
  - Alternate DCM – Jerry F. –
  - DCM – Tari B. –

**Old Business:** (1) District 24 Budget: GSR's report group feedback and vote on proposed Budget.

(2) District 24 handbook committee: GSR's report group feedback and vote on proposed amendments to handbook.

**New Business:** If you want items placed on the agenda contact [dist.24.secretary@gmail.com](mailto:dist.24.secretary@gmail.com) (1) Elections for the following (1) Grapevine, and (2) 3rd Legacy for the next two (2) year term. (2) Volunteer to reserve picnic space. (3) Return District 24 Survey. Copy attached.

## **District 24 Business Meeting Minutes**

12/07/2016

Meeting brought to order at 7:00 p.m. by DCM, Tom L., with the Serenity Prayer and the Responsibility Declaration.

In attendance: **Kelly M.** GSR Coffee Cup, District 24 GSIG rep.; **Jim M.** GSR DAMM, District 24 Public Information Chair; **Ron A.** homegroup TUG, District 24 Archives Chair, Interim Web Chair; **Finn S.** GSR On Awakening, 4th Step Writers Group; **Paco M.** Secretary Mialgro del Sigloxx; **Phil K.** Wake Up Group, Area 72 Outgoing Chair, Foro Local Committee; **Traci** GSR Sunday Morning Breakfast Group; **John H.** Alt. GSR Lynnwood Open; **Mark S.** GSR Wednesday Night Mountlake Terrace; **John M.** GSR Lynnwood Study Group, SKIG literature; **Steve S.** GSR Lynnwood Open; **Pam O.** GSR Celebrate Life; **Ed C.** GSR St. Jude's; **Debby** Alt. GSR Alderwood Group; **Nora** GSR Alderwood Group; **Terry O.** GSR We are not Saints; **Douglas V.** home group TUG, Literature rep. TUG, SKIG volunteer; **Claire W.** WOTS, District 24 Alt. Treas.; **Robert G.** GSR Ed-Lynn Fellowship; **Rita N.** home group coffee cup, District 24 Grapevine/Literature Chair; **Pete** Alt. GSR TUG; **John K.** homegroup We Are Not Saints, District 24 interim CPC chair, interim Web Alt. Chair; **Michael P.** GSR, The Only Requirement; **Chrissy A.** GSR One Day at a Time, District 24 Sno-King Intergroup Rep; **Robert R.** GSR Graceland, District 24 newsletter; **Annie N.** GSR Patience, District 24 Alternate Archives Chair; **Barbara S.** GSR TLC; **Peg S.** home group Tug, district 24 third legacy; **Mike B.** GSR Our Primary Purpose North, District 24 Schedules; **Traci,** GSR Sunday Morning Breakfast Group; **Tami** GSR Freedom Group; **Jules B.,** GSR The Great Fact Group; **Dara W.** Alt. GSR, Edmonds Group; **Patty V.** Alt. GSR, Coffee Cup; **Lynn C.** GSR Edmonds Group; **Jacob,** Alt. GSR We are not Saints; **Virgil O.** GSR veterans stepping into the light, District 24 Treasurer; **Jerry F.** Tug GSR, District 24 secretary; **Tom L.** home group Edmonds, District 24 DCM; **Tari B.** home group Sisters In Recovery, District 24 Alternate DCM.

**Concept 12:** read by Mike B.

**Birthdays:** Debby 7 years, Tom L. 27 years.

Special Presentation: Paco M. and Phil K. gave a special presentation about Foro Local which is a regional forum for our Spanish speaking members from Washington, Oregon and Idaho. The event will be held at St. Pius X in Mountlake Terrace on July 21, 22 and 23, 2017. Phil is helping with hospitality committee. They need volunteers to make this event a success. Greeters, Set-up, Kitchen help, shopping,. Flyer attached.

### **District Reports:**

Secretary: Jerry F. November Minutes were distributed by email prior to the meeting. Reading of minutes waived. Minutes approved.

**Listing Chair:** Susan C. Absent.

**Treasurer:** Virgil O. The December 2016 newsletter included the treasurer's report from Oct. 20, 2016 to Nov. 17, 2016. Treasurer's report approved. The surplus funds will be disbursed.

**Alternate Treasurer:** Claire W., The Treasurer and Alternate Treasurer have divided up the work. If you have checks for the District, please provide those checks to Claire. She will be in charge of collecting checks and making deposits. Virgil will be in charge of writing checks.

**Public Information:** Jim M. Jim had a report in the December newsletter. District 24 will be hosting the first PI/CPC workshop of the new term in February of 2017. Thank you Jim, John K. and Andrew. Jim believes that the hospital 12th step calls pioneered at Virginia Mason will soon be at a hospital near you. Volunteers will be needed from Seattle to Everett.

**CPC:** John K. John is acting as interim Chair. Andrew R. is acting as interim Alternate Chair. John K. reported that he and Andrew mailed 100 envelopes to Churches, Counselors, Attorneys, Doctors and Schools. The envelopes contained information about AA including a pamphlet and contact information. Great job gentlemen! John shared a picture of Andrew with his arms full of envelopes literally carrying the message. The D-24 PI/CPC quarterly is at St. Patrick/St. Hilda's in February. Volunteers needed.

**Treatment/BTG:** Kathryn D. Absent. This position was declared vacant and open to new volunteers. Thank you Kathryn D. for your service.

**Newsletter:** Robert R. The newsletter just gets better and better. Nice work Robert. Reminder: all materials for the newsletter must be sent to [dist.24.newsletter@gmail.com](mailto:dist.24.newsletter@gmail.com) at least **seven (7) days prior to the district meeting**, must be AA related and must be in PDF format. Robert will have the Newsletter out to all members by the Monday prior to the business meeting.

Regarding Flyers: Robert can attach pdf Flyers to the Newsletter. If you do not get a confirming email from Robert, that means he did not get your Flyer. Alternatively, you can send Flyers to the district 24 secretary who will distribute to everyone on the district mailing list.

**Web Chair:** Ron A. is acting as interim Chair. John K. is acting as interim Alternate Chair. They were able to access to the webmail. Hooray! They were also able to renew the GoDaddy account and reset the Password. Finally, they were able to add additional addresses and all notices will go to the DCM, the Alt. DCM, the Treasurer and the Web Chair. Great work John K. and Ron A. John K. also reported on anonymity problem on our website. If you look at the Treasurer's report, you will see full names of individuals. There also may be an affiliation/endorsement tradition problem. A committee was created to review the problem and report to the group. The committee members are the DCM Tari, the PI Chair John K., the Web Chair Ron A. and Jules B from Great Facts. Thank you for volunteering.

**Archives:** Ron A. Ron A. missed the quarterly in Bremerton. Archives is reviewing the group surveys about the desire for and format of a new "Our Stories Disclosed". If you have items that you want to preserve for posterity, please deliver them to Ron. He is storing them at his house.

**Alternate Archives:** Annie N. attended the quarterly. Please return any "Our Stories Disclosed" surveys to Annie N. She will forward them to the area.

**Grapevine/Literature:** Rita Rita reminded everyone that there is "free shipping" for the holiday season. Go to "AA.org" and enter code "Grape". Rita held a raffle for a free calendar. Tami was the winner. Please remember Box 451 for our remote members.

**Schedules:** Mike B. Please let him know of any schedule changes. He has forms to fill out if your meeting is not being published correctly. Discussion about defunct meetings like Mountlake Terrace Sunday Night. How do we get them out of the schedules? Information needs to be provided to Peg as Registrar who will file with GSO, Ron who will make sure the Web is updated, to Mike B. who will submit the change form for the next publication of schedules and to

Kelly to take to GSIG. Old schedules go to PI. New schedules please take to your home groups.

**Sno-King Intergroup:** Chrissy A. Chrissy reported that volunteers are needed to answer the phones, to act as 12th step coordinator and archivist. Sno King turned 25 in November and hosted an open house on November 6, 2016 which was a very successful event.

**GSIG Zone Rep.:** Kelly M. Kelly reported about an upcoming event on 12-10-16 "AA in the Internet Age".

**Corrections:** Lachlan L. Absent.

**Accessibility:** Carol V. Absent

**Third Legacy:** Peg S.: Volunteer needed to fill this position.

**Alt. DCM:** Tari B: Tari reported on this difference between "unrepresented meetings" and "defunct meetings. Unrepresented meeting is an ongoing meeting which, for whatever reason, does not want to participate in the district, the area or the general service arena. Defunct meetings are those meetings which are listed in the schedules but there is no meeting and there is no member available to report that the meeting has dissolved. Tari also passed out a "District 24 Survey" for all participants to complete and return. The goal of the survey is to help District 24 be better at carrying the message to the still suffering alcoholic.

**DCM:** Tom L. Tom had some suggestions for the upcoming year. First, he encouraged all new GSRs to attend the GSR workshop. Second he reminded everyone about the Gratitude Banquet, the Spanish Loco Foro happening this year and the October assembly.

#### **Elections:**

Treatment and Bridging the Gap. We had three volunteers for this position: Rob G., Ed C. and Patty V. Rob was elected as the new Chair. Patty and Ed C. agreed to be committee members and help Rob. Thank you Rob G., Patty V. and Ed C.

Grapevine/Literature, **Open**

Accessibility. Jacob volunteered to fill this position and was elected as Accessibility Chair. Thank you Jacob.

3rd Legacy, **Open**

#### **Old Business:**

(1) Motion to approve proposed budget for 2017 through 2018 term: Approved. (2) Motion to approve District 24 handbook as edited: Approved.

#### **New Business:**

(1) Elections. Looking for volunteers for the open positions: Grapevine and 3rd Legacy. If you are

interested in any position, please show up at the next district meeting. You can either be the person who shows up and thanks someone for their service or you can be the person who does the service!

(2) Gratitude Banquet. Space has been reserved at St. Pius X for March 25, 2017. Thank you to

Kelly M. for volunteering to Chair the picnic committee.

(3) Picnic. Volunteer needed to reserve the picnic space. (4) January has an Area Quarterly, a Treatment Quarterly and an Accessibility Quarterly. Check out

Area72aa.org for an events calendar.

**Finally, a big thank you for everyone who served District 24 over the last two year term. The group must survive or the individual does not. Well done.**

Meeting adjourned with the Serenity Prayer.

Respectfully submitted by Group Secretary,

Jerry F.

DCM Report

Hello District 24,

I hope everyone had an enjoyable holiday!! December was a little bit busy for me with family, celebrations, and strep throat, so I took a little break from my district duties. But I am ready to get to work again and am looking forward to our first district meeting with all the new faces. While I am sad to see some familiar faces go, I am really excited for the new rotation.

Jerry and I will be attending the first quarterly of the rotation January 6th and 7th in south Seattle. I am sure we will have tons to report next month. I have attached the agenda for the upcoming quarterly, so if anyone has any questions please feel free to ask! I also want to remind everyone that the quarterlies are open to everyone, so if you are curious or just want to be more involved you can register and attend!

Yours in love and service,  
Tari B.



Voltaire

Alexandra Snowdon

*Western Washington Area Quarterly*  
*January 7, 2017*  
*SeaTac, WA - Hosted by District 14*

8:00 AM Registration

8:30 AM Call meeting to order, Opening, Serenity Prayer  
Reading of the Twelve Traditions and Twelve Concepts  
Introductory Comments  
Host Committee Announcements  
Approval of Minutes from the July 2016 Quarterly Meeting

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Elected Trusted Servants Reports

Newly Appointed Area Trusted Servants Qualifications  
Motion to Accept New Appointed Area Trusted Servants  
Appointed Trusted Servant Reports

2016 Assembly Host Committee Final Report  
2017 Assembly Host Committee Report  
2018 Assembly Host Committee Report  
2019 Assembly Host Committee Report  
2020 Assembly Host Committee Report  
2017 April Quarterly Host Committee Report

2017 PNC Host Committee Report  
2017 Foro Lcoal Host Committee Report

11:30 AM DCM and Intergroup Sharing  
YPAA

NOON LUNCH [Scheduling of 2017 Pre-Conferences]

1:00 PM Continue DCM Reports

Discussion of Bids for 2018 Quarterlies (Bids to be Made at April 2017  
Quarterly)

Comments from the Area Registrar and Area Web Chair

2:00 PM

Old Business:

FLOOR MOTION #1: Carried forward from the 2016 Assembly  
**Processing Floor Motions (Dist. 44)**

*"We move that motion 06.4 be amended to read as follows: We move that the Western Washington Area Assembly deal with floor motions in the following manner. Prior to formally discussing and voting on floor motions and floor discussion topics, the Area Chairperson will determine by substantial unanimity vote whether the Assembly wants to: Refer the floor motion or floor discussion topic to the Quarterly process to be considered for addition to the agenda for the following Assembly. Failing substantial unanimity, the body will address, discuss, and vote on the floor motion or floor discussion topic at that time."*

FLOOR MOTION: Carried forward from the 2016 Assembly  
**Multiple Assemblies (Dist. 4)**

*"Move: That Western Washington Area 72 of Alcoholics Anonymous adopt a system of multiple general service assemblies, either two or four per year. This change to be implemented no later than 2019."*

New Business

MOTION:

**Translation Services (Accessibility Committee)**

Area 72 shall separate language translation and interpretation coordination including ASL – and all funds associated with these services – from the Accessibility Committee and form a standing committee named Language Coordination to provide for all language needs at Area Business functions.

DISCUSSION TOPIC: YPAAs (Young People in Alcoholics Anonymous)

DISCUSSION TOPIC: Area History Book

**Adjourn & Close**

January 2017 CPC Report – District 24 | Western Washington Area 72

Happy New Year District 24!

In mid-November, me and Andrew R. sent out a mass-mailing to about 100 professionals in the community that included the District 24 P.O. Box and District 24 CPC Gmail account as contact info. We received e-mail inquiries from Calvary Chapel Church (included in last month's CPC report) and the Lynnwood Police department. There is a small update to Calvary Chapel Church that I shared at the district meeting; the church was still having people showing up looking for A.A. and N.A. meetings for meetings that no longer existed. I removed the Sunday A.A. meeting "What's the Point?" from the district's website and then personally delivered couple dozen updated schedules to Jenifer Mendez with the church on December 3<sup>rd</sup>. I suggested she distribute them to people looking for A.A. meetings, and explained I had no control over the N.A. meeting listing.

Also, the CPC Gmail account received an e-mail from Sergeant David Byrd with the Lynnwood Police Department. He said we could drop schedules and pamphlets off at their front desk and he would make sure they were distributed properly. Additionally, he said he could set up a meeting with their probation department if we would like. I said we would welcome the meeting, and then proceeded to deliver several dozen pamphlets and schedules to the front desk at the Lynnwood Police station. Also, my home group ("We are not Saints") has created a new service position to make regular deliveries of pamphlets and schedules the LPD. I didn't want to keep all the fun to myself. 😊

To my knowledge, we have not received any of the included postcards from any of the 100 recipients of the mass-mailing and I am a bit concerned as to why.

I am excited that District 24 will host the winter 2017 CPC / PI Area Quarterly on February 11<sup>th</sup>. The flyer for the event should be attached to the newsletter. I have reserved share at the St. Hilda St. Patrick Episcopal Church. I need some helpers for setup and food. Can someone make spaghetti for 40 people?

I am looking forward to meeting the new Area 72 PI and CPC chairs. They will be announced and confirmed at the January 6-7 area quarterly which Tari B. and Jerry F. will likely be attending. I would like to know who they are as soon as possible so I can contact them to plan the winter 2017 CPC / PI Area Quarterly.

December was my last month as your interim CPC chair. I really appreciated all of the support and enthusiasm from District 24. I am looking forward to stepping into the Public Information Chair position in 2017-2018 and continuing to work closely with Andrew R. (CPC), Rob G. (Hospitals/BTG), Lachlan L. (Corrections) and Ron A. (Web) to carry the A.A. message of recovery to still-suffering alcoholics.

Yours in Service!

John K, (Outgoing) District 24 Cooperation with the Professional Community Chair



# District 24 Survey

1. What can District 24 do to better serve the groups in its area?
2. What can the district do to better serve the AA members of its community?
3. What changes (if any) would you like to see at District 24?
4. Any comments or suggestions?

Please return to the DCM at the next District business meeting or email to [dcm24@area72aa.org](mailto:dcm24@area72aa.org)

Thank you !!

**\*\*District 24 Annual\*\***

# **GRATITUDE POTLUCK DINNER**

**AA and Alanon Speaker Meeting**

**March 25<sup>th</sup>, 2017**



**St. Pius X in the  
gymnasium**

**22301 58<sup>th</sup> Ave. W**

**Mount Lake Terrace  
98043**

**Doors open at 5pm**

**Dinner at 6pm**

**Speakers at 7:30pm**

***Raffle & 50/50 raffle***

***Donation at the door \$5***

**\*\*HOME GROUPS PLEASE BRING  
RAFFLE ITEM & HAM or TURKEY\*\***