

DISTRICT 24 NEWSLETTER

March 2018



SERVING LYNNWOOD, EDMONDS and MOUNTLAKE TERRACE.

In This Issue

February 2018
Business Meeting Notes.

Committee Chair-
person Reports.

Informational Fliers
for upcoming events.

Contribution Addresses

District 24
PO BOX 439
Lynnwood, WA 98046

Sno-King Intergroup
PO Box 30
Mountlake Terrace, WA 98043

Greater Seattle Intergroup
5507 6th Ave S.
Seattle, WA 98108

Western WA Area 72 Treasurer
702 Kentucky St., #535
Bellingham, WA 98225

General Service Office
PO Box 459 Grand Central Station
New York, NY 10163-0459

District Committees, Chairs and Contacts

DMC: Tari B.
dcm24@area72aa.org

Treasurer: Claire W.
dist.24.treasurer@gmail.com

Recording Secretary: Chrissy A.
dist.24.secretary@gmail.com

Archives Comm. Chair: Annie N.
dist.24.archives@gmail.com

CPC Chair: Finn S.
dist.24.CPC@gmail.com

Grapevine/Lit. Chair: Joyce B.
dist.24.literature@gmail.com

Public Info. Chair: John K.
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Schedule Comm. Ch.: Mike B.
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Web Servant Chair: Ron A.
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Sno-King Intergroup: Doug V.
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VISIT DISTRICT 24 ON THE WEB AT:
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Alt. DCM: Jerry F.
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Alt. Treasurer: Traci
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Accessibility Chair: Jacob W.
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Alt. Archives: Rita N.
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Corrections Chair: Judy S.
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Newsletter Chair: Robert R.
dist.24.newsletter@gmail.com

Registrar Chair: Pam O.
dist.24.registrar@gmail.com

Treatment / BTG Ch: Rob G.
dist.24.treatmentchair@gmail.com

GSIG Zone Rep:
Kelly S.

3rd Legacy Chair: Carol V.
dist.24.3rdlegacy@gmail.com

Young PPL Chair: Sadie J.
dist.24.ypchair@gmail.com

DECLARATION of UNITY

This we owe to A. A.'s future;
to place our common welfare first;
to keep our Fellowship united.
For on A.A. unity depends our lives,
and the lives of those to come.

RESPONSIBILITY PLEDGE

I Am Responsible. When Anyone,
Anywhere Reaches Out for Help,
I Want The Hand Of A. A.
Always To be There.
And For That I am Responsible.

Final day for submissions is March 30 for the printing of the April 4, 2018 Newsletter.

District 24 Business Meeting Agenda
March 7th, 2018 at 7:00 PM
Mountlake Terrace Senior Center
23000 Lakeview Drive, Mountlake Terrace, WA 98043
Next Meeting: April 4th, 2018
Same Location

1. Open with the Serenity Prayer:
2. Responsibility Declaration:
3. Reading of short form of Concept 3:
4. Introduction of position, name of group & announcements; group changes or any problems or solutions with your group that you'd like to share.
5. Birthdays for March.
6. Reports: (Each District officer, please bring 40 paper copies of your report and any fliers, etc., to each district meeting- or submit to newsletter)

- *Secretary – Chrissy – *motion to approve meeting minutes Secretary*
- *Registrar – Pam*
- *Treasurer – Claire – *motion to approve Treasurer's report.*
- *Alt Treasurer – Tracey*
- *Newsletter – Robert*
- *GV/Lit – Joyce I'd like to request a small amount of time on the agenda. I attended a Literature/Grapevine Quarterly in Everett. I'd like to give a quick recap of that day. Thanking you.*
- *Archives – Annie & Rita*
- *PI/CPC – John/Finn*
- *Web – Ron*
- *Schedules – Mike B.*
- *Sno-King Intergroup – John H.*
- *Greater Seattle Zone Rep – Kelly OMG - I've had this position 2 years and I finally got my act together enough to submit a written report - don't get used to it :D*
- *Young Persons Chair – Yo it's Sadie, any more details on the panels?*
- *Alternate DCM – Jerry*
- *DCM – Tari*

7. **Old Business:** Gratitude Banquet, Quarterly Committee Report Update?, Picnic Chair/Co-chairs

8. **New Business:** New Emails

Next Months reports: Corrections

New Business...Contact dcm24@area72aa.org if you want to add new agenda items to this list

Unity Declaration:

“This we owe to A.A.’s future:

To place our common welfare first:

To keep our fellowship united. For on A.A. unity depends our lives, and the lives of those to come.”

District 24 Business Meeting Minutes 2-7-18

Meeting brought to order at 7:00 p.m. by DCM, Tari B., with the Serenity Prayer and the Responsibility Declaration.

In Attendance: Chrissy Secretary, Tari DCM and Sisters in Recovery, Jerry TUG Alt. DCM dist 24, Claire WOTS and Alt Treasurer, John PI Chair Ron TUG and Edmonds group and web chair, Carol Dist 24 3rd legacy chair and Sisters in Recovery, Lori GSR Sisters in Recovery, Rob GSR Ed-lynn fellowship and treatment chair, Ed Saint Junes and Detox center coordinator, Fin GSR for On Awakenings , Judy registrar, Dara GSR Edmonds Group, Sara GSR Edmonds Fellowship, Kelly GSIG rep and Coffee Cup, Joyce Grapevine rep and The freedom group and Coffee cup, Annie Archives and Celebrate Life group, Pam Registrar Celebrate Life, Traci Alt treasurer and Sunday Morning Breakfast Group, Michael Schedules chair Our Primary Purpose, Sarah GSR Ed-Lynn fellowship, Jamie GSR Alderwood group, Mark GSR Patience group, Mark GSR Wed night MLT, Jacob Accessibility chair, Doug SKIG literature and TUG, Woo Happy Hour and Late night with AA, Gabriella Alt GSR TUG, Betsy Alt GSR AMAA, Astri Past Delegate area 72, Gary We are Not Saints Alt GSR, Tammy Ed-Lynn, John AMAA and SKIG rep, Todd Alt GSR Edmonds Group, Tammy GSR Freedom Group, Elizabeth GSR A New Experience, Sadie YPAA, Gunny Sack, Terry Friday night BB, James TUG and GSR Happy Hour, Marty South Men's group.

Concept 2 was read by: Mike

Birthdays for Feb Elizabeth 6 yrs. Tari 12 years, Rob 4 years, Mark 13 years, Doug 9 months.

District Reports:

Secretary: Chrissy –minutes were approved from last month

Registrar: Pam –

Alt Treasurer: Tracy – The deposit that was made of \$50.00 of a money gram and someone named Priscilla R. donated \$30. There was not a group listed to be credited for the donations!

Treasurer: Claire- The budget report is in the newsletter. She is working on having a whole years report. The report in the newsletter is from Dec 19th through January 18th 2018. There is no evidence that we have paid rent at the senior center. There was a finance committee meeting held. They made slight differences between the 2017 and 2018 budget. They moved funds around to positions that would use the funds from positions that haven't used their allocated funds. They added \$240 to the Gratitude Banquet and increased the picnic budget to \$1000 that was voting on previously. Please review the budget after the adjustments. We are increasing our distributions to the other AA entities. You are welcome to share with your home groups. The Misc funds that was added could be added to the YPAA budget when approved.

PI /CPC: John – not on agenda

Alt CPC: Finn-not on agenda

Treatment and bridging the gap: Rob – The quarterly was last month. There was a gentleman who came and invented a application for them to intake a bridge. The form sends an email to the gap chair in that district. The treatment committee finished the work book and they are ready to knock on doors. They still want to meet with the young people in AA committee. The detox facility is sending 6 to 8 people a week to be bridged. Rob is in his last year of his term. He is looking for someone to take over the position. If anyone is interested, please join the treatment committee. There is a new bridging the gap form going around. If you are interested in being someone to be called for bridging the gap, please put your name on it and or bring it to your home group and return to Rob to contact.

Alt Treatment and bridging the gap: Ed Things are going well. Anyone interested please contact him.

Newsletter : Robert – Not present.

Young People in AA – Sadie she attended the dist meeting. There is a list of events going on. She wants to know if Dist 24 is interested in hosting an event for YPAA. Claire asked if she wanted to incorporate the YPAA into one of our existing events. Sadie suggested a specific event geared towards YPAA. As an example dist 16 is hosting a nerf gun event with a potluck and traditions meeting. Tari suggested starting a YPAA committee for Dist 24 to plan an event.

Web: Ron – www.District24.org had web quarterly last month. It was mostly a review of how the groups were doing. There are a couple of events coming up that are listed on the site. If you have an event that you want posted to the site please email the web chair and send him the flyer. He is working on updating the address for Ed-Lynn as they moved.

Archives : Annie – not on agenda.

Alt archives :Rita – not on agenda.

Grapevine : Joyce - not on agenda.

Schedules : Mike – not on agenda.

SKIG : John H. – They finally have the phone issue handled. They have new service and a lower bill with a bill that is \$200 less than before. The door is repaired but the code has changed. They are starting to sell coins. They will be pre paid orders to start.

GSIG: Kelly S.– has no report. She was in Mexico at an AA conference.

Corrections: Judy –

Accessibility: Jacob – was not able to make the quarterly. He asked about the ASL and the Spanish interpretation equipment. Jerry mentioned they did not get the equipment donated from the Area. Jacob is going to look into some alternatives. Jerry suggested contacting the delegate Steve. Tari mentioned we are lined up to have a ASL interpreter. The person she spoke with was not familiar with AA lingo. Tari said there was one interpreter committed already.

3rd Legacy chair: Carol – not on agenda

Alt DCM: Jerry – went to the Jan quarterly. The floor motions that were tabled until this event: Motion to move the business to Saturday morning was voted down. Motion about downloading information from the website was tabled again as the motion writer was not present. The WW area 72 our stories disclosed book: it was asked if there is need to print a new issue. The area wants to hire a CPA professional. Should the area fund the area corrections chair to go to the national corrections conference annually. This was approved. Full report is in the newsletter.

DCM: Tari – has report in Newsletter. We are halfway through the position rotation. If you are interested in a position start thinking about it now. The Pre-conference is coming up. The agenda is in the newsletter. The conference is Feb 25th in Bothell.

Old business – Gratitude banquet – Tom has the speakers and the kitchen help. Come at 4pm to lend a hand. The event is on March 17th.

Dist 24 Picnic is Saturday July 28th. We need a picnic chair.

John is the chair for the 2019 area quarterly. We are in the bidding process.

New business

Ron suggested the YPAA get more involved in the picnic with activities.

Ed wants to coordinate with dist 19 with the treatment quarterly.

Kelly has a flyer for a Home Group Secretary workshop. Feb 10th at GSIG

John brought the picnic notebook to hand off to the new picnic chair. He will bring the book next month

Meeting adjourned with the Unity Declaration at
Sorry for the type-o's I was typing as you spoke

Minutes respectfully submitted by Chrissy A.

Treasurer's Report

Barring any complaints from the Home Groups, the following will be done:

- Keep \$480 in reserve for payment to MLT Senior Center for back rent:
 - (September 2016 – December 2017 = \$480. \$30/month for 16 months)
- Donate the excess funds in the amount of \$947.76. Write checks to the following entities:
 - \$473.88 to WW Area 72
 - \$189.55 to GSO
 - \$189.55 to Sno-King Intergroup
 - \$94.78 to Seattle Intergroup

YIS, Claire W.

D-24 Treasurer

Alt. DCM Report

Hi All,

I attended the February 25, 2018 pre-conference at the Triway Grange Hall in Bothell. If you missed the pre-conference, the next two pre-conferences in our local area are (1) Saturday March 10, 2018 in Issaquah and Saturday March 17, 2018 in West Seattle. There is a surprise, and controversial, agenda topic.

The pre-conference is the main way that your home group communicates with our Area Delegate, Steve C., about the business to be done in New York. The GSR is the landline between those two parties. First, reporting to the homegroup what New York is expected to talk about and, second, reporting to Steve how your homegroup feels about the issues to be discussed in New York.

There are some important decision being made. For example, several (3) requests to change the big book.

There is also a request to publish a pamphlet which originated in Great Britain called The "God" Word. Since I personally know one friend who states she cannot attend AA because she can't handle the "God" thing, I was interested in the pamphlet. I thought I would download the pamphlet, read it and send it to her to read. I know it sounds silly but there is always hope. We never know how or when the message is going to work.

Events:

March 17, 2018 Gratitude Banquet
at St. Pius X Catholic Church's Gym.

Jerry F.
March 3, 2018

****District 24 Annual****
GRATITUDE POTLUCK DINNER
AA and Al-Anon Speaker Meeting
March 17th, 2018

AA Speaker: Vincent

Al-Anon Speaker: Beverly

Basket and 50/50 Raffle

\$5 Donation at the Door

St. Pius X Gymnasium
22301 58th Avenue West
Mount Lake Terrace 98043



Doors open at 5pm
Dinner at 6pm
Speakers at 7:30pm

****HOME GROUPS PLEASE BRING**
RAFFLE ITEM & HAM or TURKEY**

Hello District 24,

I hope you all survived our fabulous February weather!

I attended the northern districts pre-conference in Bothell, it was very informative and I was thrilled to see so many familiar faces from district 24, I love that we are such an involved district. I will be forwarding the questionnaire from our delegate as soon as I receive it, so watch your emails, he will need these back by April 18th. You should all have received an email with login information to access the background information on the agenda items that the delegates will be discussing.

The gratitude district is just a few short weeks away, I hope everyone is ready for some great food, fellowship and fun! Please help spread the word when you are at meetings.

This past month I had a situation arise at work that compelled me to Google myself and I was quite surprised as to what popped up. I do not understand how the internet or web works, but what I saw was a great lesson in anonymity and why we have it. So I have attached an excerpt from one of our pamphlets as a friendly reminder:

““Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.”

What is the purpose of anonymity in Alcoholics Anonymous? Why is it often referred to as the greatest single protection the Fellowship has to assure its continued existence and growth?

If we look at the history of A.A., from its beginning in 1935 until now, it is clear that anonymity serves two different yet equally vital functions:

- At the personal level, anonymity provides protection for all members from identification as alcoholics, a safeguard often of special importance to newcomers.
- At the public level of press, radio, TV, films and other media technologies such as the Internet, anonymity stresses the equality in the Fellowship of all members by putting the brake on those who might otherwise exploit their A.A. affiliation to achieve recognition, power, or personal gain....

When using digital media, A.A. members are responsible for their own anonymity and that of others. When we post, text, or blog, we should assume that we are publishing at the public level. When we break our anonymity in these forums, we may inadvertently break the anonymity of others.””

Reprinted from (P-4 Understanding Anonymity, pg 1), with permission of A.A. World Services, Inc.

Yours in Service,

Tari B

DCM District 24

Report on Greater Seattle Intergroup Meeting held 2/20/18

Great News – the groups have responded and the financial status for January was extremely positive, due to both group contributions and retail sales. Group contributions were \$19,300 (we had budgeted \$11,100) and retail sales were \$20,100 (we had budgeted \$14,100). It is believed it is because many groups send in just one donation check a year, usually in December or January, and we had a large retail order. The prudent reserve has been restored! This will allow us to purchase a 5th CD for \$10,000.

Home Group Workshop Series is having a workshop for the Treasurer on March 10 at 10am at Seattle Intergroup. Questions: norm@seattleaa.org

They are in the process of redesigning their website. It should be complete by June 2018. They have been working on it for almost 2 years; it has been a long process. Here are some of the highlights of the timeline:

April 2017 – created a survey; asked people how they search for meetings

Design process, site architecture, converting data from North, West, East and South into organizing by neighborhood (more user friendly).

There will be more than 1 administrator.

Web hosting – cyber security; safeguard

Tested old site for how many clicks it takes to get to certain information

Asked what you would like on a website

Data scrubbing old and new

Print designing, format meeting schedules; Heuristic evaluation done

Fall 2017 - Heuristic is a tool to evaluate your competition; what can we learn and how can we solve problems. They looked at seven cities like San Francisco, DC, Philadelphia, etc. We looked at how they categories on their website like literature, financial, meetings, events, etc.

Most have image of their city at the top; we will also. Then right below we will have newcomer information in kind and warm welcoming. It will be clean and simple content.

Side note; San Francisco has a really cool website; their monthly newsletter is like 20 pages long each month. www.aasf.org They also have a mobile app to collect donations!

The Philly website has a little emoji looking guy that helps you navigate their site. www.aasepia.org

Homepage design; content gathering

Jan 2018 – Looked at GSIG by-laws to see how many people can be administrators

Usability test plan and coded the meetings (O, WO, BB, CC, etc)

Online contributions works on old site but need to get it working on new site

April 2018 – Test

May 2018 – Fix

June 2018 – Launch website and new printed meeting schedules

Some of the things on the front page will be: the header, image of Seattle, Latest news, Services, Facts about GSIG, and footer.

The meeting navigation page automatically pull up that day and will list meetings in both list and map views. You will be able to search by neighborhood if you choose. If you are using the app on your phone you will be able to search for meetings nearby.

The event calendar will list month, which district, and what day. You can also search by just a word, like “potluck” and it will pull up any events with that criterion. Also, if there is a flyer for that event, there will be a link to it.

An AA member donated some professional photography for design purposes.

MOST IMPORTANT: They have 1,400 meetings to update. They need a group contact email and phone for each group (does not have to be the GSR), current location/date/time, if it needs to be coded (like wheelchair, childcare, BB, LGBT, Spanish, candlelight etc). PLEASE SEND THIS INFO TO NORM@SEATTLEAA.ORG This contact list will be used for blast emails re: events and updates.

Kelly S.