# DISTRICT 24 NEWSLETTER September 2017



SERVING LYNNWOOD, EDMONDS and MOUNTLAKE TERRACE.

# In This Issue

# District Committees, Chairs and Contacts

August 2017 Business Meeting Notes.

Committee Chairperson Reports.

Informational Fliers for upcoming events.

### Contribution Addresses

District 24 PO BOX 439 Lynnwood, WA 98046

Sno-King Intergroup PO Box 30 Mountlake Terrace, WA 98043

Greater Seattle Intergroup 5507 6<sup>th</sup> Ave S. Seattle, WA 98108

Western WA Area 72 Treasurer 702 Kentucky St., #535 Bellingham, WA 98225

General Service Office PO Box 459 Grand Central Station New York, NY 10163-0459 DMC: Tari B. dcm24@area72aa.org

Treasurer: Virgil O. dist.24.treasurer@gmail.com

Recording Secretary: Chrissy A. dist.24.secretary@gmail.com

Archives Comm. Chair: Annie N. dist.24.archives@gmail.com

CPC Chair: Finn S. dist.24.CPC@gmail.com

Grapevine/Lit. Chair: Joyce B. dist.24.literature@gmail.com

Public Info. Chair: John K. dist.24.pi@gmail.com

Schedule Comm. Ch.: Mike B. dist.24.schedules@gmail.com

Web Servant Chair: Ron A. dist.24.webchair@gmail.com

Sno-King Intergroup: Doug V. dist.24.snokingintergroup@gmail.com

Alt. DCM: Jerry F. altdcm24@area72aa.org

Alt. Treasurer: Claire W. dist.24.alttreasurer@gmail.com

Accessibility Chair: Jacob W. dist.24.accessibilitychair@gmail.com

Alt. Archives: Rita N. altarchives@gmail.com

Corrections Chair: Lachlan L. dist.24.correctionschair@gmail.com

Newsletter Chair: Robert R. dist.24.newsletter@gmail.com

Registrar Chair: Peg S. dist.24.registrar@gmail.com

Treatment / BTG Ch: Rob G. dist.24.treatmentchair@gmail.com

GSIG Zone Rep: Kelly S.

3rd Legacy Chair: Carol V. dist.24.3rdlegacy@gmail.com

**VISIT DISTRICT 24 ON THE WEB AT:** 

: www.district24.org

# **DECLARATION of UNITY**

This we owe to A. A.'s future;
to place our common welfare first;
to keep our Fellowship united.
For on A.A. unity depends our lives,
and the lives of those to come.

# RESPONSIBILTY PLEDGE

I Am Responsible. When Anyone,
Anywhere Reaches Out for Help,
I Want The Hand Of A. A.
Always To be There.
And For That I am Responsible.

Final day for submissions is September 29 for the printing of the October 4, 2017 Newsletter.

# 2017 WESTERN WASHINGTON AREA 72 ASSEMBLY

OCTOBER 6~8TH

THE ANNUAL BUSINESS MEETING FOR WWA 72
LITTLE CREEK HOTEL & RESORT

91 WASHINGTON HWY 108 SHELTON, WA 98584

area72aa.org

HOSTED BY DIST. 8





### **GENERAL AGENDA**

FRIDAY - PANELS, ICE CREAM SOCIAL, ASK-IT BASKET, AA MTG.

SATURDAY - BUSINESS MEETING, LUNCH, DINNER

SUNDAY - SPIRITUAL BREAKFAST

QUESTIONS? CONTACT: HOST COMMITTEE CHAIR, THOMAS L.

assembly-chair@aadistrict8.org OR

HEATHER C. - altchair@area72aa.org

HOTEL INFORMATION AND DRIVING DIRECTIONS ON OTHER SIDE

REGISTRATION	MUST BE SUBMITTED BY 9/1/17			
FULL NAME:				
NAME FOR BAD	GE:			
HOME GROUP:				
DISTRICT #:				
EMAIL:				
PHONE: ( )				
(_) VOLUNTEER (DOES NOT REQ. \$30 REGISTRATION)				
(_) <b>GSR</b>	(_) AREA OFFICER			
(_) ALT. GSR	(_) PAST AREA OFFICER			
(_) <b>DCM</b>	(_) PAST TRUSTED SERVANT			
(_) ALT. DCM	(_) OTHER			
SPECIAL ACCES	S REQUIREMENTS:			
(REQUEST INTERPRETER BY 8/15/17)				

( ) REGISTRATION	\$30-				
( ) FRIDAY NIGHT DINNER	\$35-				
"SOUTHWESTERN BUFFET"	Ψ33				
GLUTEN-FREE VEGETARIAN					
( ) ICE CREAM SOCIAL (FRI.)	\$14-				
( ) SATURDAY BOXED LUNCH	\$20-				
(PICK ONE OPTION)					
_PASTRAMI AND SWISS ON RYE					
_TURKEY ON WHOLE WHEAT					
_SALAMI ON FRENCH ROLL					
_TUNA ON CROISSANT					
GLUTEN-FREE					
VEGETARIAN					
( ) SATURDAY NIGHT BUFFET DINNER	\$49-				
(PICK ONE OPTION)					
_BEEF BROCHETTE					
_CHICKEN FLORENTINE					
GLUTEN-FREE					
VEGETARIAN					
( ) SUNDAY HOT-BREAKFAST BUFFET	\$24-				
*FRI. NIGHT, SAT. NIGHT & SUN.					
MORNING MEALS INCL. COFFE OR TEA					
TOTAL ENGLOSED. ¢					
TOTAL ENCLOSED: \$					
(TOTAL FOR REGISTRATION AND ALL MEALS IS \$1	72.00)				
MAKE CHECKS PAYABLE TO: WWAA 2017					

MAIL TO: WWAA 2017

700 SLEATER-KENNEY RD. SE

SUITE B-309, LACEY, WA 98503

<sup>\*</sup>REGISTRATION PAYS FOR RENT AND EXPENSES PER MOTION 90.2
PAYMENT OF THE \$30.00 REGISTRATIONS FEE IS VOLUNTARY.

# **District 24 Business Meeting Minutes 8/2/17**

Meeting brought to order at 7:00 p.m. by DCM, Tari B., with the Serenity Prayer and the Responsibility Declaration.

In Attendance: Chrissy, Secretary; Jerry, TUG, Alt. DCM; Carol, 3<sup>rd</sup> Legacy Chair, Sisters in Recovery; Lori GSR Sisters in Recovery; Robert, Newsletter Chair; Ron, TUG, Web Chair; Ed, St. Jude's; Dara, GSR Edmonds Group; Tammy, GSR Freedom Group; Karen, Celebrate Life; Pam, Celebrate Life, Sunday Morning; Finn, On Awakening; Mick, CPC Chair, TUG; Diane, Ed-Lynn Fellowship; Jamie, GSR Alderwood Group; Nora, Alt GSR Alderwood Group; Joyce, District 24 Grapevine/Lit. Chair, Freedom Group; Kelly, GSR Coffee Cup, District 24's GSIG rep; Sarah, Alt GSR Coffee Cup; John, Lynnwood Study Group; Margot, GSR As Bill Sees It; Kristi, GSR WOTS; Paula, Alt GSR WOTS; Annie, Dist 24 Archives Chair, Patience, Group; Elizabeth, GSR A New Experience; Peg, TUG and Dist 24 Registrar; John, PI Chair, We Are Not Saints; Rob G., Treatment–Bridging the Gap Chair, Ed-Lynn Fellowship; Mike, GSR Our Primary Purpose North; Claire, Alt Treasurer, WOTS; Virgil, Treasurer; Dangie, Young People in AA presenter; Casey, and Young People in AA presenter Dist 39, 7 and Sober; Will, Alt DCM for Dist. 15 and WSCPAA (Washington State Conference of Young People in Alcoholics Anonymous) Conference member and presenter; Jacob, Accessibility Chair, We Are Not Saints; Wu, Alt GSR Happy Hour; Guy, GSR Continental Breakfast Group; Mark, GSR Wednesday Mt Lake Terrace; Katrina, GSR Pioneer Big Book Study; Angel, Young People in AA presenter.

Concept 8 was read by: Mike

Birthdays for August: Kristy 3 years, Annie 11 years, Tammy 3 years, Carol 16 years, Katrina 1 year, Mike 4 years.

Guest: WSCPAA and Young People in AA and several presenters to support creating a chair position in District 24 knows as Young People in AA Chair: They are working to organize young people's groups in the Districts in WW Area 72. They presented a letter asking for a chance to have a chair position at the district level, to help organize young people in AA groups. It would include Hosting AA meetings at treatment centers, schools and juvenile detention facilities, for example. Suggested commitment District chairperson included 2 years of sobriety, a 2 year commitment as chairperson, home group in District 24. The service position would also include coordinating workshops aimed at young people on traditions and concepts, and reaching out to colleges and schools to find out if there is a need to start an on-campus meeting at their schools. It is important for people to feel comfortable in meetings and to identify. Having a Young People Chairperson at district level would help promote the importance of service involvement. Service helps build a fire in young people, in AA, and helps get them excited and involved; providing a safe place for young AA members to feel included.

Rob G. mentioned he needs their help with hosting a meeting at treatment centers. John made a motion that we create a Young People chair position at Dist 24. Tari mentioned that motion will be moved to New Business. The motion was tabled until next month for discussion and voting. Robert asked which districts already have this chair position? They are: 34,35,39,54, and being considered at 19,14,15 and presentations are scheduled at 10, 38 and 46.

## **CHAIRPERSON'S REPORTS**

**Secretary:** Chrissy – minutes were approved from last month

**Registrar:** Peg – some people are still not getting their packets. She is not sure what to do, so she is going to contact GSO directly.

Alt Treasurer: Claire – Showed a chart of what has been donated each month by the home groups. These numbers were direct donations from home groups to the district rather than from picnics or banquets. The home groups within the districts have group IDs. Claire handed out a chart that was color coded. Green groups were good and active with ID numbers, The Blue groups were listed in Dist 24 but are not in the schedule and could be inactive meetings. The orange groups did not have the ID numbers listed but they could share the same service number with other groups. If there are groups that are not on the list Claire suggested they speak with

the registrar to make sure the groups are registered. Tari mentioned that Claire is willing to come make presentations to home groups about the importance of involvement at the district level.

**Treasurer:** Virgil- Didn't get the report in in time to make the newsletter. There was a lot of action this month. Pending issue related to the district need to file the appropriate paperwork with the IRS to become a 501c3 entity. The current total is in the black \$6359.33. After deducting the amount in the Prudent Reserve, the remaining balance is \$286.25

Carol made a motion to accept the treasurer's report, Approved.

PI: John not on agenda

**CPC** – Mick not on agenda

**Treatment and Bridging the Gap** – Rob G. asked Ed to make the presentation. Ed mentioned that he feels like a young person. He mentioned that we have a tremendous opportunity to help the people in our area. He mentioned there is a new detox center opening in Lynnwood. He goes to treatment center once a week and connects with the young people. Ed sees a need for young people at the detox center and supports their involvement in our district. He thinks the CPC, Bridging the Gap and PI along with Treatment can come together and help each other.

**Newsletter**: Robert – the information is coming in and in a timely manner. He asked to check the spelling. One report came in as a power point and his printer would not print.

**Web:** Ron – attended the Area Quarterly for the Web Committee and mentioned that he was taken through some of the other websites from other districts. He said there were new technologies available to help with accessibilities that can be added to the website for members who need them to use. The Dist. 24 committee did not meet last week but they are meeting this month. The website is currently down at the moment but will be up shortly.

**Archives:** Annie – not on agenda

Alt archives: Rita - not on agenda

Grapevine: Joyce not on agenda

**Schedules:** Mike passed out the list of inactive meetings to be circled through process of elimination, he noticed that there were meetings actually added.

SKIG: John H. Not present.

**GSIG:** Kelly S.— The GSIG summer picnic is on August 27 the 10 am Lower Woodland park picnic shelters 2 and 3, please see the seattleaa.org for more information on the picnic. Within 6 months there will be a live chat button on the GSIG website so people can talk with another alcoholic live. The car show was very successful. Please see their website, seattleaa.org, to learn more about their meetings and committees.

**Corrections:** Lachlan – not present.

**Accessibility:** Jacob – Made it to the quarterly and they discussed the discussion topic that will be brought up at the pre-assembly on creating two positions for accessibilities. One would be translations and one would be accessibility. The funds for ASL meetings and translation is running out. Donate to the accessibilities on the GSIG site.

**3<sup>rd</sup> Legacy chair:** Carol – They have been reading the service manual. Today they read chapter 9 and next month they will read chapter 10. After 10 they will need to take a group conscious to determine if they will read the appendices after they are done reading chapter 12.

**Alt DCM:** Jerry – In the newsletter there is a list of all the pre-assemblies. If you cannot make the one co-hosted by Dist. 24 please try and attend one of the others. Go to the AA.org website to donate money for the 7/27 fundraiser. If every member of AA donated \$7.27 on July 27<sup>th</sup> this will pay AA's bills for the year. It is not too late. If you go to the website, <u>you must say you are a member to donate money</u>; if you do not identify yourself as a member, they will not take the money. There is a new APP for your phone called **Meeting Guide** created by Josh Risner. It will show you the closest meeting to you using your GPS.

**DCM:** Tari – The pre-assembly is coming up. Please try to attend. Tari is presenting on motion 5. There also needs to be a GSR to present with her. She is asking for a volunteer. Pam volunteered. GSRs are encouraged to attend the pre-assembly so they can take the information back to their home groups and get the group conscious. She brought and passed out the cards on Safety in AA. There is a full report in the newsletter.

## **OLD BUSINESS**

1) A new meeting place:

The other opportunities fell through. Annie said she is willing to keep the meeting here as it is her wish. We accepted.

### **NEW BUSINESS**

1) Delegates Meeting:

Kristi went to the delegates meeting in La Conner. A few items that were touched on were:

CPC dealing with the military and contacting the armed services. She said they decided to consult the pamphlet on "are you a professional".

On AA and Native Americans in jail they will add "Many Paths to Spirituality" to the corrections kit.

On the "Are You Too Young for AA" they are going to revise it completely.

A statement about Safety in AA will be added to the Our Common welfare (SMF-209) to the section "Principles Before Personalities."

To see all the changes discussed please visit the website <a href="www.area72aa.org">www.area72aa.org</a> look under documents and delegate's reports.

They set an agenda for the theme of the year, "The Solutions for All Generations." Today's Alcoholic is inclusion not exclusion.

They are putting out a new PSA video.

2) Young People In AA district Position:

John made a motion that we create a chair position for young people's chair with a starting budget of \$100. Will be tabled until next month so we can take this back to our home groups.

3) CPC Chair Position:

Mick – is resigning as the CPC chair. Finn was nominated as the new CPC chair and was voted in.

Meeting adjourned with the Unity Declaration at 8:50pm.

Minutes respectfully submitted by Chrissy A.

# **District 24 Business Meeting Agenda**

September 06, 2017 at 7:00 PM Mountlake Terrace Senior Center 23000 Lakeview Drive, Mountlake Terrace, WA 98043 Next Meeting: October 04, 2017 Same Location

- 1. Open with the Serenity Prayer:
- 2. Responsibility Declaration:

3

# I am responsible. When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

- 4. Reading of short form of Concept 9:
- 5. Introduction of position, name of group & announcements; group changes or any problems or solutions with your group that you'd like to share.
- 6. Birthdays: September
- 7. Sno King Intergroup presentation by Tom.
- 8. Reports: (Each District officer, please bring 40 paper copies of your report and any fliers, etc., to each district meeting- or submit to newsletter)
  - Secretary Chrissy. \*motion to approve meeting minutes Secretary
  - Registrar Peg
  - *Treasurer* Virgil O. \*motion to approve Treasurer's report.
  - Alt Treasurer Claire
  - Newsletter Robert
  - Archives Annie
  - Treatment Rob
  - PI/CPC John & Finn
  - Web Ron
  - Schedules Mike B
  - Sno-King Intergroup John H
  - Greater Seattle Zone Rep Kelly
  - *Alternate DCM* Jerry
  - *DCM* Tari

Old Business: Young Person Chair

New Business:

Next Month's reports: GV/Lit

New Business...Contact dcm24@area72aa.org if you want to add new agenda items to this list

# **Unity Declaration:**

"This we owe to A.A.'s future, To place our common welfare first: To keep our fellowship united. For on A.A. unity depends our lives, and the lives of those to come."

# **DISTRICT 24 REPORTS**

# **DCM REPORT:**

Hello District 24,

It was great to see so many GSR's at the preassembly! For those of you who did not make it, I hope you were able to attend a different one. If not, and you have questions, I will be happy to help you out or point you in the right direction. Everyone should have received the information packet with the motions, background information and discussion topics, if not please let me know and I will get you a copy. We're striving for an informed group conscience and it would be difficult if you are not equipped with the pertinent information! I hope everyone has registered for the assembly, early registration ensures that you will be sitting with our district, so please register. An email has been sent out with all the links you will need to do so.

Thank you for letting me of service, Tari B.

# TREATMENT REPORT:

Good morning to all,

I'm very excited to pass on this information to all of you.

Yesterday, August 9th, I had an opportunity to to visit the newest detox center in Lynnwood. I was given a tour by my friend and nurse, Rosemary. It's a sixteen (16) bed facility and very modern. They plan on opening it's doors to clients this coming Tuesday, August 15, 2017.

In my conversation with Scott Johnson yesterday, he would like for AA to host 3 meetings a week. Possibly, Monday, Wednesday, Friday. Or swap a weekday meetings to a weekend meeting for those who work during the week and wish to volunteer. They would like AA to host two (2) meetings a day at 10:00 am and 7:00 pm. Please note, before you volunteer that this is a commitment of service. Minimum requirement is that you have at least one (1) year of sobriety and we need approximately 12 people. My experience has, in this endeavour, allowed me to grow.

Rob, I know you have a full plate so I'd be willing to help set up the volunteer schedules. There are specific guidelines which I will gladly go thru with those who wish to be involved.

I now ask that those of you whom I've cc'd, to please get the word out so we in Dist. 24 can help those who need our help. I truly believe that WSKPAA would be a great asset to this program as many who are in detox are there because of the opioid epidemic.

Thank you all.

In service,

Ed C.

# **ALT DCM REPORT:**

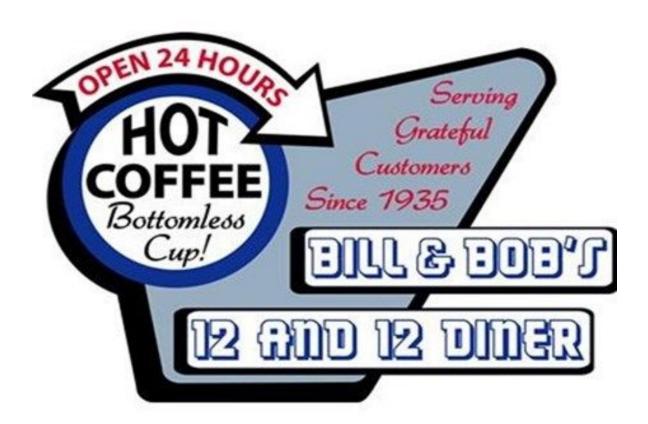
This is the link to The Sixty-Seventh Annual Meeting of the General Service Conference of Alcoholics Anonymous Final Report, April 2017.

https://mail.google.com/mail/u/0/?ui=2&ik=494ec269c0&view=att&th=15da5d3b87483598&attid=0.1&disp=inline&realattid=81a83ce317cb640a 0.1.1&safe=1&zw

This is a lengthy report and to expensive to print in the District 24 Newsletter. A hard copy of this report will be available at the Area 72 Assembly in Shelton in October.

Keep coming back,

Jerry F. Alt DCM District 24



# EVERETT CONFERENCE SALMON BAKE & SPEAKER MEETING FUNDRAISER September 16<sup>th</sup>, 2017!

\*Dinner \*Raffle Prizes \*Speakers \*50/50 Raffle

\*Lots of Fun & Fellowship!

PREPAY ONLINE ONLY \$12! www.everettconference.org Cutoff September 1st, 2017



# DINNER AT 5PM SPEAKERS AT 6PM

\*Adults \$15 \*Free hot dogs for 12 and younger

Volunteer Check-In at 2:30pm

# MENU:

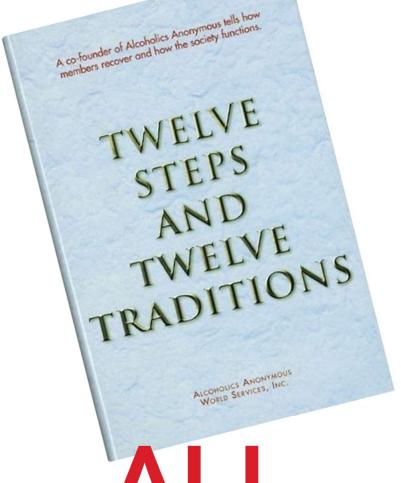
Alder Smoked Salmon Indian Fry Bread Cole Slaw Dessert...Yummy!

# **Tulalip Tribal Center**

6700 Totem Beach Road, Tulalip WA: From 1-5 take exit 199, 4<sup>th</sup> Street, Marysville Head west on 4<sup>th</sup>/528 becomes Marine Drive Travel 4.8 miles, turn left onto 64<sup>th</sup> Street NW Turn right on Totem Beach Road.

www.everettconference.org

# T.U.G. - 12 STEPS AND TRADITIONS STUDY EVERY MONDAY AT 7PM MT ZION LUTHERAN CHURCH 21428 44TH AVE W, MOUNTLAKE TERRACE, WA 98043



ALL
WELCOME!

	District 24	<b>Checking Account</b>		Statement J	•	•
	Transaction Type/Number	Pay To / Received From	Explanation	Expenses Amt (-)	Deposit Amt. (+)	Check book bal.
	Account		Beginning Balance	7 ( )	7 ( )	\$2,893.60
	Deposit	Group Donation				
25-July	2731	South Cnty Men's Group	Donation		\$50.00	
25-July	1252	AMAA	Donation		\$153.00	
25-July	1016	MLT Wednesday group	Donation		\$80.00	
14-Aug	5176	TUG	Donation		\$78.53	
14-Aug	4200	Way of Life	Donation		\$30.00	
	Debits					
20-July	3012	Ron A	Web Hosting	\$44.29		
24-July	3010	Robert R	Newsletter	\$27.49		
1-Aug	Transfer	Monthly transfer	Transfer to savings	\$243.75		
4-Aug	3056	Robert R	Newsletter	\$26.00		
10-Aug	3008	Jamie W	Pre-Assembly Contribution	\$50.00		
16-Aug	3055	Tari B	Quarterly	\$61.02		
				\$452.55	\$391.53	
		Bank Statement	Ending Balance			\$2,832.58
_		After the Statement Date				
	utstanding Check					
05-Sept	ATM	Tari B		\$123.00		
01-Sept	Transfer	Monthly transfer	Transfer to savings	\$243.75		
01-Sept	ATM	Tari B		\$158.00		
28-Aug	ATM	USPS	Annual PO Box rental	\$112.00		
21-Aug	ATM	Tari B		\$30.47		
	tstanding Deposi				<b>#00.70</b>	
31-Aug		Deposit	Total	<b>ተ</b> ርር <b>7</b> ጋጋ	\$93.76	
		Charling Assount	Total	\$667.22	\$93.76	¢2.250.42
		Checking Account Savings Account				\$2,259.12 \$3,742.09
_		•				
			Total on hand			\$6,001.21
	Reserve	Prudent Reserve		\$1,548.00		
	Reserve	2017 Gratitude Dinner exp	004.05	\$1,000.00		
	Reserve	2017 Picnic expense	991.35 spent on Picnic	\$1,000.00		
	Reserve	2017 50% schedules exp		\$650.00		
	Reserve	Quarterly Fund		\$1,225.00		
	Total			\$5,423.00		