

# DISTRICT 24 NEWSLETTER MARCH 2024!!

[www.district24.org](http://www.district24.org)



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### CONCEPT III

To insure effective leadership, we should endow each element of A.A. —the Conference, the General Service Board and its service corporations, staffs, committees, and executives— with a traditional “Right of Decision.”

#### RESPONSIBILITY DECLARATION

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

District 24  
PO Box 439  
Lynnwood, WA 98046

Western WA Area 72 Treasurer  
1901 Cornwall Ave #745  
Bellingham, WA 98225

#### DECLARATION of UNITY

This we owe to A.A.'s future: to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

Greater Seattle Intergroup  
5507 6<sup>th</sup> Ave S.  
Seattle, WA 98108

General Service Office  
PO Box 2407  
James A Farley Station New York, NY 10116-2407

## District Committee Chairs and Contacts

ACCESSIBILITY CHAIR	Rachel T. / Alt: Open	Dist24accessibility@area72aa.org
ARCHIVES CHAIR	Joyce B. / Alt: Open	Dist24archives@area72aa.org
CORRECTIONS CHAIR	Justin D. / Alt: Open	Dist24corrections@area72aa.org
CPC CHAIR	Debbie B. / Alt: Open	Dist24cpc@area72aa.org
DETOX CHAIR	Kevin H./ Alt: Bobby T.	Dist.24.detoxchair@gmail.com
EVENT COORDINATOR	Claire W. / Tamara B.	Dist.24events@yahoo.com
GRAPEVINE/LIT. CHAIR	Debbie W./ Alt: Mary	Dist24gvlit@area72aa.org
GSIG CHAIR (Greater Seattle Intergroup)	Greg S.	Dist.24gsigrep@gmail.com
NEWSLETTER CHAIR	Eric H. / Alt. Open	Dist.24.newsletter@gmail.com
PUBLIC INFO CHAIR	Jeff K. / Alt Jacob W.	Dist24pi@area72aa.org
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THIRD LEGACY CHAIR	Jerry F.	Dist24thirdleg@area72aa.org
TREATMENT CHAIR	Tammy K. / Alt: Open	Dist24treatment@area72aa.org
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ALT TREASURER	Guy H.	dist24alttreasurer@area72aa.org
WEB SERVANT CHAIR	Desi H / Alt: Open	Dist24web@area72aa.org
YOUNG PEOPLE'S CHAIR	<b>OPEN / Alt: Open</b>	Dist24yp@area72aa.org
ZOOM COORDINATOR	Doug W. / Alt: Open	Dist.24.zoomhost@gmail.com
ALT ZOOM COORDINATOR	OPEN	Dist.24.altzoomhost@gmail.com
DCM	Lisa J.	Dcm24@area72aa.org
Alt. DCM	Jan H.	Altdcm24@area72aa.org

Please email [Dist.24.newsletter@gmail.com](mailto:Dist.24.newsletter@gmail.com) for corrections to District Committee contact names or email.

Join us for our Third Legacy presentation potluck, the  
**1<sup>st</sup> Wednesday of every month at 6PM.**

We will be discussing the Concepts as well as reading and discussing the  
AA Service Manual. Bring your favorite dish to share, ***and then...***

Join us for our District 24 business meeting, the **1<sup>st</sup> Wednesday of every month.**

**LOCATION!**

**St. Hilda's Episcopal Church  
15224 52<sup>nd</sup> Ave W  
Edmonds, WA 98026**

...and on Zoom

Meeting ID: 827 3971 4442 / Password: 441729

For this month's Area 72 quarterlies and events go to  
<https://area72aa.org/events>

AA Meetings – Hybrid, Zoom and In-Person  
<https://area72aa.org/meetings>

District 24 Website  
<https://district24.org>

## District 24 Business Meeting Agenda for March 6, 2024

March 6, 2024, at 7:00 PM

ZOOM MEETING

<https://us02web.zoom.us/j/82739714442pwd=aDk0eENIMlpSVERwUWdHelRPNjVJUT09>

Meeting ID: 827 3971 4442 / Password: 441729

Open with the Serenity Prayer:

**God, grant me the serenity, to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference.**

Responsibility Declaration:

**I am responsible. When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.**

Reading of short form Concept III:

**To insure effective leadership, we should endow each element of A.A. —the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”**

Introduction of position, name of group & any announcements from your group you'd like to share. Also, for those on Zoom, please enter your name, position, and home group in the chat for our secretary.

**Birthdays:** March! Claire W. 23 years!! Happy Birthday!!

**Elections / Open Chair Positions:** Alt. Archives – Alt. CPC – Alt. Young Peoples – Alt Zoom – Alt. Secretary – Alt Correction Alt. Registrar – Alt. Schedules – Alt. Third Legacy? – Alt. Treatment – Alt. Web Chair

**Presentation:** March: Marlene PDAC/VDAC (Portland/Vancouver Deaf Access Groups)

### **Reports:**

Secretary – Katie S – \*motion to approve Meeting Minutes

Treasurer – Glen C. - \*motion to approve Treasurer's report.

Alt Treasurer – Guy H.

Accessibility – Rachel T

**Archives – Joyce B – Quarterly (2/3/24)**

Corrections – Justin D

**CPC – Debbie B. – Quarterly (2/3/24)**

Detox – Kevin H

Event Coordinator – Claire W

Grapevine/Lit – Debbie W.

Greater Seattle Intergroup Rep – Greg S

Newsletter – Eric H

**PI - Jeff K – Quarterly (2/10/24)**

Registrar – Dean K

Schedules – John M

Third Legacy – Jerry F

Treatment – Tammy K

Web Chair – Desi H

Young People's – **Open**

Zoom Coordinator – Doug

Alt DCM – Jan H

DCM – Lisa J

**New Business:** District 24 Inventory / Gratitude Banquet Attendance / PRAASA notes from Lisa / Preconference

**Old Business:** Visiting Dark Meetings and Dark Meeting List.

**District 24 Business Meeting Agenda for March 6, 2024, Continued**

Contact [dcm24@area72aa.org](mailto:dcm24@area72aa.org) if you want to add new agenda items to this list.

Upcoming Dates:

<p><b>Area 72 Public Info Workbook &amp; Study Group</b>  <b>When:</b> 1st Monday of every month (Mar 4<sup>th</sup>)  <b>Time:</b> 7:15pm to 8:30pm PST  <b>Where:</b> On Zoom  <b>Meeting ID:</b> 890 5921 1484  <b>Passcode:</b> Workbook                  Phone Number: 253-215-8782</p>	<p><b>Corrections into Actions Meeting</b>                  Every Saturday, 9:00 am to 10:00 am on Zoom                  Zoom Link: <a href="https://area72aa-org.zoom.us/j/89322680013?pwd=ZGFZUW0xMjgrV0lFeVFYKzhRHJVUT09">https://area72aa-org.zoom.us/j/89322680013?pwd=ZGFZUW0xMjgrV0lFeVFYKzhRHJVUT09</a>                  Meeting ID: <b>893 2268 0013</b>, Passcode: <b>246170</b>                  Room Opens at 8:30 AM                  Contact: Andrew M <a href="mailto:corrections@area72aa.org">corrections@area72aa.org</a></p>
<p><b>PRAASA (Pacific Region AA Service Assembly)</b>  <b>Hosted by Area 06 in San Francisco, CA: Mar 1-3</b>  <b>Website:</b> <a href="https://praasa.org/">https://praasa.org/</a>  <a href="https://praasa.org/registration/">https://praasa.org/registration/</a>  <a href="https://praasa.org/espanol_form/">https://praasa.org/espanol_form/</a>  <a href="https://files.constantcontact.com/d188d269901/c07c2245-6ca7-4849-84c4-7ec0ffd63da2.pdf">https://files.constantcontact.com/d188d269901/c07c2245-6ca7-4849-84c4-7ec0ffd63da2.pdf</a></p>	<p><b>Service Manual Study (Hybrid)</b>  <b>When:</b> March 3, <b>Time:</b> 11:00 am - 1:00 pm PDT  <b>Where:</b> GSIG: 5507 6th Ave S, Seattle, WA 98108  <b>Hybrid:</b> Meeting ID 863 6483 7688                  Passcode 022841  <a href="https://us02web.zoom.us/j/86364837688?pwd=MnBPpU55a2wrZORLcXNwKy9OVWExdz09FLYER:2023SMS">https://us02web.zoom.us/j/86364837688?pwd=MnBPpU55a2wrZORLcXNwKy9OVWExdz09FLYER:2023SMS</a></p>
<p><b>CPC Literature Study (Going over CPC Workbook)</b>  <b>When:</b> First Monday of Each Month (Mar 4<sup>th</sup>)  <b>Time:</b> 6:00pm – 7:00pm  <b>Meeting ID:</b> 374 583 0198  <b>PW:</b> 466714  <b>Direct Dial:</b> 1-253-215-8782</p>	<p><b>March 2024 Corrections Quarterly</b>  <b>When :</b> Saturday, March 16th, 2024   <b>Additional Details TBD</b></p>
<p><b>Delegate’s 2024 Concept Study</b>  <b>When:</b> First Wed of Every Month (Mar 4<sup>th</sup>)at 5:30 PM (Pacific Time) (Zoom Opens at 5:15 PM)  <b>Where:</b> Zoom  <b>Meeting ID:</b> 944 512 3341, <b>Passcode:</b> service  <b>Zoom Link:</b> <a href="https://area72aa-org.zoom.us/j/9445123341?pwd=ODJZeDBxNVZaWVdLbnJJeXpib2k0QT09">https://area72aa-org.zoom.us/j/9445123341?pwd=ODJZeDBxNVZaWVdLbnJJeXpib2k0QT09</a></p>	<p><b>Grapevine Traditions Study (w/ Crystal)</b>                  Every 2<sup>nd</sup> Thursday 6:30 pm to 7:30 p.m. on Zoom  <a href="https://area72aa-org.zoom.us/j/9445123341?pwd=ODJZeDBxNVZaWVdLbnJJeXpib2k0QT09">https://area72aa-org.zoom.us/j/9445123341?pwd=ODJZeDBxNVZaWVdLbnJJeXpib2k0QT09</a>  <b>Meeting ID:</b> 944 512 3341, <b>Passcode:</b> 6527563                  Room Opens at 6:20 PM                  Questions: Aimee B: <a href="mailto:dcm3@area72aa.org">dcm3@area72aa.org</a></p>
<p><b>Tradition Study (GSIS Third Legacy Committee)</b>                  4th Tuesday of every Month: (Mar 26<sup>th</sup>)                  This event will be a hybrid event. Please join us in person at the GSIG Office or on Zoom.  <b>Meeting ID:</b> 858 5142 0330, <b>Passcode:</b> 051501  <b>Zoom Link:</b> <a href="https://us02web.zoom.us/j/85851420330?pwd=R1lSZFpaVURaMFBCZGF0O Vk1c0dLQT09">https://us02web.zoom.us/j/85851420330?pwd=R1lSZFpaVURaMFBCZGF0O Vk1c0dLQT09</a></p>	

Upcoming Dates Continued:

### **Online (Zoom) 2024 Pre-Conference**

March 13 @ 6:00 pm - 9:00 pm PDT

**When:** March 13th, 2024; 6:00 PM – 9:00 PM

**Where:** Zoom, **Meeting ID:** 944 512 3341

**Passcode:** service

**Zoom Link:** <https://area72aa-org.zoom.us/j/9445123341?pwd=ODJZeDBxNVZaWVdLbnJJeXpib2k0QT09&omn=87254699255>

**One Tap Mobile:**

[tel:+12532158782,,9445123341#,,,,\\*6527563#](tel:+12532158782,,9445123341#,,,,*6527563#)

**Preconference Documents:**

[https://drive.google.com/drive/folders/18AvgW9FJ10A0z\\_Pqo0LG-NqeeP2V22oL?usp=drive\\_link](https://drive.google.com/drive/folders/18AvgW9FJ10A0z_Pqo0LG-NqeeP2V22oL?usp=drive_link)

See Area72aa.org for more information!

### **Seattle Districts 2024 Pre-Conference**

March 16 @ 10:00 am - 4:00 pm PDT

**When:** March 16th, 2024; 10 AM – 4:00 PM

**Where:** Grace Lutheran Church

**Address:** [22975 24th Ave S, Des Moines, WA 98198](#)

Food & Drinks to Be Provided

7th Tradition To Be Observed

Spanish Interpretation To Be Provided

**Preconference Documents:**

[https://drive.google.com/drive/folders/18AvgW9FJ10A0z\\_Pqo0LG-NqeeP2V22oL?usp=drive\\_link](https://drive.google.com/drive/folders/18AvgW9FJ10A0z_Pqo0LG-NqeeP2V22oL?usp=drive_link)

#### **Unity Declaration:**

**“This we owe to A.A.’s future: To place our common welfare first; to keep our fellowship united.  
For on A.A. unity depend on our lives, and the lives of those to come.”**

Opened at 7pm with the Serenity Prayer, Responsibility Declaration, and Reading of short form of Concept II.

**Attendees:** **Katie S**, Secretary, Sisters In Recovery; **Cheryl M**, GSR, A New Experience; **Dean K**, Registrar, Brothers In Recovery; **Debbie W**, GV/Lit Chair, AMAA ZOOM; **Desi H**, Web Chair, TUG; **Patti M**, GSR, Sisters In Recovery; **Rachel T**, Accessibility Chair, Sisters In Recovery; **Guy H**, Alt Treasurer/GSR, OPPN; **Doug W**, Zoom Coordinator, **Rose S**, Alt GSR, Happy Hour Group; **Angela J**, GSR, Reflections; **Bob O**, Alt GSR, TUG; **Claire W**, Events Coordinator, WOTS; **Eric H**, Newsletter/GSR, Edmonds Group; **Glen C**, Treasurer, Gunny Sack Hill; **Greg S**, GSIG Rep, MLT Wed; **Guy H**, Alt Treasurer/GSR, OPPN; **Jan H**, Alt DCM, OPPN; **Jeffy F**, 3<sup>rd</sup> Legacy, TUG; **John M**, Schedules Chair/GSR, Lynnwood Study Group; **Justin D**, Corrections/Alt GSR, MLT Wed; **Kevin H**, Detox, TUG; **Lisa J**, DCM, Sisters In Recovery; **Liz C**, GSR, WOTS; **Mari L**, Alt GV/Lit, Lake City 11<sup>th</sup> Hour; **Palakini H**, GSR, Women Moving Forward; **Phil B**, GSR, We Are Not Saints; **Samuel P**, GSR, Gunny Sack Hill; **Stephanie S**, GSR, MLT Wed; **Terry R**, GSR, TUG; **Tom B**, GSR, AMPM; **Finn S**, Homegroup Treasurer, On Awakening; **Dave O**, GSR, Brothers In Recovery; **Rochelle**, Alt GSR, WOTS; **Dan K**, GSR, On Awakening

**Birthdays:** Tom – 29 years in February, Dean – 35 years in January, Debbie – 5 years in January

Reports:

**Secretary** – Katie S – Motion to approve Meeting Minutes for January made, seconded, and approved.

**Treasurer** – Glen C – Reviewed new format for monthly Treasurer’s Reports moving forward (Page 11 of February Newsletter). The new format is intended to provide easier understanding of how much money District 24 has in their account, the status of our Prudent Reserve and what our monthly expenses were. Brought to our attention our Prudent Reserve is not currently fully funded. Motion to accept the Treasurer’s Report was made, seconded, and approved. Next, presented proposed 2024 Budget with side-by-side comparison of District 24’s 2023 Budget/Actuals (Page 12 of February Newsletter). Motion to accept proposed 2024 Budget was made, seconded, and approved.

**Alt Treasurer** – Guy H: Opened new BECU account, waiting to receive checks. Will be closing Wells Fargo account once BECU checks arrive. May receive one more statement from Wells Fargo before the account is officially closed.

**Accessibility** – Rachel T – Attended Quarterly, full report found in February Newsletter (page 10). The quarterly included speakers from three types of remote communities: language, culture, and geography. Also included updates about the depletion of funds for the VDAC/PDAC committees and discussions on possible solutions. Rachel also shared that Marlene, the Area Accessibilities Chair, will be speaking at next month’s Business Meeting.

**Corrections** – Justin D: Still reaching out to Lynwood jail to learn about opening date. Hasn’t heard back from Commander Dickerson, the contact at the jail, about what literature and/or meeting needs they may have. Hoping to receive a response in near future.

**Web Chair** – Desi H: New website is live: <https://district24.org/>

**CPC** – Debbie B (report read by Katie S): Attended the CPC Quarterly in Poulsbo, hosted by District 10. The guest speaker from Area 38 in Missouri was very savvy with online apps.

and QR Codes. She shared several avenues to be able to carry the message.

More to be revealed. Several professionals were contacted using email and voicemail: Compass Health, Community Health, and Swedish Hospital Behavioral Health.

Hopefully, she will hear back from them. She also attended the Area 72 online CPC workshop with Carlos, our area CPC chair. District 24 CPC now has a panel of four people to do a presentation for professionals. Said District members are welcome to reach out if they’d like to schedule a presentation or if members have any contacts they think would appreciate information on AA ([Dist24cpc@area72aa.org](mailto:Dist24cpc@area72aa.org)). They are setting up their NET in networking. She is hoping we can carry the message to the Alcoholic that still suffers.

**Detox** – Kevin H: Currently has 16 full time volunteers and 20 alternates. Brought up need for an Alt Detox person who can take over the position when he rotates out in October.

**Event Coordinator** – Claire W: Put out fliers for upcoming Gratitude Banquet for in person attendees to take with them. Needs homegroups to either bring a main dish (turkey or ham) or donate items for the raffle. Also asked for those who signed up as volunteers during the previous Business Meeting to please provide her their e-mail addresses so she can coordinate with them. Stated that the most needed volunteer position is help with the food prep and clean up. Currently has one volunteer for that position. Has made reservation for August 3<sup>rd</sup> for the District 24 Picnic. Also shared she will be making the reservation for the 2025 Gratitude Banquet with the church as soon as the 2024 Banquet wraps up to ensure

we secure our preferred date next year. A Member asked what time the picnic will start. Claire stated the event usually starts between 11am-12pm, but that set up begins at 9am.

*Grapevine/Lit Alt* – Mari L: Next Quarterly will be February 17<sup>th</sup> 11-3pm. Will be a hybrid event. Glen asked if there will be a GV/Lit and Archives table at the Gratitude Banquet. Debbie, our GV/LIT Chair, said she was planning to have a table, but wasn't sure about Archives having a table. Debbie asked if she could be provided with a bigger table. Claire said she will see there's one available. Lisa asked Debbie about the table the District had available for her to use, Debbie stated she found it to be too small and would prefer something bigger for the Banquet.

*Greater Seattle Intergroup Rep* – Greg S: Information to report was from the GSIG December meeting due to timing lag between meetings. GSIG approved their 2024 budget. They will once again be open on Mondays. They ended December being \$2431 in the black, closing out 2023 being \$1000 ahead. They received 6 12 step calls, 128 other calls, and 251 chats for a total of 386 points of contact.

*Newsletter* – Eric H: Highlighted several of the fliers found in the February Newsletter.

*Registrar* – Dean K: Asked for new GSR's in the room to go on the Area 72 website and register. To register, go to <https://area72aa.org/> and log in. Then, go to the Resources tab, select Group Information Change Form, then complete and send in the form. This will provide both Dean and Area 72 with a way to send you the necessary information for your service position.

*Schedules* – John M: Approaching next printing date in the beginning of April. District 24 opted to print 1,500 schedules during the last printing. Reported he expects there will be a surplus of leftover schedules by the time of next printing. Asked District if they would like to print the same amount or opt for a smaller order. Motion was made, seconded, and approved to have 1,000 schedules printed in April. Reminded District members volunteers will be needed for the next schedule stapling party which will be at the Sky Valley Snohomish Alano Club on Sunday, April 21<sup>st</sup> between 12-4pm.

*Third Legacy* – Jerry F: Invited District members to join next month's Concept Study, which is held both in person and on Zoom before each month's Business Meeting.

*Zoom Coordinator* – Doug: Apologized for the tech issues with the evening's meeting, anticipated them being ironed for next month's meeting.

*Alt DCM* – Jan H: "Super overwhelmed, have no idea what I'm doing." (You're doing great, Jan!)

*DCM* – Lisa J: Reminded members of the upcoming District Inventory and encouraged all to attend. Shared that she brought printouts of a District Inventory template for in person attendees to take with them, as well as copies of the 2022 District Inventory. Also provided copies of the Discussion Topics for 2024 which were provided at the January Quarterly. Requested that GSR's look them over with their groups and begin giving her feedback. The feedback she receives from groups and District Members can be shared with Area servants and fellow DCM's/Alt DCM's at this year's Quarterlies and the 2024 Assembly. Regarding "dark" meetings in District 24, Lisa has a list of those meetings and requested District members to begin reaching out to them. Also proposed that District 24 put together a bid to host one of the upcoming Quarterlies. A Member asked if the Edmonds Group now meets on Tuesdays. It was confirmed that they do.

#### Old Business:

- Pink Can Funds: Glen shared that he spoke with Lisa, Justin, and Jan and that his homegroup now feels comfortable sending their Pink Can money to GSIG. Motion made, seconded, and approved to send Pink Can Money previously sent to District 24 will be sent to GSIG to be used for their Pink Can Program. Moving forward, District 24 will not be accepting Pink Can funds.

Elections: Kevin nominated Bobby T for Alt Detox Chair. Bobby accepted the nomination and was voted in by District members.

Meeting closed with Responsibility Declaration at 8:25pm



Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) was held in San Francisco, hosted by California Northern Coastal Area 06 and it was amazing! The theme for this year was “Connecting with Love, Unity and Service” and each of the panel topics and presentations were chosen with that in mind. I’ll hit some of the highlights here. Please know I’m available to talk more about any of the events and you can reach out to me anytime!

Panel – 4 **Our Common Welfare Comes First** Francine W. Area 09 (Mid Southern California) spoke on **“Group Inventory at the level of the GSC and GSB”** reminding us that the General Service Board will be doing an inventory soon (questions for that inventory may be coming out in the background report from our Delegate) and we should do our part to be sure that information is distributed quickly so we can participate in the inventory of our General Service Conference. I will pass that information on as soon as I have it.

Panel 5 – **Sponsorship and Carrying the Message** Jessica J. Area 07 (Amador and Calaveras Counties) topic was **“All of us deeply desire to belong – Are more pamphlets the answer?”** Jessica talked about her struggles with depression and at one point being resentful at us “normal alcoholics”. Her connection to the pamphlet - A.A. for Alcoholics With Mental Health Issues she said, saved her life. As she talked about the importance of identifying with that pamphlet, I realized that even though I’m not a doctor and I don’t pretend I can treat or even always relate to these kinds of barriers to recovery, I haven’t always been very tolerant of the struggles they create for others. This is just one example of those struggles and reminds me of the first line of the long form of Tradition 3, “Our membership ought to include all who suffer from alcoholism.” What a great reminder for me!

Panel 6 - **Overcoming the Barriers to Participation** Wayne H. Area 02 (Alaska) presented on, **“Remote Communities – Not all barriers are visible!”** which really was an amazing realization for me. His story about a woman he knew who lived in a remote community with some support and fellowship around her, all of a sudden found herself almost completely alone in that community and in a wheelchair. Well, you may be saying to yourself, that’s **all** about location, but fear kept her there alone for a while having lost her desire and ability to pick up the phone. The realization is it’s about more than internet access and phone numbers. It’s the heart to heart, love and humanity we share for each other.

These are things I love about being in service, and being able to attend events like PRAASA, PNC and even (maybe especially) our Area Quarterlies and Assembly, my mind gets changed! I’m always learning and seeing things from different points of view. Learning again that I do NOT have all the answers is a beautiful thing.

I attended 2 DCM Round Tables this weekend. One on Friday, and another on Saturday and learned, yet again, we have an amazing District! There were several DCM’s from the Pacific Region that asked about several things that came up in our D24 Inventory.

- Connecting with groups in our district that aren’t represented.
- Attracting/connecting with people/groups from other backgrounds.
- Attracting more members for service in our district.

That tells me we are on the right track and asking the right questions. I’m very proud to be part of District 24!

### ***Pacific Region Trustee Report –***

Our Pacific Region Trustee, Reilly K., is a link in the chain between the General Service Conference to us. The Regional Trustee participates yearlong on what’s happening at the General Service Board and communicates with our Delegate who passes the information on to us. The 21 Trustees sit on the many committees at GSO, serving wherever they are needed. In Reillys’ report was,

- **Archives Trustee Committee**
  - There is a request for the budget to increase substantially in the next two years.
- **Trustees Literature Committee**
  - the Plain Language Big Book. Our Delegate will report on that after Conference Week this year.
  - Several pamphlets are in review and creation for updates that may be necessary.

- 12 Steps Illustrated is going to the Literature Committee with understanding it will be revised a bit more.
- The Native North American Pamphlet doesn't have enough stories and they are looking for more.  
**That deadline has been extended to the end of April.**

- The 5<sup>th</sup> edition Big Book wants 150 stories for publication. Ongoing.
- 4<sup>th</sup> edition Spanish Big Book is moving forward.
- The founders' words have been a discussion, and the fellowship has been surveyed and at least a year will be taken for that. I have sent that out, I will resend it so you all can have conversations with your homegroups to give feedback to our Delegate. The message there is we as a fellowship need to have honest discussion and come up with real agenda items, not word by word changes, and then stick with it! Decide on a permanent standard.

- **Money**

- Contributions are good, but expenses are higher. The Pandemic is still affecting us, and the reserves have been utilized to cover some printing and publishing costs. GSO is hopeful the reserves will be replenished by next year.
- Subscriptions generate revenue so please subscribe to the Grapevine.

I will have the recording of Reillys' report within a week and can email to those of you who would like to have it.

I'm so grateful I was able to attend this year and represent District 24. Thank you for letting me be of service!

Lisa J., DCM District 24

## Archive's Quarterly Report: From Joyce B.

Archivists from Washington area 72 were treated to a special presentation at their annual quarterly on February 3<sup>rd</sup> at the Greater Seattle Intergroup. Mike and Linda, archivists from Louisville Ky., shared their presentation on digitalizing oral histories. Their Zoom presentation began with using GSO's oral history kit, with some revisions. They purchased a Sony ICD-PX470 digital recorder with a USB to upload to a computer. Area 72 archives is very interested in their use of Audacity software to edit tapes (cassettes & CDs) and recordings. Audacity saves those recordings to MP3 files. Linda and Mike also use Sound byte software to store, label and organize recordings. That file system looks very much like the menu of an old jukebox. All of those files are saved anonymously (no internet), and do not require a CD player. Linda and Mike then took us on Zoom tour of the Louisville archives. You can also see that at [Archives@louisville.org](mailto:Archives@louisville.org).

While the various district archives are fairly consumed with the distribution and sales of OSD3, there was some other news. Area 72 Archives has started a Memorial Book with information about members we have lost but not forgotten. You are encouraged to send them any and all information on past members so they can build that book. Both PRAASA and PNC are coming up, which we participate in as well.

Twelve district archivists attended this quarterly in person and 19 more on Zoom. The next archives quarterly will be held in Tacoma at CSO where, among other things, we will discuss the current guidelines for hosting quarterlies, specifically how to plan for an unknown amount of people at the quarterlies and who buys food.

## CPC's Quarterly Report: From Debbie B.

District 24 CPC Debbie B. 360-914-0865 February 7, 2024

- I'm happy to report, I attended the CPC Quarterly in Poulsbo, hosted by District 10.
- The guest speaker from Area 38 in Missouri was very savvy with online apps. and QR Codes. She taught us several avenues to be able to carry the message. More to be revealed.
- Several professionals were contacted using email and voicemail:
- CompassHealth, Community Health and Swedish Hospital Behavioral Health. Hopefully, I will hear back from them.
- I attended the Area 72 online CPC workshop with Carlos, our area CPC chair.
- District 24 CPC now has a panel of four people to do a presentation for professionals. Feel free to call us. If you have any contacts that you think would appreciate information on AA, let us know.
- We are setting up our NET in networking. Hopefully we can carry the message to the Alcoholic that still suffers.

## Event Coordinator's Report: From Claire W.

As I'm writing this message, I have tears of gratitude for everything that took place on Saturday, February 24. This was the best one yet and I have so many people to thank for the experience. So many, that I can't and won't mention names for fear of leaving some out. I will mention a few, though. Thanks to Tom L. for his assistance with pre-planning and purchasing the food. Thanks to Dave W., and Guy H., for getting up there for announcements and MC'ing. Thanks to Greg S. (AA), and Penny W. (AI-Anon), for sharing their experience, strength, and hope with all of us. It's stories like theirs that keep me coming back for more.

I want to thank everyone who came to the Gratitude Banquet for food, fellowship and to possibly win a Raffle prize. But I especially want to thank those individuals who volunteered to help out throughout the evening. This Banquet could not have taken place without every one of you who take Service Work seriously and "get 'er done." I found out early that it is a great way to get out of myself and my problems and focus on others. Offering to help out is the ultimate Spiritual Experience (in my humble opinion).

Many, many thanks!

**Treasurer's Report**

**Bank Stmt / Prudent Reserve Report 1/18/24 thru 2/20/24**

Checking		Savings	
Beginning Balance	4,448.28	Beginning Balance	1,344.89
Deposits/Credits	2,995.01	Deposits/Credits	-
Withdrawals/Debits	(698.43)	Withdrawals/Debits	(1,344.89)
Ending Balance	6,744.86	Ending Balance	-
<b>Total Assets</b>			<b>6,744.86</b>

**CHECKING DEPOSITS / CREDITS**

Received From	Group ID	Deposit Date	Amount	Check/MO #	Comments
Gunny Sack Hill	178910	1/26/2024	285.28		Pink Can
BECU Checking Interest		2/9/2024	0.01		
WF Savings Acct Transfer		2/13/2024	1,344.89		
New Beginning	9160	2/14/2024	8.00	1608	
Gunny Sack Hill	178910	2/14/2024	985.00	1807	
Gunny Sack Hill	178910	2/14/2024	229.00	1807	Pink Can
TUG	177017	2/14/2024	15.47	5552	
TUG	177017	2/14/2024	3.36	5557	
Way of Life	658788	2/14/2024	30.00	1168401990	
Cheryl W.		2/14/2024	50.00	4268	
Astri T.		2/14/2024	44.00	9654	
<b>Total Deposits/Credits</b>			<b>2,995.01</b>		

**CHECKING WITHDRAWALS / DEBITS**

Paid To	Check/MO #	Deposit Date	Amount	Comments
Alderwood Safe Storage	Debit #4509	1/22/24	72.00	Storage Unit
Winco Foods	Debit #5002	1/29/24	23.70	
Claire W	3287	2/1/24	115.08	Gratitude Dinner Flyers
WWA72 April Business Qtrly	Debit #6004	2/11/24	35.00	Lisa's registration fee
D24 Checks	External W/D	2/13/24	20.75	BECU Checks
Claire W	101	2/15/24	31.90	Gratitude Dinner Big Books
Claire W	102	2/15/24	400.00	Edmonds City Park Picnic Reservation
<b>Total Withdrawals/Debits</b>			<b>698.43</b>	

**SAVINGS DEPOSITS / CREDITS**

Received From	Check/MO #	Deposit Date	Amount	Comments
-				
No Activity for this period				
<b>Total Deposits/Credits</b>			-	

**SAVINGS WITHDRAWALS / DEBITS**

Paid To	Check/MO #	Deposit Date	Amount	Comments
-				
No Activity for this period				
<b>Total Withdrawals/Debits</b>			-	

**PRUDENT RESERVE REPORT**

Category	Sub Category	Sub Total	Total	Comments
Total Assets	Checking	6,744.86		
	Savings	-	6,744.86	
Restricted Funds	Pink Can	(2,108.83)		2023 Funds = \$1594.55
	Scholarship	(239.20)	(2,348.03)	2023 Funds = \$239.20
Prudent Reserve Goal	100% Expense	(4,490.00)		Anticipated Expenses Funded @ 100%
	25% Expense	(1,895.66)	(6,385.66)	Anticipated Expenses Funded @ 25%
<b>Prudent Reserve +/-</b>			<b>(1,988.83)</b>	

**Budget vs Actuals**

	<b>2024 Budget</b>	<b>January</b>	<b>February</b>	<b>2024 Actuals</b>	<b>Remaining Budget</b>
<b>INCOME</b>					
Homegroups & Private Donations		479.55	1,135.83	1,615.38	
Donations to Assembly Scholarship				-	
Pink Can			514.28	514.28	
Checking & Savings Accts Interest / Transfers		0.12	1,344.90	1,345.02	
<b>TOTAL INCOME</b>	<b>-</b>	<b>479.67</b>	<b>2,995.01</b>	<b>3,474.68</b>	
<b>EXPENSES</b>					
<b>EXPENSES FUNDED @ 25%</b>					
Accessibilities	40.00			-	40.00
Archives	200.00			-	200.00
Coffee Maker	50.00			-	50.00
Cooperation w/ the Professional Community	150.00			-	150.00
Corrections	110.00			-	110.00
Detox Chair	40.00			-	40.00
District Committee Member / Alt D.C.M.	3,000.00		35.00	35.00	2,965.00
Grapevine & Literature	40.00			-	40.00
Public Information	40.00			-	40.00
Registrar	20.00			-	20.00
Schedules Chair	40.00			-	40.00
Secretary	-			-	-
Third Legacy	40.00			-	40.00
Treasurer / Alt Treasurer	30.00			-	30.00
Treatment / Bridging the Gap	150.00			-	150.00
Web Master	40.00			-	40.00
Young People's Representative	40.00			-	40.00
Zoom Coordinator	40.00			-	40.00
District Meeting Rental Fee	900.00			-	900.00
Newsletter Printing Costs	720.00			-	720.00
P.O. Box Yearly Rental Fee	220.00			-	220.00
Storage Unit Rental Fee	867.00	72.00	72.00	144.00	723.00
Website Hosting Fee	240.00			-	240.00
Zoom Annual Subscription Fee	165.64			-	165.64
Miscellaneous Fund	400.00	429.29	44.45	473.74	(73.74)
7th Tradition Donations (Splits)	-			-	-
<b>SUB-TOTAL EXPENSES</b>	<b>7,582.64</b>	<b>501.29</b>	<b>151.45</b>	<b>652.74</b>	
<b>PRUDENT RESERVE @ 25%</b>	<b>1,895.66</b>				
<b>EXPENSES FUNDED @ 100%</b>					
Cost of Printing Schedules	1,300.00			-	1,300.00
D24 Annual Picnic	1,000.00		400.00	400.00	600.00
D24 Gratitude Dinner	1,240.00		146.98	146.98	1,093.02
Evergreen State Fair Contribution	250.00			-	250.00
Host a Quarterly Funding	700.00			-	700.00
<b>SUB-TOTAL EXPENSES</b>	<b>4,490.00</b>	<b>-</b>	<b>546.98</b>	<b>546.98</b>	
<b>PRUDENT RESERVE @ 100%</b>	<b>4,490.00</b>				
<b>TOTAL EXPENSES</b>	<b>12,072.64</b>	<b>501.29</b>	<b>698.43</b>	<b>1,199.72</b>	
<b>PRUDENT RESERVE TOTAL</b>	<b>6,385.66</b>				
<b>NET INCOME</b>		<b>(21.62)</b>	<b>2,296.58</b>	<b>2,274.96</b>	



# NORTH DISTRICT'S PRE-CONFERENCE

A Pre-Conference is a meeting of GSRs, all interested members of Area 72, our delegate, Crystal, and Courtney, your Alternate Delegate. The purpose is for the Delegate to communicate with the General Service Representatives (and through them the groups) about agenda items which will be addressed at the General Service Conference being held April 14-20, 2024, in Brooklyn, New York.

## Districts 2, 3, 4, 11, 12, 19, 24, 46 & 57

- GSRs encouraged to attend.
- All Members welcome.
- Funded by 7<sup>th</sup> Tradition @ event.
- Bring snacks to share!

March 09th, 2024  
with Area 72 Delegate Crystal S

**PUD Building**  
**1415 Freeway Dr.**  
**Mount Vernon**

10:00A to 2:30 (doors open@ 9A)

PRE-CONFERENCE HYBRID INFO:  
ID 92258011108  
PW Service3

After you attend pre-conference  
Share group conscience w/ Crystal  
on Zoom ID: 9445123341 PW: Service  
4/7/24 @ 6:30 PM OR via email  
([delegate@area72aa.org](mailto:delegate@area72aa.org)) by 4/7/24

\*\*\*Contact your district DCM for more information & opportunities to volunteer

## Announcing Our Delegate Crystal's 2024 Concept Study

*"We, the members of the Twentieth Anniversary Convention of Alcoholics Anonymous, here assembled at St. Louis in July of the year 1955, declare our belief that our Fellowship has now come of age and is entirely ready to assume full and permanent possession of the Three Legacies of our A.A. inheritance — the Legacies of Recovery, Unity and Service."*

Join our host Crystal and her friends from the Conference from around the country as they guide us through each of the Twelve Concepts...



The "Twelve Concepts for World Service" describes the "why" of our service structure in such a fashion that the highly valuable experience of the past, and the lessons we have drawn from that experience, can never be forgotten or lost.

**First Wednesday of every month  
5:30 p.m. (Pacific Time)**

**8:30 p.m. ET / 7:30 p.m. CT / 6:30 p.m. MT**  
Meeting ID: 944 512 3341

Passcode: service

Room Opens 15 minutes before

Questions please contact: Aimee B at [dcm3@area72aa.org](mailto:dcm3@area72aa.org) or  
Derek S. at [treasurer@area72aa.org](mailto:treasurer@area72aa.org)

## PACIFIC REGIONAL FORUM

July 12-14, 2024

Westgate Resort & Casino Las Vegas, NV

You are invited to the Pacific Regional Forum!

### PURPOSE OF REGIONAL FORUMS

- Regional Forums are hosted by the A.A. General Service Board and "open" to all A.A. members or to anyone interested in A.A.
- Regional Forums are designed to enhance trust and communication between A.A. members, the General Service Board, staff and Directors from the General Service Office and AA Grapevine.

### PROGRAM

- Your Pacific Regional Trustee will moderate the event. You will also hear from General Service Office Staff Members, the General Manager, General Service Board Trustees, AA Grapevine Inc. Publisher and Staff, A.A. World Services, Inc. Director, your region's Delegates, and past trustees.
- There will be presentations, workshops, panels, and more. There will also be sharing sessions to allow for comments and questions. A sample program is posted on [aa.org](http://aa.org) under the Regional Forums tab.
- The event will take place on Friday from 6:30 p.m. through Sunday 12 p.m.

### REGISTRATION

- Registration is FREE and will open online at [www.aa.org](http://www.aa.org) on **May 13, 2024**.
- All registration information is confidential and will not be used for anything except communicating about the event and sending the digital Final Report.
- Pre-registration is encouraged, and on-site registration will be available.
- Spanish interpretation will be provided.

### HOTEL INFORMATION

Westgate Resort & Casino  
3000 Paradise Rd, Las Vegas, NV 89109

- **Method of Reservation:** Group code: SAAPR4R
- Hotel reservations: <https://book.passkey.com/go/SAAPR4R> or by Phone at (888) 796-3564
- **June 20, 2024** is the room reservation deadline.
- Rate: Double Occupancy, \$109-\$209 per night US or Canadian
  - To receive the group rate, reference the event.

**We look forward to seeing you in Las Vegas!**

## AAGRAPEVINE

### THE GRAPEVINE AND LA VIÑA APPS

Help us spread the word that the Grapevine and La Viña apps are here. Please forward to others in AA service and to all your AA friends.

Members can download the apps for free from the Apple App Store for iPhone, or from Google Play for Android.



Subscribe to the digital magazine and archive for \$2.99 per month or \$29.99 per year.

With a subscription, members can read the new magazine each month, explore the Grapevine or La Viña archive, send stories to friends, listen to the audio of each article in the magazine, listen to the podcast, enter your own sobriety date for a daily calculation, build your own spiritual maintenance daily checklist, and much more.

On your phone or tablet, go to the Apple App Store or Google Play, and search for "Grapevine" or "La Viña." Tap download...



To learn more, visit [www.aagrapevine.org/apps](http://www.aagrapevine.org/apps)

For more information, please contact the Regional Forums Staff Coordinator, at [regionalforums@aa.org](mailto:regionalforums@aa.org) or call (212) 870-3120

# Online (Zoom) Pre-Conference

A meeting of GSRs and all other interested members of Area 72 with their Delegate and Alt Delegate, to communicate about the agenda items of the 2024 General Service Conference

March 13th, 2024

6:00 PM - 9:00 PM

ID: 944 512 3341; PC: service

Zoom Link:

<http://tinyurl.com/a72p74opc>

Share group conscience  
w/ Crystal 4/7/24 @ 6:30  
PM on [Zoom \(ID: 944 512  
3341; PC: service\)](#) OR via  
email by 4/7/24  
([delegate@area72aa.org](mailto:delegate@area72aa.org))

Pre-Conference Documents:

<http://tinyurl.com/a72p74pcd>

# Seattle Districts Pre-Conference

A meeting of GSRs and all other interested members of Area 72 with their Delegate and Alt Delegate, to communicate about the agenda items of the 2024 General Service Conference

March 16th, 2024

10:00 AM - 4:00 PM

Grace Lutheran Church

22975 24th Ave S, Des

Moines, WA 98198

Share group conscience  
w/ Crystal 4/7/24 @ 6:30  
PM on [Zoom \(ID: 944 512  
3341; PC: service\)](#) OR via  
email by 4/7/24  
([delegate@area72aa.org](mailto:delegate@area72aa.org))

Food & Drink Provided,  
7th Tradition To Be Observed,  
Spanish Interpretation Provided

Pre-Conference Documents:

<http://tinyurl.com/a72p74pcd>

New AA meeting starting March 4<sup>th</sup>  
@ the Lynnwood Alano Club  
4001 198<sup>th</sup> St SW, Lynnwood, WA 98036

Daily Reprieve  
5:30 - 6:30 AM  
Mon. thru Fri.



Start off your day with a  
simple spiritual practice.

The format for this meeting is:

- Serenity Prayer
- AA Preamble
- On Awakening (BB pp. 86-87)
- Meditation period
- AA Daily Reflection
- Open discussion
- AA Responsibility Statement
- Serenity Prayer

Need more secretaries & homegroup members.  
Talk to Glen C. or James L. for more information!

Serving Districts: 2,3,12,19,24 & 57

## April 2024 Snohomish County Stapling Party

April 21<sup>st</sup>, noon - 4 PM

Sky Valley Snohomish Alano Club

Located at 625 Ford Street  
Snohomish, WA 98290



WASH YOUR HANDS FOR A

Finger Food Potluck!

Please bring your favorite snack foods, *hors d'oeuvres*,  
or dessert!

Questions please call 425-231-2275



ALSO PLEASE HAVE ALL UPDATES FOR  
THE SCHEDULES BY MARCH 13TH



# Pacific Northwest Conference

June 21 - 23, 2024

Please print clearly, using one form for each person and mail before June 1st

Name _____	Area _____
Address _____	Service Position
City _____ State _____ Zip _____	<input type="checkbox"/> GSR/Alt GSR
Phone _____	<input type="checkbox"/> DCM/Alt DCM
E-Mail _____	<input type="checkbox"/> Area Officer
Attending	<input type="checkbox"/> Area Committee
<input type="checkbox"/> Virtual	<input type="checkbox"/> Delegate/Past Delegate
<input type="checkbox"/> In person	<input type="checkbox"/> Trustee/Past Trustee
<small>Zoom login will be emailed to you closer to the time of the event.</small>	<input type="checkbox"/> AA Member
Accessibility Needs	<input type="checkbox"/> AI-Anon
<input type="checkbox"/> ASL Interpretation	
<input type="checkbox"/> ESP Interpretation	
<input type="checkbox"/> Other _____	

<b>Event and Meal Registration</b>	
Registration \$ 37.00 (Virtual & In person)	\$37.00
<b>Meal</b>	
Saturday Dinner	\$37.00 = _____
Choice of Tri-Tip or Chicken	
Green Salad, Baked Beans	
Smoked Mac & Cheese	
Coffee Cup	\$8.00 = _____
Add'l Contribution (goes towards scholarships and interpretation)	= _____
TOTAL	_____

Please make check / money order out to PNC 2024 and send to:  
**PNC 2024**  
 1178 3rd Ave N.  
 Okanogan, WA 98840

**Hotel Information**  
 Red Lion Hotel  
 1225 N. Wenatchee Ave,  
 Wenatchee, WA 98801  
**(509) 663-0711 then #0**  
**Room cost \$160/night**  
**Group Rate under PAC 10621**  
**Reserve before 6/3/2024**

The PNC is the oldest continuing service conference in North America.

Skip the mail and register online at [www.pnc1948](http://www.pnc1948)  
 Questions: pncchair@area92aa.org  
 Scholarship info: pncreg@area92aa.org



# Conferencia del Noroeste del Pacífico

21 - 23 de junio de 2024

Por favor imprima claramente, usando un formulario para cada persona y envíelo por correo antes del 1 de junio.

Nombre _____	Área _____
DIRECCIÓN _____	Puesto de servicio
Ciudad _____ Estado _____ Cremallera _____	<input type="checkbox"/> RSG/RSG alterno
Teléfono _____	<input type="checkbox"/> MCD/MCD alterno
Correo electrónico _____	<input type="checkbox"/> Oficial de Área
Asistiendo	<input type="checkbox"/> Comité de Área
<input type="checkbox"/> Virtual	<input type="checkbox"/> Delegado/Ex Delegado
<input type="checkbox"/> En persona	<input type="checkbox"/> Fideicomisario/Fideicomisario anterior
Necesidades de accesibilidad	<input type="checkbox"/> Miembro de AA
<input type="checkbox"/> Interpretación ASL	<input type="checkbox"/> AI-Anon
<input type="checkbox"/> Interpretación ESP	
<input type="checkbox"/> Other _____	

<b>Registro de eventos y comidas</b>	
Registro \$37.00 (Virtual y Presencial)	\$37.00
<b>Comida</b>	
cena del sábado	\$37.00 = _____
Elección de ensalada verde con pollo o Tri-Tip, frijoles horneados, macarrones con queso ahumados	
Taza de café	\$8.00 = _____
Contribución adicional (se destina a becas e interpretación)	= _____
TOTAL	_____

Haga un cheque o giro postal a nombre de PNC 2024 y envíelo a:  
**PNC 2024**  
 1178 3rd Ave N.  
 Okanogan, WA 98840

**Información del hotel**  
 Red Lion  
 1225 N. Wenatchee Ave,  
 Wenatchee, WA 98801  
**(509) 663-0711 then #0 1**  
**Costo de la habitación \$160/noche Tarifa grupal bajo PAC 10621**  
**Reserva antes del 3/6/2024**

La PNC es la conferencia de servicio continuo más antigua de América del Norte.

Salta el correo y regístrate en línea en [www.pnc1948](http://www.pnc1948)  
 Preguntas: pncchair@area92aa.org Información de becas: pncreg@area92aa.org

