

DISTRICT 24 NEWSLETTER October 2024!!

www.district24.org



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CONCEPT X

Every service responsibility should be matched by an equal service authority – the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

RESPONSIBILITY DECLARATION	DECLARATION of UNITY
I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.	This we owe to A.A.’s future: to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.
District 24 PO Box 439 Lynnwood, WA 98046	Greater Seattle Intergroup 5507 6 th Ave S. Seattle, WA 98108
Western WA Area 72 Treasurer 1901 Cornwall Ave #745 Bellingham, WA 98225	General Service Office PO Box 2407 James A Farley Station New York, NY 10116-2407

District Committee Chairs and Contacts

ACCESSIBILITY CHAIR	Rachel T. / Alt: Rita N.	Dist24accessibility@area72aa.org
ARCHIVES CHAIR	Joyce B. / Alt: Open	Dist24archives@area72aa.org
CORRECTIONS CHAIR	Justin D. / Alt: Open	Dist24corrections@area72aa.org
CPC CHAIR	Debbie B. / Alt: Open	Dist24cpc@area72aa.org
DETOX CHAIR	Kevin H./ Alt: Bobby T.	Dist.24.detoxchair@gmail.com
EVENT COORDINATOR	Claire W. / Tamara B.	Dist.24events@yahoo.com
GRAPEVINE/LIT. CHAIR	Debbie W./ Alt: Mary	Dist24gvlit@area72aa.org
GSIG CHAIR (Greater Seattle Intergroup)	Greg S.	Dist.24gsigrep@gmail.com
NEWSLETTER CHAIR	Eric H. / Alt. Open	Dist.24.newsletter@gmail.com
PUBLIC INFO CHAIR	Jeff K. / Alt Jacob W.	Dist24pi@area72aa.org
RECORDING SECRETARY	Katie S. Alt. Open	Dist24secretary@area72aa.org
REGISTRAR	Dean K. / Alt: Open	Dist24registrar@area72aa.org
SCHEDULE COMMITTEE	John M. / Alt: Open	Dist.24schedules@yahoo.com
THIRD LEGACY CHAIR	Jerry F.	Dist24thirdleg@area72aa.org
TREATMENT CHAIR	Tammy K. / Alt: Open	Dist24treatment@area72aa.org
TREASURER	Glen C.	Dist24treasurer@area72aa.org
ALT TREASURER	Open	dist24altrtreasurer@area72aa.org
WEB SERVANT CHAIR	Desi H / Alt: Open	Dist24web@area72aa.org
YOUNG PEOPLE'S CHAIR	OPEN / Alt: Open	Dist24yp@area72aa.org
ZOOM COORDINATOR	Doug W.	Dist.24.zoomhost@gmail.com
ALT ZOOM COORDINATOR	OPEN	Dist.24.altzoomhost@gmail.com
DCM	Lisa J.	Dcm24@area72aa.org
Alt. DCM	Jan H.	Altdcm24@area72aa.org

Please email Dist.24.newsletter@gmail.com for corrections to District Committee contact names or email.

Join us for our **Third Legacy presentation potluck**, the
1st Wednesday of every month at 6PM.

We will be discussing the Concepts as well as reading and discussing the
AA Service Manual. Bring your favorite dish to share, ***and then...***

Join us for our District 24 business meeting, the **1st Wednesday of every month.**

LOCATION!

**St. Hilda's Episcopal Church
15224 52nd Ave W
Edmonds, WA 98026**

...and on Zoom

Meeting ID: 827 3971 4442 / Password: 441729

This month's Area 72 quarterlies and events go to

<https://area72aa.org/events>

Also: See pages 5-6

AA Meetings – Hybrid, Zoom and In-Person

<https://area72aa.org/meetings>

Don't Forget to Check Out our New "District 24 Website"

<https://district24.org>

District 24 Business Meeting Agenda for October 2ND, 2024

October 2, 2024, at 7:00 PM

ZOOM MEETING

<https://us02web.zoom.us/j/82739714442pwd=aDk0eENIMlpSVERwUWdHelRPNjVJUT09>

Meeting ID: 827 3971 4442 / Password: 441729

Open with the Serenity Prayer:

God, grant me the serenity, to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference.

Responsibility Declaration:

I am responsible. When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Reading of short form Concept X: **Every service responsibility should be matched by an equal service authority – the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.**

Birthdays: October?

Open Service Positions: Alt. Archives – Alt. CPC – Young Peoples/Alt. – Alt Zoom – Alt. Secretary – Alt Correction Alt. Registrar – Alt. Schedules – Alt. Third Legacy? – Alt. Treatment – Alt. Web Chair – Alt. Newsletter

Presentation: None

New Business: Terry S. (January Quarterly), **Elections for all Positions!!**

Old Business:

GSR Check In/Reports:

District Chair Reports:

Secretary – Katie S – *motion to approve Meeting Minutes

Treasurer – Glen C. - *motion to approve Treasurer's report.

Alt Treasurer – Open

Accessibility – Rachel T

Archives – Joyce B

Corrections – Justin D – **Quarterly Report**

CPC – Debbie B.

Detox – Bobby T.

Event Coordinator – Claire W

Grapevine/Lit – Debbie W. – **Quarterly Report**

Greater Seattle Intergroup Rep – Greg S

Newsletter – Eric H

PI - Jeff K

Registrar – Dean K

Schedules – John M

Third Legacy – Jerry F

Treatment – Tammy K

Web Chair – Desi H

Young People's – Open

Zoom Coordinator – Doug

Alt DCM – Jan H

DCM – Lisa J

Close with the Unity Declaration

District 24 Business Meeting Agenda for October 2, 2024, Continued

Contact dcm24@area72aa.org if you want to add new agenda items to this list.

Upcoming Dates:

<p>Area 72 Service Manual Study (Hybrid) When: Oct. 6TH Time: 11:00am-1:00pm Where: GSIG: 5507 6TH Ave S, Seattle, WA 98108 Meeting ID: 863 6483 7688, Passcode: 022841</p>	<p>Area 72 Assembly (Hybrid) When: Oct 4TH – Oct 6TH Where: Hotel Murano, Tacoma WA. 1320 Broadway, Tacoma WA 98402 Zoom Details: emailed to registered online participants.</p>
<p>2024 Delegate’s Concept Study When: First Wednesday of Every Month at 5:30 PM (Pacific Time) (Zoom Opens at 5:15 PM) Where: Zoom Meeting ID: 944 512 3341, Passcode: service Questions: Aimee B at dcm3@area72aa.org or Derek S. at treasurer@area72aa.org</p>	<p>Corrections into Actions Meeting Every Saturday, 9:00 am to 10:00 am on Zoom Meeting ID: 893 2268 0013, Passcode: 246170 Room Opens at 8:30 AM Contact: Andrew M corrections@area72aa.org</p>
<p>CPC Literature Study (Going over CPC Workbook) When: First Monday of Each Month (Oct 7th) Time: 6:00pm – 7:00pm Meeting ID: 374 583 0198 PW: 466714 Direct Dial: 1-253-215-8782</p>	<p>2024 Delegate’s Concept Study When: First Wednesday of Every Month at 5:30 PM (Pacific Time) (Zoom Opens at 5:15 PM) Where: Zoom Meeting ID: 944 512 3341, Passcode: service Questions: Aimee B at dcm3@area72aa.org or Derek S. at treasurer@area72aa.org</p>
<p>Area 72 October 2024 Treatment Quarterly When: Saturday, Oct. 12TH Additional Details: To Be Determined.</p>	<p>Area 72 October Accessibility Quarterly When: Saturday, Oct. 19TH Additional Details: To Be Determined.</p>
<p>Area 72 October 2024 Technology & Web Quarterly When: Saturday, October 19th, 2024; 10AM-12PM Where: Zoom Meeting ID: 832 2592 8010, Passcode: 265796</p>	<p>Area 72 October 2024 Young People’s Quarterly Hosted by District 24!! When: Sunday, Oct 27th, 2024; 11:30 AM – 4:00 PM Where: Hybrid In-Person: Lynwood Alano Club (New Location) Address: 3717 196th St SW, Lynnwood, WA 98036 Online: Zoom Meeting ID: 857 1239 2593, Passcode: 771851</p>
<p>Tradition Study by GSIG Third Legacy Committee (Hybrid) When: Oct. 22ND 7-9pm Where: GSIG: 5507 6TH Ave S, Seattle, WA 98108 Meeting ID: 858 5142 0330, Passcode: 051501</p>	

Unity Declaration:

“This we owe to A.A.’s future: To place our common welfare first; to keep our fellowship united.
For on A.A. unity depend on our lives, and the lives of those to come.”

Opened at 7pm with the Serenity Prayer, Responsibility Declaration, and reading of short form Concept IX.

Attendance was not taken because of Service Position Speed Dating event.

Birthdays: Angela 7 years, Richard 5 years

Presentation: Jerry F. (Area 72 Secretary), Courtney S. (Alt Delegate), Alan F. (Past Delegate) shared about their experience doing service beyond the group level.

Event: Speed Dating Extravaganza!

New Business:

- Motion was made, seconded and approved to hold District 24 elections in October instead of November.
- Quarterly Committee Chair Terry S: Will need volunteers to help with event. Area January Quarterly will be at the Embassy Suites. Greg has stepped forward to be the Volunteer Chair for the event, and Liz will be the Registrar.

District Chair Reports:

Secretary – Katie S – Motion made, seconded and approved to accept August's Meeting Minutes. Also shared that moving forward, basic information about meetings given in GSR reports (location, time, open vs closed, etc.) will no longer be included in the meeting minutes unless that information has changed.

Treasurer – Glen C. – Treasurer's report found on page 11 of the September Newsletter. Motion made, seconded and approved to accept the Treasurer's report.

Archives – Joyce B – Quarterly report found on page 10 of the September Newsletter. Highlighted that Archives needs volunteers to staff the Archives room at Assembly.

Detox – Bobby T. – Needs volunteers, please contact him at dist.24.detoxchair@gmail.com if you are interested.

Greater Seattle Intergroup Rep – Greg S – GSIG will be looking to fill several positions, including Chair and Secretary. Members can contact Greg at dist.24gsigrep@gmail.com if they would like to make themselves available to be of service. Reported they are in the black this month. Also reported that the picnic went well.

Newsletter – Eric H – Shared that he kept the discussion topics for the Assembly in the September newsletter if any GSRs needed to refer to them to share with their homegroups.

Schedules – John M – Asked for Members to vote whether to order 1500 or 1700 schedules for next printing. Motion was made, seconded and approved to order 1500 schedules. John left an invoice with Glen so that the schedule order can be placed.

Young Peoples - Desi H – Highlighted that the YP's Quarterly hosted by District 24 will be the last Sunday in October at the LAC. She shared that the Quarterly will most likely be focused on updates about the GSO YP video project.

Closed at 8:40pm with the Unity Declaration

1) Discussion Topic #3: Assembly Excess Funds Background by Derek Area 72 Treasurer

The 2023 Area Assembly resulted in Assembly Excess Funds of \$10,581.17. The Area Treasurer then reported to the Finance Committee and the Area Chair year end results. It was suggested by the Finance Committee and the Chair that perhaps a discussion should ensue at this Quarterly about the use of these funds in the future. There has been discussion at past Area Events about excess funds and Assembly registration fees.

The instruction in the Area Handbook pertaining to Assembly Excess Funds is in Motion 18.1 that reads: “...On December 31st of each year, the Area Treasurer will calculate the excess funds from cash balances, including any excess funds from the current year’s assembly and contribute the excess funds to the General Service Office.”

Does the Area body wish to change or divert the use of the Assembly Excess Funds, or a portion thereof, to apply towards future assemblies to lower the cost of those assemblies if possible or some other Assembly related use (or continue with historical practice)? (Average excess funds in last 14 years = 5,272 dollars) (7% of Assembly cost).

2) Ad Hoc Committee: Area 72 business schedule by Area 72 Alt. Chair – Eddy M.M.

General Service Conference Submissions Solution (GSCSS) Ad Hoc Committee has met for 7 months, and we were considering solutions to allow Area 72 Group Service Representatives to fully participate in the Conference process, contributing to the unity of Alcoholics Anonymous as a whole.

We started by gathering all the ideas and solutions proposed by different sources, including past ad hoc committees, research findings, and input from delegates. In our research we reviewed past ad hoc committees’ data going back to 1992 including having a 2nd Assembly. Due to that research this committee did not feel it’s a direction Area 72 wanted to go. We explored what other areas in the Pacific Region are doing in relation to the issues or challenges being addressed. This provided valuable benchmarking information and helped identify innovative approaches. We summarized information from the 73rd Annual Conference Final Report and data gathered from other regional Delegate Areas about their Assembly schedule. We engaged with past and current Delegates to gather their perspectives, insights, and experiences. Their input provided us with valuable context and helped ensure that our recommendation was informed by a diverse range of experience and viewpoints.

The committee reached a consensus about the following recommendation:

Shift Dates of Area Committee Meetings and Assembly as follows:

January Quarterly: No change.

April Quarterly: Shifted to March (consideration to avoid conflict with PRAASA)

July Quarterly: Shifted to June (consideration to avoid conflict with PNC)

October Area Assembly: Shifted to September (consideration to avoid Labor Day Weekend)

3) Area Newsletter

The Area newsletter is a valuable communication tool: its value is limited only by the participation from submissions and readership. Is the current delivery method (snail mailed hard copy) of the newsletter worth the financial impact it has on our Area?

The Ad Hoc Committee reported the following as it relates to content, format and frequency issues:

- Prior surveys indicate the desire and need to continue both print version and web
 - Remote communities/no internet accessibility
 - Elderly/non-tech/no accessibility
 - Newsletter belongs to AA groups
- Opting out creates problems due to GSR rotation
 - Incoming might not know prior opted out for example
- Bulk mailing
 - Distribution minimum, currently 1000 copies

Ad Hoc committee recommends continuing printed and web versions. Ad Hoc committee explored and researched various format and editing software to improve esthetics.

Is the current format and distribution of the Area Newsletter an effective method for communicating with home groups? Does your Home Group have any concerns about the amount of funds currently spent on printing and mailing? (2024: Printing \$9,192, Distribution 1355 newsletters). (\$0.87 per copy)

Treasurer's Report

	2024 Budget	June	July	August	September	2024 Actuals	Remaining Budget
INCOME							
Homegroups & Private Donations		1,898.96	404.68	614.86		8,008.01	
Assembly Scholarship				(45.00)		(45.00)	
Pink Can						514.28	
Checking / Savings		0.47	0.38	0.36	0.31	1,348.18	
TOTAL INCOME	-	1,899.43	405.06	570.22	0.31	9,825.47	
EXPENSES							
EXPENSES FUNDED @ 25%							
Accessibilities	40.00	30.00				30.00	10.00
Archives	200.00					29.64	170.36
Coffee Maker	50.00					-	50.00
CPC	150.00					20.98	129.02
Corrections	110.00					-	110.00
Detox Chair	40.00					-	40.00
D.C.M. / Alt D.C.M.	3,000.00	205.26		242.00		975.90	2,024.10
Grapevine & Literature	40.00					-	40.00
Public Information	40.00					-	40.00
Registrar	20.00					-	20.00
Schedules Chair	40.00					-	40.00
Secretary	-					-	-
Third Legacy	40.00					-	40.00
Treasurer / Alt Treasurer	30.00					-	30.00
Treatment / Bridging the Gap	150.00					-	150.00
Web Master	40.00					-	40.00
Young People's Representative	40.00					-	40.00
Zoom Coordinator	40.00					-	40.00
District Meeting Rental Fee	900.00		850.06			850.06	49.94
Newsletter Printing Costs	720.00					65.07	654.93
P.O. Box Yearly Rental Fee	220.00			232.00		232.00	(12.00)
Storage Unit Rental Fee	867.00	72.00	72.00	72.00	72.00	720.00	147.00
Website Hosting Fee	240.00					300.00	(60.00)
Zoom Annual Subscription Fee	165.64					165.79	(0.15)
Miscellaneous Fund	400.00		31.89			698.20	(298.20)
7th Tradition Donations (Splits)	-					-	-
SUB-TOTAL EXPENSES	7,582.64	307.26	953.95	546.00	72.00	4,087.64	
PRUDENT RESERVE @ 25%	1,895.66						
EXPENSES FUNDED @ 100%							
Cost of Printing Schedules	1,300.00					549.74	750.26
D24 Annual Picnic	1,000.00	90.00		(399.46)	435.90	526.44	473.56
D24 Gratitude Dinner	1,240.00	1,200.00				2,133.64	(893.64)
Evergreen State Fair Contribution	250.00	120.00				120.00	130.00
Host a Quarterly Funding	700.00			1,520.00	142.50	1,662.50	(962.50)
SUB-TOTAL EXPENSES	4,490.00	1,410.00	-	1,120.54	578.40	4,992.32	
PRUDENT RESERVE @ 100%	4,490.00						
TOTAL EXPENSES	12,072.64	1,717.26	953.95	1,666.54	650.40	9,079.96	
PRUDENT RESERVE TOTAL	6,385.66						
NET INCOME		182.17	(548.89)	(1,096.32)	(650.09)	745.51	

Budget vs Actuals

Bank Stmt / Prudent Reserve Report 8/26/24 thru 9/25/24

Checking		Savings	
Beginning Balance	3,756.67	Beginning Balance	-
Deposits/Credits	0.31	Deposits/Credits	-
Withdrawals/Debits	(650.40)	Withdrawals/Debits	-
Ending Balance	3,106.58	Ending Balance	-
			Total Assets
			3,106.58

CHECKING DEPOSITS / CREDITS

Received From	Group ID	Deposit Date	Amount	Check/MO #	Comments
Interest Checking/Savings		9/13/2024	0.31		
Total Deposits/Credits			0.31		

CHECKING WITHDRAWALS / DEBITS

Paid To	Check/MO #	Deposit Date	Amount	Comments
St. Hilda's Church	1020	9/24/2024	(142.50)	CPC Quarterly in Feb 2025
Alderwood Safe Storage	Debit #6004	9/21/2024	(72.00)	Storage Unit
Tom L	1017	8/31/2024	(435.90)	D24 Picnic - food expenses
Total Withdrawals/Debits			(650.40)	

SAVINGS DEPOSITS / CREDITS

Received From	Check/MO #	Deposit Date	Amount	Comments
				- No Activity for this period
Total Deposits/Credits			-	

SAVINGS WITHDRAWALS / DEBITS

Paid To	Check/MO #	Deposit Date	Amount	Comments
				No Activity for this period
Total Withdrawals/Debits			-	

PRUDENT RESERVE REPORT

Category	Sub Category	Sub Total	Total	Comments
Total Assets	Checking	3,106.58		
	Savings	-	3,106.58	
Restricted Funds	Scholarship	(194.20)	(194.20)	2023 Funds = \$239.20
Prudent Reserve Goal	100% Expense	(4,490.00)		Anticipated Expenses Funded @ 100%
	25% Expense	(1,895.66)	(6,385.66)	Anticipated Expenses Funded @ 25%
Prudent Reserve + / -			(3,473.28)	



SERVICE MANUAL STUDY

SPONSORED BY THE
GSIG THIRD LEGACY COMMITTEE

BEGINNING IN 2023 WE WILL START STUDY-
ING THE NEW SERVICE MANUAL.

THIS DISCUSSION AND STUDY WILL BE
FACILATATED BY AREA 72 TRUSTED
SERVANTS.

JOIN US IN PERSON AT GSIG OFFICE OR ON
ZOOM on the *1st Sunday of each month at 11am*

SEATTLE INTERGROUP

5507 6TH AVE S.,
SEATTLE 98108

ZOOM INFO:

MEETING ID 863 6483
7688

PASSCODE 022841



Area 72 Cooperation with Professional Community (CPC) Literature Study Group



Who: CPC Chairs, PI/CPC Chairs, DCMs without
chairs & any AA member

Date: 1st Monday of Each Month

MAY 1 2023

Time: 6:00pm – 7:00pm

Where: Zoom that's where

ZOOM MEETING ID: Zoom: 374 583 0198

PASSCODE: 466714

CONTACTS FOR QUESTIONS & INTERPRETATION:

CARLOS E. AT CPC@AREA72AA.ORG
[206 351 2744](tel:2063512744)

EDMONDS GROUP

SUMMER BARBECUE SERIES!!



TUESDAYS

MAY 28TH

JUNE 25TH

JULY 30TH

AUG 27TH

SEPT 24TH



OCT. 29TH CHILI FEED

Nov 26TH SPAGHETTI FEED

WHERE: CEDAR VALLEY GRANGE

20526 52ND AVE W. Lynnwood, WA 98036

WHEN: 5:30 PM, SPEAKER STARTS AT 6:00PM

**DON'T FORGET TO ATTEND OUR
REGULAR MEETINGS, EVERY
TUESDAY AT 6:00PM!!!!**

Announcing Our Delegate Crystal's 2024 Concept Study

"We, the members of the Twentieth Anniversary Convention of Alcoholics Anonymous, here assembled at St. Louis in July of the year 1955, declare our belief that our Fellowship has now come of age and is entirely ready to assume full and permanent possession of the Three Legacies of our A.A. inheritance — the Legacies of Recovery, Unity and Service."

Join our host Crystal and her friends from the
Conference from around the country as they guide us
through each of the Twelve Concepts...



The "Twelve Concepts for World Service" describes the "why" of our service structure in such a fashion that the highly valuable experience of the past, and the lessons we have drawn from that experience, can never be forgotten or lost.

First Wednesday of every month

5:30 p.m. (Pacific Time)

8:30 p.m. ET / 7:30 p.m. CT / 6:30 p.m. MT

Meeting ID: 944 512 3341

Passcode: service

Room Opens 15 minutes before

Questions please contact: Aimee B at dcm3@area72aa.org or
Derek S. at treasurer@area72aa.org

Learn how to make the hand of A.A. available to those in custody seeking sobriety by joining our spirited discussions.

Western Washington Area 72 AA Corrections Committee
Presents: The 3rd Annual
A.A. Corrections Workbook Study 2023



Hosted By:

Area 72 Corrections Committee

Join us on a journey through the Corrections Workbook .

Every Saturday, 9:00 am to 10:00 am on Zoom

Meeting ID: 893 2268 0013
Passcode: 246170
Room Opens at 8:45 AM

Questions please contact:
Andrew M. @ corrections@area72aa.org

Hope to see you there!



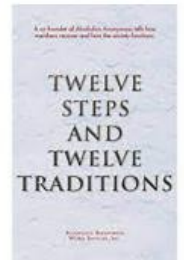
TRADITION STUDY
WITH THE
GSIG THIRD LEGACY COMMITTEE

STUDY THE TRADITION OF THE
MONTH WITH THE THIRD LEGACY
COMMITTEE.

WHEN: **FOURTH TUESDAY AT 7PM**
Starting January 24, 2023

THIS MEETING IS HYBRID. COME
DOWN TO THE OFFICE OR JOIN IN
ON ZOOM.

IN PERSON AT SEATTLE
INTERGROUP
5507 6TH AVE S., SEATTLE 98108
ON ZOOM
MEETING ID 858 5142 0330
PASSCODE 051501



**Can't stop drinking?
We get it.**

In A.A. we don't tell anyone to do anything. We talk about our own drinking, the trouble we got into, and how we stopped. Whether in person or online, we're here to help.


Alcoholics Anonymous®
For more information visit AA.org or download the Meeting Guide app.





Archives Steering Committee Vacancies 2024

The Archives Steering Committee (ASC) consists of **six** members who serve a four-year term. In each odd numbered year, three of the six members will rotate. The ASC meets the third Sunday of each month at the Area 72 Repository, 3903 Steilkoom Blvd, Lakewood, WA.



We are soliciting resumes for three positions.

Request candidates send their resumes to
Archiveschair@area72aa.org
by December 12th, 2024.

The ASC will review the candidates' resumes at the December 2024 ASC meeting and select the 3 members who will be presented for ratification at the January 2025 Area Committee. The skills and abilities include having related experience in **technology, accessioning** and **digital archiving** projects. ASC members participate in Archives Work Parties, Archives training efforts and assisting the Archivist with the collection also.

DISTRICT 24 & AREA 72 PRESENT

AREA YOUNG PEOPLE'S QUARTERLY

Fellowship at 11:30am, Starts at 12

★ SUNDAY OCTOBER 27TH, 2024 ★

All are welcome to attend the final AYP Quarterly of this rotation, we welcome new members, hear district YP chair reports, break for snack and conduct business.
Hot Topic: GSO YP video project updates!

Hybrid Option:
Lynnwood Alano Club ★ New location: upstairs

3717 196th St SW Lynnwood, WA 98036	ID: 857 1239 2593 Passcode: 771851
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Dress to Impress



What's The Point !?!?

"12 Steps to Emotional Sobriety"

October 11, 12 & 13, 2023

Presenter: Wayne B.
(Los Angeles, CA)

"When Just Being Sober Isn't Enough"

Highlighting the 3 phases of 12 Step Development: **Desperation | Restoration | Transformation**

Phase 1 of 12 Step Development: **Desperation** | Steps 1 – 3: *We Uncover the Problem*

Phase 2 of 12 Step Development: **Restoration** | Steps 4 – 9: *We Discover and Discard The Results of The Problem*

Phase 3 of 12 Step Development: **Transformation** | Steps 10 – 12: *We Recover from The Problem*

Friday Night Speaker: St. Thomas Episcopal Church, 8398 N.E. 12th St, Medina, WA 98039

Venue Sat & Sun: Eastside Alano Club, 12302 N.E. 8th St, Bellevue, WA 98036

Friday:	6:00 pm—7:00 pm	Meet the Presenter	7:00 pm — 8:30 pm	Open AA Meeting Wayne's Story
Saturday:	8:00 am—9:00 am	Registration	9:00 am — 4:00 pm	Session I — IV
Sunday:	8:00 am—9:00 am	Registration	9:00 am — 4:00 pm	Session V — VIII

For more information, please call:
Rona Y.R. (253)202-9965, Dana C. (425)971-1383 & Tom L. (206)391-0843, or email Dana at: [dcarey50@gmail](mailto:dcarey50@gmail.com)

Pre-registration: \$35.00 – Saturday at the door: \$40.00

To Pre-Register via Venmo: @Tom-Laris
Registration Tickets will also be sold by local members

*Lunch will be available on site from 12:00 - 1:00 pm on Saturday & Sunday for \$10.

Announcing: a new book from AAWS on sale November 1, 2024

PLAIN LANGUAGE BIG BOOK

A Tool for Reading *Alcoholics Anonymous*

This is A.A. General Service Conference-approved literature.

The *Plain Language Big Book* is a tool to help readers understand the book *Alcoholics Anonymous*, which was first published in 1939. This new book is designed so that the A.A. Twelve Step program of recovery from alcoholism may be easily understood and accessible by all people who have a desire to stop drinking.

Members of A.A. fondly call the original book *Alcoholics Anonymous* "the Big Book." It is the basic text of the A.A. program. The *Plain Language Big Book* has been written to present the original ideas and same spiritual message of the Big Book, *Alcoholics Anonymous*.

This new text is not intended to replace the much beloved Big Book. Rather, the *Plain Language Big Book* is a book crafted over several years by A.A. members and publishing professionals to support alcoholics on the path to recovery. The book is intended to help people who have a problem with alcohol gain access to A.A.'s lifesaving message.

For years, A.A. members have expressed a need for a *Plain Language Big Book*. Based on the shared experience of A.A. members, some people may not have regular contact with other A.A. members to help them understand the A.A. program of recovery and the specific vocabulary as it is used throughout the original book *Alcoholics Anonymous*. Other people have a hard time reading, especially books that were written long ago. This *Plain Language Big Book* is written in simpler language to support readers in their recovery.

This book is published in accordance with Advisory Actions passed by substantial unanimity of the General Service Conference (GSC) of Alcoholics Anonymous. In 2021, the 71st GSC advised that this book be developed. Progress reports, then sample chapters were reviewed at the 72nd and 73rd GSCs. The final draft of the *Plain Language Big Book* was reviewed and approved by substantial unanimity at the 74th GSC, in April 2024. This process and outcome adopts this text as Conference Approved Literature.

The *Plain Language Big Book* covers the core content of what is the "abridged version" (the edition without personal stories) of the original Big Book.

Readers are also encouraged to seek out the current edition of the book *Alcoholics Anonymous* and meet with A.A. members to support their own individual paths of recovery from alcoholism.

The *Plain Language Big Book* is A.A. General Service Conference-approved literature.

PLAIN LANGUAGE BIG BOOK: A Tool for Reading *Alcoholics Anonymous*

- Publication (on-sale) date: **November 1, 2024**
- List Price \$11.
- Item B-90
- 192 pages; 8 1/2" x 11"
- Softcover format with flaps

Announcing: NEW items from AAWS!

Black in A.A.
"Black in AA – Experience Strength and Hope" (P-51) List price \$75

New completely revised pamphlet

Now available in a completely updated and rewritten pamphlet – "Black in A.A. – Experience, Strength and Hope" replaces the pamphlet titled "A.A. for the Black and African American Alcoholic." With an illuminating new Introduction and contemporary sharing by 12 A.A. members from the United States and Canada, the new pamphlet will be published in English, with French and Spanish translations to follow.

ON SALE: MID SEPTEMBER

Literature Workbook
(M-52) List price \$6.00

New Literature service tool

Several years in the making, this brand-new Workbook was compiled from practical shared experience of A.A. members in the Literature service area. Literature committees at the District and Area levels help educate the Fellowship about General Service Conference-approved literature and related service material. All of their efforts work to insure we protect and maintain the integrity of the A.A. message. Helpful sections of the workbook include: "Samples of Planned Service Activities," and "Growing Literature Committees in Districts."

ON SALE: MID SEPTEMBER

Reflexiones Diarias
(SB-19) List Price \$12.50

in a new Large Print edition

A.A.'s popular book of daily meditations that features quotations from A.A. literature paired with members' responses to them for every day of the year is now being made available in Spanish in a Large Print edition, for the first time. This edition will help make this inspirational text more accessible to our Spanish-speaking members, and it is published as a direct result of responding to the expressed need of the Fellowship.

ON SALE: END OF SEPTEMBER

ALL-TIMERS

AA Speaker Meeting

TWO MOVING AA SPEAKERS

Every 3rd Saturday
6PM – 7:30PM

7215 51st Ave NE, Marysville, WA 98270
Bethlehem Lutheran Church

East of I5, just North of Jennings Park



A NEW AA
SPEAKER
MEETING

FIRST
MEETING
SEP 21 2024

Please come join us
for Coffee and
fellowship before and
after the meeting

(Sorry no potluck)

For further info
Contact:

Randy 425-508-1225

SPEED DATING

DECEMBER 2024

SAT
7

FIND YOUR
SERVICE MATCH

Seattle Intergroup, 5507 6th Ave S, Seattle 98108

LEARN ABOUT SERVICE
OPPORTUNITIES AT
INTERGROUP

12:00-
2:00PM

EAT
FOOD

MEET COMMITTEE
CHAIRS AND CURRENT
OFFICERS

Hear how they do it and how you can too!

MAKE A
DIFFERENCE!

Your Intergroup needs you!

SERVICE
IS FUN



MORE INFO:

WWW.SEATTLEAA.ORG

MAGNOLIA SPEAKERS MEETING

October 2024

Every Friday @8pm (pacific)

10/4

Kelli S.
Sober Since 1/31/2012
Bellevue, WA

Michael C.
Sober Since 1/2/1997
Bellevue, WA

10/11

Peeps
Sober Since 1/1/2019
Seattle, WA

Joanna L.
Sober Since 7/29/2007
Seattle, WA

10/18

Ashley A.
Sober Since 7/5/2017
Seattle, WA

Pam B.
Sober Since 10/18/1971
Seattle, WA

10/25

Eileen L.
Sober Since 7/15/1992
Bellingham, WA

ONE SPEAKER FORMAT

<http://www.seattle-msm.org>

Magnolia Lutheran
2414 31st Avenue W.