

DISTRICT 24 NEWSLETTER

August 2025!!!

www.district24.org



Contents	Page
○ District 24 Title Page	1
○ District 24 Committee Contacts	2
○ District 24/Area 72 Information	3
○ Accessibility Quarterly Report	4
○ CPC Quarterly Report	5
○ District 24 Agenda – July 2025	6-7
○ District 24 Business Meeting Minutes – June 2025	8-9
○ Treasurer’s Report – May 26, 2025 – June 25, 2025	10
○ District 24 Budget vs Actuals	11
○ AA Flyers	12

CONCEPT VIII

“The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.”

RESPONSIBILITY DECLARATION	DECLARATION of UNITY
I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.	This we owe to A.A.’s future: to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.
District 24 PO Box 439 Lynnwood, WA 98046	Greater Seattle Intergroup 5507 6 th Ave S. Seattle, WA 98108
Western WA Area 72 Treasurer 1901 Cornwall Ave #745 Bellingham, WA 98225	General Service Office PO Box 2407 James A Farley Station New York, NY 10116-2407

District Committee Chairs and Contacts		
ACCESSIBILITY CHAIR	Rita N. / Open	Dist24accessibility@area72aa.org
ARCHIVES CHAIR	Kim E. / Heidi P.	Dist24archives@area72aa.org
CORRECTIONS CHAIR	Jason M. /Open	Dist24corrections@area72aa.org
CPC CHAIR	Kevin H. / Angela	Dist24cpc@area72aa.org
DETOX CHAIR	Eric H. / Dan K.	Dist.24.detoxchair@gmail.com
EVENT COORDINATOR	Rachel O. / Open	Dist.24events@yahoo.com
GRAPEVINE/LIT. CHAIR	Pat B./ Open	Dist24gvlit@area72aa.org
GSIG CHAIR	Bobby T. / Open	Dist.24gsigrep@gmail.com
NEWSLETTER CHAIR	Sam P. / Open	Dist.24.newsletter@gmail.com
PUBLIC INFO CHAIR	Brad G./ Barb T.	Dist24pi@area72aa.org
RECORDING SECRETARY	Sandy K. / Guy H.	Dist24secretary@area72aa.org
REGISTRAR	Liz C. / Open	Dist24registrar@area72aa.org
SCHEDULE COMMITTEE	Desi H. / John M.	D24schedules@gmail.com
THIRD LEGACY CHAIR	Terry R.	Dist24thirdleg@area72aa.org
TREATMENT CHAIR	Open/ Cheryl M.	Dist24treatment@area72aa.org
TREASURER	Glen C.	Dist24treasurer@area72aa.org
ALT TREASURER	Greg S.	dist24alttreasurer@area72aa.org
WEB SERVANT CHAIR	Bob	Dist24web@area72aa.org
YOUNG PEOPLE'S CHAIR	John B	Dist24yp@area72aa.org
ZOOM COORDINATOR	Doug W.	Dist.24.zoomhost@gmail.com
ALT ZOOM COORDINATOR	Open	Dist.24.altzoomhost@gmail.com
DCM	Lisa J.	Dcm24@area72aa.org
ALT. DCM	Jan H.	Altdcm24@area72aa.org

Please email Dist.24.newsletter@gmail.com for corrections to District Committee contact names or email.

Join us for our **Third Legacy presentation potluck**, the
1st Wednesday of every month at 6PM.

We will be discussing the Concepts as well as reading and discussing the
AA Service Manual. Bring your favorite dish to share, ***and then...***

Join us for our District 24 business meeting, the **1st Wednesday of every month.**

LOCATION!

**St. Hilda's Episcopal Church
15224 52nd Ave W
Edmonds, WA 98026**

...and on Zoom

Meeting ID: 827 3971 4442 / Password: 441729

This month's Area 72 quarterlies and events go to

<https://area72aa.org/events>

Also: See pages 5-6

AA Meetings – Hybrid, Zoom and In-Person

<https://area72aa.org/meetings>

Don't Forget to Check Out our New "District 24 Website"

<https://district24.org>

Accessibility Quarterly District 24 newsletter report

Rita D24 accessibility Chair
July 19, 2025

Hello District 24,

The July Area 72 Accessibility Committee Hybrid Quarterly was hosted by D24, at St Bridget St Patrick Church in Edmonds (home of the D24 meetings) on Saturday July 19th from 12pm-3:30 pm.

There were approximately 8 live attendees as well as 8 hybrid. Lisa, our DCM, helped with the set up, zoom, and closing down. Doug, our Zoom coordinator, was on hand to run the zoom. A small technical problem with zoom set up and the live members needed to talk from the host computer for the zoom people to hear the sound. Thank you to those extra volunteers, (Gretchen and Sharon) that came to help set up.

Our guest speaker was Elaine C., from Tacoma. She shared her experience in AA as a wheelchair bound member and had suggestions on how to make our meetings more accessible.

1. Check to make sure your home group meeting guide information includes its wheelchair access: yes or no. Include if your home group has wheelchair access to a bathroom.
2. Obstacles- wheelchair ramps are sometimes difficult to navigate if too steep. Help may be needed to enter the building.
3. Take notice and ask if the person needs help with coffee, etc. Some people are reluctant to ask for help because they don't want to bother anyone.

Thank you,
Rita N
D24 Accessibility Chair

Area 72 CPC – 3rd Quarterly Report

District 24 Summary for August 6, 2025

On August 2, 2025, we met in person at Puget Sound Central Service Office, hosted by District 45, with a hybrid option. Big thanks to Jim and Sean, with PSCSO's CPC Committee and all who helped.

Their hybrid Zoom camera setup was particularly impressive—very clear visuals and sound.

Construction Trades Campaign

Kevin (District 24) presented on campaign progress, joined by panelists:

- Pete V., IBEW Local 46 (Electrician)
- Karla G., IBEW Local 46 (Electrician)
- Joseph V., LIUNA Local 292 (Laborer)
- Collin L., LIUNA Local 242 (Laborer)

Each shared heartfelt experiences of sobriety in the trades, mental health struggles, and how AA has helped them combat stigma in the workplace. The Adhoc Committee is developing a contractor/union outreach kit that includes:

- Contact templates
- Suggestions for engagement
- Materials like **hardhat stickers** and **book bookmarks with QR codes**

-Volunteers welcome: Dist24cpc@area72aa.org

First Responder Campaign

Sarah (District 54) and Scott (District 29) reported on forming an Adhoc team and presented a draft firehouse “kit.”

Thor, a firefighter in recovery, shared moving insights on emotional burnout, repeated traumatic calls, and the power of understanding alcoholism through AA. The team is engaging Public Information Officers, chaplains, and CARES units to help integrate CPC materials.

A **survey is underway** to understand how AA can better serve first responders.

- Meets last Monday monthly at 6 p.m.
- Zoom: [Join Here](#)

ID: 815 4694 2591 | PW: Fire

2026 CPC Roadshow – “Magic School Bus”

Josh introduced this creative, mobile CPC workshop plan meant to:

- Educate AA members on CPC
- Inspire local participation
- Revive interest and involvement across districts

Help needed with scriptwriting, acting, or logistics

First Planning Meeting: August 7 at 6 p.m.

Zoom: [Join Here](#)

ID: 374 583 0198 | PW: Roadshow

District 24 Business Meeting Agenda for August 6, 2025

District 24 Business Meeting Agenda

August 6th, 2025, at 7:00 PM

ZOOM MEETING

<https://us02web.zoom.us/j/82739714442?pwd=aDk0eENIMlpSVERwUWdHeIRPNjVJUT09>

Meeting ID: 827 3971 4442 / Password: 441729

Open with the Serenity Prayer:

God, grant me the serenity, to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference.

Responsibility Declaration:

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Reading of short form Concept 8:

The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

Housekeeping: Smoking/Vaping – 25ft from the entrances, cleaning up our mess, general respect for the church.
PLEASE

Birthdays: August

Presentation: None

GSR Check In/Reports:

Any, and all feedback on –

District split for contributions, currently they are written to be

- o Western WA Area 72 - 50%
- o AA General Service Office - 20%
- o Sno-King Intergroup Office - 20%
- o Greater Seattle Intergroup Office - 10%

Reports:

Secretary – Sandi K – *motion to approve Meeting Minutes

Please send quarterly reports and flyers to the Secretary!

Treasurer – Glen C - *motion to approve Treasurer's report

Alt Treasurer – Greg S

Accessibility – Rita N – July Quarterly

Alt Accessibility – Open

Archives – Kimberly E – August Quarterly

Alt Archives – Heidi P

Corrections – Jason M

CPC – Kevin H – August Quarterly

Alt CPC – Angela J

Detox – Eric H

Alt Detox – Dan K

District 24 Business Meeting Agenda for August 6nd, 2025, Continued

Event Coordinator – Rachel O

Grapevine/Lit – Pat B

Greater Seattle Intergroup Rep – Bobby T

Newsletter – Sam P

PI – Brad G

Alt PI – Barb

Registrar – Liz C

Schedules – Desi H

Third Legacy – Terry R

Treatment – Open – July Quarterly

Alt Treatment – Cheryl M

Web Chair – Bob M – July Quarterly

Young People's Chair – John B – July Quarterly

Zoom Coordinator – Doug W

Alternate DCM – Jan H

DCM – Lisa J – July Quarterly review

Old Business:

Be sure to get your registration completed for the October Assembly!!

Sound for District Meetings

New Business:

Anyone standing for our Alt. Treatment Chair?

5 Takeaways – Either from the District Meeting or from a Pre-Assembly you went to or both ☺

Contact dcm24@area72aa.org if you want to add new agenda items to this list

Unity Declaration:

This we owe to A.A.'s future: to place our common welfare first; to keep our fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

District 24 Business Meeting Minutes July 2nd, 2025

District 24 Business Meeting Minutes - July 2nd, 2025, at 7:00 PM

Present: Bobby T, Dan K, Terry, Doug, Kelly, Jan, Lisa, Guy, Sandi, Justin, Rachel O, Rachel T, Pat, Sam, Desi, Bob o, Bryan, Chuck, John, Kevin, Patrick, Rita, Online: Dave, Sasha, Ryan, Rita, Christine, Devon

Open with the Serenity Prayer, Responsibility Declaration, and Reading of short form Concept 7.

Housekeeping: Smoking/Vaping – 25ft from the entrances, cleaning up our mess, general respect for the church.

PLEASE ??

Announcements: Google Training WORKSHOP July 20th, 2025, at 3:00 PM TO 4:30 PM ON ZOOM ID: 471 680 0414
Passcode: Area72

Birthdays: July – Terry 7 years, Rachel T 6 years, Pat 32 years.

GSR Check In/Reports:

Any, and all feedback on –Newsletter, King County Metro Bus Sign Project, PAI Deadlines

Sandi: OPPN No on Bus, % to IG

Rachel WOTS Yes on Bus, % to IG

Brian OA Yes on Bus, Yes Newsletter Printed

Chuck: AMA Lynnwood Yes on Bus, Yes on print Newsletter

Sam: GSH Lynnwood No feedback yet – will email Lisa

John: Lynnwood Study Group Yes on Bus, Yes on print Newsletter

Rachel: Sisters in Recovery End of Month Great Speaker Lupita – No Strong Opinions, % to IG

Justin: MLT Wednesdays % to IG - 2 nd Meeting Swap – it was painful.

Bob: TUG spirited debate will email Lisa

Devon: Edmonds Group % to IG not sure on the amount

Reports:

Secretary – Sandi K – *motion to approve Meeting Minutes. Motion Passes. Please send quarterly reports and flyers to the Secretary!

Treasurer – Glen C - Glen not here:

Alt Treasurer – Greg S - only 3 checks deposited. *Motion to approve Treasurers Report Motion Passes.

Detox – Eric H not here

Alt Detox – Dan K Everything going smoothly.

Event Coordinator – Rachel O – Did not get the flyer in the Newsletter. July 19 at Edmonds Park. Need help cleaning up. Sandi will send the flyer with the minutes. Gratitude Banquet March 28 th , 2026, St. Pius.

Grapevine/Lit – Pat B – June Quarterly online, in print, Instagram or YouTube. \$10+ get everything online. Greeting Cards coming up for the holidays. Feedback for plain language Big Book please. 30 th Anniversary, La Vina in Tacoma next year.

Greater Seattle Intergroup Rep – Bobby T 34 in person 10 online. Voted on 5 Topics in June all GSRs are welcome. 138 calls and 137 chats, shifts available for phone/chat line. New Grapevine Book \$15.99. Should we pay to remove the talk logo. It is staying. Should GSIG raise the price of the books? Tabled. 12 Step Volunteer Call List – Register with Bobby T. Should GSIG replace the front door? They did the glass. Picnic on August 17th. Flyer in the Newsletter.

Newsletter – Sam P Didn't print as many copies this month. For any chair in the district if you want info in the Newsletter, Deadline – Monday before the district meeting.

Schedules – Desi H Our Hot Topic – printer bids. Printer guy is not moving to FL. Will print 1500 – please update your group info. Evergreen Fair coming up. Some shifts coming up to answer phones.

Third Legacy – Terry R 3rd Legacy next month – The Healthy Home Group. 3 rd Legacy in Sept. someone from Area – Treasurer Training.

Zoom Coordinator – Doug W All good.

District 24 Business Meeting Minutes July 2nd 2025 Continued

Alt DCM: Jan – Hosting a quarterly monthly. Guidelines to prepare. 1. Location (Rachel O– Event Coord will have a list), 2. Contact Standing Committee Chair at Area and get flyer put together. 3. If on Zoom – who’s Zoom account – needs to be on the flyer. Each chair at Area has a Zoom Account. Doug can do it too. 4. Make sure flyer ends up with Area Newsletter & Website. 5. 7 Committee Chairs - each chair gets \$100. Food/Location/Etc. Function should be self-supporting. Expensive room – have a potluck. If hosting – provide an entrée and others can bring a side dish. Tote at District with supplies, plates, silver, cups, coffee, etc. Check it before your meeting. 6. Get Volunteers – set up, coffee, food, clean up, etc. 7. Fill out the form after the event that will give us information that we can pass along to the next person who will be hosting. Gives us history.

DCM: Lisa – Great information on the website about delegate initiatives. Email summary was sent out. 1. Hot Topic – Plain Language Big Book revisions. Deferred until General Service Conference. 2. Hot Topic – Committee recommended for 12 Steps & 12 Traditions to add 12 Concepts – it failed. July Quarterly is coming up in Tacoma. Feel free to email Lisa about: Newsletter, King County Metro Bus Sign Project, PAI Deadlines. Distributions will be discussed next month when more are in attendance. Astri will be on a panel at National Convention this Saturday – attend if you can.

Old Business:

New Mics, new camera – should we get ones that amplify in the room as well as on Zoom – taking off Old Business. What’s not broken, don’t fix.

New Business:

Greg from Area – please get your registrations in for Area Event in October. Bring a check to District 24 or mail it in.

Rita: July 19 th Quarterly from District – needs volunteers. Please contact her. Doesn’t have much help. Also has opening for ALT Disability.

Treatment - Kelly: It’s been an honor to represent the district. Role allowed me to grow personally and spiritually. Deeply thankful for the trust and support. Need to step down for health reasons and recovery/sobriety. In the interim will support however she can help with the transition. Questions about Bridging the Gaps / Panels, contact Kelly. Apologies for any inconvenience. Decision made with great care and consideration. Kelly has all of the information to pass along with volunteer lists. Alt Cheryl is not available to take on the position. **Northpoint:** Every 2 nd Thursday needed at 7pm for 1 hour. 3 People each panel. Like you to have at least 90 days. OPP will cover the 4 th Thursday Panel. Bridging the Gap Presentation every other Sunday from 9:30 – 10:30am.

We need a new Treatment Chair

John – new schedules available in the tote.

Pat – Tickets \$10 each – buy a ticket, hotdog, and a chance to win a trip to SeaSide Conference.

Contact dcm24@area72aa.org if you want to add new agenda items to this list

Closed at 8:02 with the Unity Declaration

Treasurer's Report (Bank Statement)

Checking / Savings Report 06/26/25 thru 07/25/25

Checking		Savings	
Beginning Balance	4,349.44	Beginning Balance	3,408.69
Deposits/Credits	632.55	Deposits/Credits	1.76
Withdrawals/Debits	(285.52)	Withdrawals/Debits	-
Ending Balance	4,696.47	Ending Balance	3,410.45
		Total Assets	8,106.92

CHECKING DEPOSITS / CREDITS

Received From	Group ID	Deposit Date	Amount	Check/MO #	Comments
Interest		6/27/2025	\$0.22		
A New Experience	722416	7/10/2025	\$33.20	1994	
Brothers in Recovery	727829	7/10/2025	\$73.96	1053	
Mill Creek Discussion	630769	7/10/2025	\$175.00	22-099660038	
Freedom Group	122359	7/23/2025	\$200.00	1110	
Edmonds Group	113795	7/23/2025	\$150.00	1035	
Interest		7/25/2025	\$0.17		
Total Deposits/Credits			632.55		

CHECKING WITHDRAWALS / DEBITS

Paid To	Check/MO #	Deposit Date	Amount	Comments
Alderwood Safe Storage	Debit #8408	7/20/2025	(72.00)	Storage Unit
La Quinta Inn	Debit #8408	7/13/2025	(49.02)	Jan & Lisa July Qtrly Food
Lynnwood Alano Club	1023	7/11/2025	(89.50)	D24 newsletter May & June
Lynnwood Alano Club	1022	7/11/2025	(75.00)	Young People's Qtrly rental
Total Withdrawals/Debits			(285.52)	

SAVINGS DEPOSITS / CREDITS

Received From	Check/MO #	Deposit Date	Amount	Comments
Interest		7/25/2025	0.78	
Interest		6/27/2025	0.98	
Total Deposits/Credits			1.76	

SAVINGS WITHDRAWALS / DEBITS

Paid To	Check/MO #	Deposit Date	Amount	Comments
Total Withdrawals/Debits				

Total Overall Deposits/Credits	634.31
Total Overall Withdrawals/Debits	(285.52)
Net Income	348.79

Budget vs Actuals

2025 Budget vs Actuals

	2025 Budget	April	May	June	July	2025 Actuals	Remaining Budget
INCOME							
Homegroups & Private Donations		1,481.48	615.03	98.64	632.16	5,081.17	
Assembly Scholarship	194.20					-	194.20
WWA72 January 2025 Qtrly						3,800.30	
Gratitude Potluck Dinner						2,901.25	
Checking / Savings Interest		2.05	0.96		2.15	8.57	
TOTAL INCOME		1,483.53	615.99	98.64	634.31	11,791.29	
EXPENSES							
Accessibilities	40.00					-	40.00
Archives	200.00			63.00		63.00	137.00
Coffee Maker	40.00					-	40.00
CPC	40.00					-	40.00
Corrections	40.00					-	40.00
Detox Chair	40.00					-	40.00
D.C.M. / Alt D.C.M.	2,000.00	574.70			49.02	1,547.98	452.02
Grapevine & Literature	40.00					-	40.00
Public Information	40.00					-	40.00
Registrar	20.00					-	20.00
Schedules Chair	40.00					-	40.00
Secretary	40.00					-	40.00
Third Legacy	40.00					-	40.00
Treasurer / Alt Treasurer	30.00					-	30.00
Treatment / Bridging the Gap	40.00					-	40.00
Web Master	40.00					-	40.00
Young People's Representative	40.00					-	40.00
Zoom Coordinator	40.00					-	40.00
District Meeting Rental Fee	900.00		450.00			450.00	450.00
Newsletter Printing Costs	480.00	80.50			89.50	247.00	233.00
P.O. Box Yearly Rental Fee	232.00					-	232.00
Storage Unit Rental Fee	936.00	72.00	72.00	72.00	72.00	504.00	432.00
Website Hosting Fee	300.00	300.00				300.00	-
Zoom Annual Subscription Fee	166.00	176.85				176.85	(10.85)
Miscellaneous Fund	1,500.00	10.00	29.65			202.53	1,297.47
7th Tradition Donations (Splits)	-					-	-
Cost of Printing Schedules	1,300.00	565.05				565.05	734.95
D24 Annual Picnic	1,000.00					-	1,000.00
D24 Gratitude Dinner	1,200.00	600.00				1,573.65	(373.65)
Evergreen State Fair Contribution	150.00		150.00			150.00	-
Host a Quarterly Funding	800.00		168.93	120.73	75.00	364.66	435.34
WWA72 January 2025 Qtrly		618.00				5,400.22	
TOTAL EXPENSES	11,774.00	2,997.10	870.58	255.73	285.52	11,544.94	
NET INCOME		(1,513.57)	(254.59)	(157.09)	348.79	246.35	

Sisters in Recovery Speaker Meeting

*Last Saturday of
every odd month
at 10am*

**Good Shepard
Baptist Church
6915 196th St SW
Lynnwood, WA
98036**

Our regular meeting is every
Saturday, and we're on Zoom
860 7168 1760 Password SIR

JULY 26TH
- LUPITA Y.M.

SEPTEMBER 27TH
- PATTY D.

NOVEMBER 29TH
- RACHEL W.

SEATTLE INTERGROUP PRESENTS
**BIG SUMMER
PICNIC**

AUGUST
SUNDAY | **17** | 11AM TO 4PM
2025

5900 Lk Washington Blvd. Seattle 98118 shelter #3

*Raffle, Bingo, food and
games*

FOR MORE INFO GO TO
www.seattleaa.org/events

EDMONDS GROUP

Potluck Bring your Favorite Side Dish

SUMMER BARBECUE Birthday



TUESDAYS

MAY 27TH

JUNE 24TH

JULY 29TH

AUG 26TH

SEPT 30TH

OCT. 28TH CHILI FEED

Nov 25TH SPAGHETTI FEED

Christmas Party Dec 13th 1:30 -4:30 pm

WHERE: CEDAR VALLEY GRANGE

20526 52ND AVE W. Lynnwood, WA 98036

WHEN: 5:30 PM, SPEAKER STARTS AT 6:00PM

**DON'T FORGET TO ATTEND OUR
REGULAR MEETINGS, EVERY
TUESDAY AT 6:00PM!!!!**



A NEW AA MEETING

**18TH AND BAKER
1731 BAKER AVE, EVERETT, WA
EVERY SATURDAY 12-1PM**

Y O U N G

~~~~~

**EVERETT**

~~~~~

P E O P L E

**GOT SOBER YOUNG
YOUNG & SOBER
YOUNG AT HEART**