



DISTRICT 24 NEWSLETTER

MARCH 2016

Serving Lynnwood, Edmonds and Mountlake Terrace vicinity of Area 72 AA.

In This Issue district committees, chairs and CONTACTS

<p>Page 2. Agenda</p> <p>Page 3, 4, 5 Business Meeting Minutes</p> <p>Page 6, 7, 8, 9, 10 Dist. Committee Chair Reports</p>	<p>Secretary: Jerry F. dist.24.secretary@gmail.com</p>	<p>Grapevine/Literature: Rita N. dist.24.literature@gmail.com</p>
	<p>Listing Chair: Susan C. dist.24.registrar@gmail.com</p>	<p>Schedules: Andy dist.24.schedule@gmail.com</p>
	<p>Treasurer: Virgil O. dist.24.treasurer@gmail.com</p>	<p>CPC: open dist.24.CPC@gmail.com</p>
<p><i>District Address</i></p> <p><i>District 24, PO BOX 439</i></p> <p><i>Lynnwood, WA 98046</i></p> <p><i>For Group Donations</i></p>	<p>Alt. Treasurer: Claire dist.24.treasurer@gmail.com</p>	<p>GSIG Zone Rep: Patty and Kelly</p>
	<p>Public Information: Jim M. dist.24.PI@gmail.com</p>	<p>Corrections: Greg dist.24.correctionschair@gmail.com</p>
<p>Sno-King Intergroup</p> <p>Business Meetings</p> <p>22617 76th Ave W, Suite 203, Edmonds (STONE COURT BUILDING)</p>	<p>Treatment / BTG: Jermaine dist.24.treatmentchair@gmail.com</p>	<p>Accessibility: Carol dist.24.accessibilitychair@gmail.com</p>

7pm, 3rd Wed. of each month		
	Newsletter: Robert R. dist.24.newsletter@gmail.com	3rd Legacy Chair: Peg S.
	Web Chair: Bob M. dist.24.webchair@gmail.com	Alt. DCM: Tari B. altdcm24@area72aa.or
"There is a solution" Big Book, 25	Archives: Ron A Alternate: Annie N dist.24archives@gmail.com	DCM: Tom L. dcm24@area72aa.org

DECLARATION OF UNITY

This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

Check out District 24 on the web at: www.district24.org

District 24 March Business Meeting Agenda

Next Meeting: April 6, 2016 Same Location

Open with the Serenity Prayer.

Responsibility Declaration.

The short form of Concept 3 will be read.

Introduction of attendees: give your name, position, name of your home group. Include any announcements; group changes or any problems or solutions with your group that you'd like to share.

Birthdays in March.

Reports: Each district officer, please bring 40 paper copies of your report, any fliers or other handouts to each district meeting (or submit to the District 24 newsletter),

- **Secretary** – Jerry F. – *motion to approve February's meeting Secretary's minutes
- **Registrar** – Susan C. –
- **Treasurer** – Virgil O. – *motion to approve February's Treasurer's report.
- **Alt. Treasurer** – Claire W.
- **Public Information** – Jim M.
- **CPC** – Open –
- **Treatment and Bridging the Gap** – Jermaine
- **Newsletter** – Robert R.

RESPONSIBILITY PLEDGE

***I am Responsible.
When Anyone, Anywhere
Reaches Out For Help,
I Want The Hand Of A.A.
Always To Be There.

And For That,
I Am Responsible !***

- • **Web** – Bob M. ➤ • **Archives** – Ron A.
- • **Alt. Archives** – Annie N.
- • **Grapevine/Literature** – Rita N.
- • **Schedules** – Andy H.
- • **Sno-King Intergroup** – Chrissy A.
- • **GSIG Zone Reps** – Patty and Kelly
- • **Corrections** – Greg B.
- • **Accessibility** – Carol V.
- • **3rd. Legacy chair** – Peg S.
- • **Alt. DCM** – Tari B.
- • **DCM** – Tom L.

Old Business:

- Founders Day celebration
- Accessibility identified in schedule
- Gratitude banquet
- District 24 Budget
- Safety in AA pamphlet
- District Picnic
- CPC Chair open

New Business:

Elections: Open CPC Chair.

Secretary's Minutes from 02/03/2016

Meeting brought to order at 7:00 PM by DCM, Tom L., with the Serenity Prayer and the Responsibility Declaration.

Kelly read concept to 2.

In attendance: Lynn GSR Edmonds group, district 24 co-chair gratitude banquet; Ron A home group tug, district archives; Kim GSR celebrate life; Dan GSR pyramid group; Steve GSR Lynnwood open; Patty alternate GSR coffee cup, district 24 co-rep. Seattle Intergroup; Jim GSR Damm, district 24 P-I; Kelly GSR coffee cup, co-rep Seattle Intergroup; Rita home group coffee cup, district 24 Grapevine literature rep; Greg B home group tug, district 24 corrections; Carol home group sisters in recovery, district 24 accessibility; Peg home group tug, district 24 third legacy; Claire home group WOTS, coffee maker, district 24 alternate Treas.; Annie home group patience, district 24 alternate archives; John GSR Lynnwood study group; Heather GSR sisters in recovery; Chrissy GSR one day at a time, Sno-

King Intergroup liaison; Bob M home group sometimes quickly, Sno-King Intergroup; Catherine GSR WOTS; Susan home groups WOTS, district 24 registrar; Jermaine GSR late night AA, district 24 bridging the gap; Danielle GSR primary purpose North; Trisha C. GSR happy hour; Virgil GSR veterans stepping into the light, district 24 Treasurer; Tari B. alternate DCM, home group sisters in recovery; Tom L. DCM home group Edmonds group; Robert alternate GSR Graceland; Pam O. GSR Celebrate Life.

Birthdays: Tari B. ten years; Robert R. one year.

District Reports:

Secretary, Jerry F.: January Minutes were distributed by email and in the newsletter prior to the meeting. Reading of minutes waived. Minutes approved.

Listing Chair, Susan C: Please contact Susan if (1) you are a new GSR or alternate GSR; (2) with any meeting changes.

Treasurer, Virgil O. The treasurer's report for the period December 17, 2015 to January 2016 is in the February newsletter. Next month we will begin reviewing budgets. If your committee will spend more money than the budget allows, you must come to the district business meeting and ask for the budget to be increased. Virgil will add to the budget report a column which shows each committee's total budget and the funds remaining in their budget. Treasurer's report as set forth in the February newsletter was approved.

Alt. Treasurer, Claire W.: Claire is still learning her new position. Discussion does the alternate Treas. get a checkbook? No, the alternate Treas. gets a debit card.

Public Information, Jim M.: Jim reported that Mountlake Terrace library and police station will be sponsored by tug. Jim has placed three more racks: one at Edmonds Woodway high school, one at Scriber Lake high school and one at Edmonds community college. Peg S suggested racks may be placed at the visitor information Centers in Lynnwood and Edmonds. Peg will check with those entities and see if they would accept racks.

CPC, open: This position needs a volunteer.

Treatment/BTG, Jermaine: Lachlan absent. Jermaine reported that he and Lachlan take a meeting to Options the first Thursday of every month; take a meeting to the Monroe treatment Center every Tuesday; and, are trying to get into the rotation schedule at Milam.

Newsletter, Robert R.: Robert R. is the new newsletter person. Thank you very much Eric E. for filling in and keeping the newsletter printing. Please send your committee reports to Robert R. c/o dist.24.newsletter@gmail.com.

Web Chair: Bob M. was elected to be the new web chair. Thank you very much for volunteering Bob. Thanks to Eric for filling in until the new web chair volunteered.

Archives, Ron A.: Ron and Annie will attend the Quarterly on 2-6-2016. Ron has some great old pictures of AA

Alt. Archives, Annie N.: What Ron said.

Grapevine, Rita: Rita will attend the Grapevine quarterly. Discussion about whether Rita should purchase Grapevine envelopes. Rita gave a book report on "living sober".

Schedules, Andy: absent. Next stapling party is March.

Sno-King Intergroup, Chrissy A.: Sno King still needs an archivist. Sno King Intergroup needs volunteers to fill 2 hour slots from 11 AM to 7 PM Monday through Friday and 1 PM to 5 PM on weekends. Please announce at your home group meetings. If you need to purchase supplies, call Tammy R., she will open up the office. Thank you Chrissy for bringing Bob to volunteer for web chair.

GSIG Zone Reps., Patty and Kelly co-chairs: Patty and Kelly went to the meeting. They got there late since traffic was terrible. They reported there was a discussion in greater Seattle Intergroup whether or not to support the Sno-King Intergroup. Some districts consider this an "outside issue". If you are interested in attending the greater Seattle Intergroup meeting, it's the third Tuesday of every month at 7 PM.

Corrections, Greg B.: Greg reported that he received \$263.21 in donations from happy hour, coffee cup and Damm.

Accessibility, Carol V.: Carol missed the quarterly. Carol reported on the new funding for sign language. There is now a separate sign language funding group made up of nine members. For tax purposes, it has been separated from the district. Carol reminded all GSR's to look at accessibility in their home group and make sure that it is reported correctly in the schedules. Accessibility typically means that (1) you can push a button to open the door; (2) that you have an accessible bathroom; and, (3) any threshold is less than 1/2 inch.

Third Legacy, Peg S.: Report in the newsletter. Highlights: Debbie a past delegate panel for 61 talked about concepts five and six. Peg encourages everyone to come to the third legacy meeting. The past delegates are able to explain the legacies by giving real world examples. Peg is also continuing to work to determine which groups are not represented by a GSR at the district meeting.

DCM, Tom L: Report in the newsletter. Highlights: First, please be sure to attend the pre-conference to learn about the upcoming assembly topics. If you can't attend the pre-assembly in Bothell, there is a list of other locations in the February newsletter. Second, the gratitude banquet is set for March 19, 2016 at St. Pius X. All home groups are asked to bring either a turkey or a ham plus a raffle item.

Alt. DCM, Tari B: Tari attended the area 72 quarterly. First, the hot topic at last years assembly "Safety in AA" was tabled until April. Second, area 72 is about to do an area inventory. Third, Tari will distribute the area 72 treasurer's report. Please check to make sure that your group donations show up in the correct district and that your home group is listed correctly. Fourth, the area assembly is set for October 7, 8 and 9, 2016. Flier is forthcoming. Tari reminded all the GSR

s to attend the pre-conference this month February 28 at the North shore Senior Center. Darrin, our current delegate, will present the agenda items for the upcoming assembly. This is a very important meeting for all GSR's.

Other happenings: Pacific Northwest conference June in Pendelton OR; PRAASA next month in Spokane. Finally, there is a service manual study group the first Sunday of every month that goes from 11 to 1. This is a good place to go if you're interested in studying the service manual.

Old Business/Elections:

1. The district voted to put on a Founders Day celebration this year. A committee consisting of Steve, Robert, Trisha, Virgil, Annie and Tom was formed. This committee will be in charge of putting together the celebration.
2. Robert R. was elected to Newsletter Chair.
3. Bob M. was elected to Web Chair.
4. Gratitude banquet is March 19 at St. Pious X.
5. Founders day is June 11 at St. Pious
6. District picnic is July.

New Business:

1. Annie has been paying for coffee out of pocket. We need to get a coffee donation can so that we can be self supporting.

Meeting adjourned with the Serenity Prayer.

Respectfully submitted by Group Secretary, Jerry F.



Alt. DCM

Hello District 24,

I would like to give a huge shout out to Eric E. for stepping up and taking care of the newsletter and the website while these positions were vacant!! You did a fabulous job and it was greatly appreciated!!

By the time this goes to print the Pre- conference will have taken place and I hope to have wonderful things to report back at the district meeting. March is looking like it will be very busy month with PRAASA and the District 24 Gratitude banquet, I’m looking forward to both!

I don’t have a lot to report on, but I did want to mention that the Safety in AA proposal that was submitted by Area 58 (Oregon) did not make it on the agenda for the 2016 Conference. It was tabled until the July 30th quarterly for the literature committee. Also, the motion that was submitted was simply a request that GSO create literature on safety in AA. If you have any further question on the topic I will be glad to look in to it. Thank you all for letting me be of service!!

Tari B.

Alt DCM District 24

AltDCM24@area72aa.org

206-383-1483

March Treasurer's Report

District 24 Checking Account			Statement Dec-17 to Jan-20, 2016			
Transaction Type/Number	Pay To / Received From	Explanation	Expenses Amt (-)	Deposit Amt. (+)	Check book bal.	
Account		Beginning Balance			\$4,571.61	
Deposit	Group Donation					
2-Feb 2587	Way of Life	Donation		\$30.00		
2-Feb 9701	Coffee Cup	Donation		\$50.00		

2-Feb	3944	Monday Night Discussion Gp	Donation		\$11.00	
2-Feb	3944	Friday Night Discussion Gp	Donation		\$11.00	
2-Feb	1188	AAMA Lynnwood	Donation		\$140.00	
2-Feb	825	Sunday Morning Breakfast Gp	Donation		\$70.00	
2-Feb	1392	Veterans Stepping into the light	Donation		\$100.00	
		Debits				
27-Jan	2944	MLTSC	Dec, Jan, Feb Rent	\$90.00		
8-Feb	2945	Jim M	81.83 PI 41.10 News Letter	\$122.93		
4-Feb	2946	Tari B	January Quarterly	\$161.92		
4-Feb	2947	Steven S	Picnic Shelters	\$286.00		
27-Jan		Transfer to savings	Transfer to savings	25		
		Bank Statement	Ending Balance	\$685.85	\$412.00	\$4,297.76
		After the Statement Date				
		Outstanding				
		Checks				
		Deposits				
1-Mar	2671	Way of Life	Donation		\$30.00	
1-Mar	5111	Tug / The Unity Group	Donation		\$84.15	
1-Mar	151	Lake Stevens (No Group Name)	Donation		\$60.00	
1-Mar	1107	Our Primary Purpose North	Donation		\$30.40	
			Total		\$204.55	
		Cash on Hand				\$4,502.31
	Reserve	2016 Gratitude Dinner expenses		\$1,500.00		
	Reserve	2016 Picnic expense		\$250.00		
	Reserve	2016 50% schedules expense		\$250.00		
			Working balance			\$2,502.31

Virgil O.

“After all, our problems were of our own making. Bottles were only a symbol”.

Big Book,103

Alt. Treasure's Report

Want to know what your Home Group Service ID# is? See below for all of the Home Group's registered with District 24 and their service ID. This is valuable information for each Home Group to have as it helps the AA entities' Treasurer know what the donation is

for/from. Don't see your Home Group name listed below? Please see me after the meeting or contact me at the following email address: dist.24.treasurer@gmail.com.

Service ID	Name	Service ID	Name
113706	Abbey Group	113847	Mountlake Terrace Wednesday
144456	Alderwood Group	122360	Mountlake Terrace Sunday
124890	AMAA		New & Alive
608621	Beginning the Journey Group	678622	On Awakening
617947	Celebrate Life Group	122124	One Day at a Time (ODAA)
122358	Coffee Cup Group	705339	Our Primary Purpose
631134	Continental Breakfast	119609	Patience Group
641563	Continental Divide	705736	Q&A AA
715991	Da Men's Mtg. (DAMM)	113848	Quitters Group
714494	Donut Holes	179522	Safe Harbor
113795	Edmonds Group	636246	Saturday Morning North Creek Study Group
130844	Ed-Lynn Fellowship	167525	Sisters in Recovery
122359	Freedom Group	608611	Solution Group
642948	Freedom Up North (FUN)	148153	South County Men's Group
630770	Friday Night Big Book Study	133298	St. Jude's Study Group
132325	Good Health Group	122417	Sunday Breakfast Group
669376	Graceland	137682	There is a Solution (TIAS)
671143	Great Facts 12 x 12	127012	Terrace Spiritual Study Group
178910	Gunny Sack Hill	662981	Thank You for Sharing
666091	Happy Destiny	641562	The Ladies Crew Group
643563	Happy Hour	177017	The Unity Group (TUG)
113693	Honesty Group	686119	This Nameless Group
652337	Keystone Men's Group	130004	Tolerance Group
649813	Language of the Heart	643139	Unmanageable
698621	Late Night AA	658788	Way of Life Group
113839	Lynnwood Big Book	684145	We Are Not Saints

132517	Lynnwood Men's Group	680426	What About the Real Alcoholic?
119857	Lynnwood Open Group	699311	Wicked Sobah Group
113840	Lynnwood Study Group	672227	Women in Recovery
170970	Midway Lunch Group	144935	Women's Friends
630769	Mill Creek Discussion Group	164647	Women on Thursday Step-Study (wots)

Claire L.W., D-24 Alt. Treasurer

"We absolutely insist on enjoying life"

Big Book, 132

District 24 Mar-16 PI Chair Report

Greetings District 24,

I attended the PI/CPC Quarterly Workshop held in Renton on Feb 13th. We were supposed to have a guest speaker from King County Family Court Services, but they had to cancel at the last minute. So, Mark, past CPC, Area 72 chair led a discussion on AA Guidelines Cooperating with Court, DWI and Similar Programs.

We also received updates on 12 step calls within hospitals. We are now working with 4 Hospital groups around Area 72, This process started with Virginia Mason Hospital in Seattle and has been so successful it has expanded to other Districts through PI/CPC committee work.

District 24 was awarded the bid to host the August 13th, 2016 PI/CPC Quarterly. I need to locate a facility to hold 50-75 guests with a break out room to split the group for the afternoon.

Renton hosted the past quarterly and paid \$100.00 rent to the church; they asked home groups to donate money to buy breakfast/lunch/coffee/water and also asked guests to bring potluck. The 7th tradition was also observed. I'll also get volunteers to help serve breakfast and lunch from our district.

District 24 high schools and the college are up to date with literature racks. All other racks are being serviced by Sponsoring Home Groups.

Yours in Service,

Jim M.



Treatment and Bridge the Gap coordinator

As always ,we went to the treatment center in Monroe on Tuesday. This last Tuesday, I personally went in to speak with a home group member, Wu. It went very well.

Also, as mentioned, we spoke at the treatment center options on the second Thursday of this month. Normally we do the first Thursday, as we will be doing this week. Wich, by the time you read this will be tomorrow. Naturally there is so much that can be done in this area as far as District 24 and AA, as a whole are, concerned. I'm happy to do the part I do to help the still suffering alcoholic.

On a side note my home group has taken over two of the information stations. Both in Edmonds, one at the Sno-Isles library, the other at the Edmonds Police Station. Both have been stocked via the pamphlets provided by Jim M.

Jermaine J.

"As God's people, we stand on our own feet, we don't crawl before anyone."

Big Book, 83

Newsletter

Hello All,

The March issue of this newsletter is in my rearview mirror. I'm with the new template and lots of page formatting, packed in the trunk, it's forward to the next issue.

Thank you , all, for being so quick to get your reports to me and to be of service to AA.

Ever forward,
Robert R.



Grapevine/Literature

Hello,

On February 13th, I drove to Fall City to attend the Grapevine/Literature Quarterly. We all shared ideas on how we can use literature to spread the message within our districts.

One idea was to bring "new" books to the meeting and briefly discuss it.

Another was to purchase Grapevine calendars and sell them at the district meetings and or home groups.

And finally, to encourage GSRs, etc. to attend district meetings, advertise a drawing for a "free" book or subscription to Grapevine at the next district meeting. I would like to do that for our district 24 April 6th meeting.

Thanks for letting me be of service,
Sincerely,
Rita N.

Third Legacy

This month we have Dennis F. coming to present Concept 7 and possibly 8.

I am really enjoying the concept presentations from our Past Delegates! Our Past Delegates have an amazing abundance of information on all aspects of the AA program!

Please, If you are receiving this email, join us from 6-7 PM, just before the District 24 meeting.

Hope to see you there!
In Grace... Peg S.
3rd Legacy chair

Attention District 24 Service Reps and GSRs

••••• Attend the **District 24 April 6th** meeting at the Lynnwood Senior Center at 7pm and your name will be entered for a drawing for a new book, **Forming True Partnerships.**

••••• Attend the **District 24 Third Legacy meeting** prior to the district meeting and your name will be put in again.

Must be Present to Win!!!!!!

Hope to see you there!

Rita N.

District 24 Grapevine/Literature