



District 24 August Newsletter



Serving Lynnwood, Edmonds, and Mountlake Terrace Vicinity
District 24 is part of Western Washington (Area 72)

Wednesday August 5, 2009

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District 24 Business Meeting

Our regular business meeting is held on the first Wednesday of each month, starting at 7 p.m.

Location:

Edmonds Christian Church
230th and 84th W.
Edmonds, WA

All are welcome!!

PHOENIX CLUB

New Address:
920A N. 160th St.
Shoreline, WA

EDLYNN FELLOWSHIP HALL

New Address:
7526 Olympic View Dr. , Ste I
Edmonds, WA 98026

2010 - INTERNATIONAL

Convention of Alcoholics Anonymous
www.aa.org/en_intconv2010.cfm

SNO-KING INTERGROUP EVENTS

Sno-King Intergroup is located on the 2nd floor of the Stone Court building on 6th Ave W. in Edmonds, very near the intersection with Highway 99, south of 224th St. S.W.

DISTRICT COMMITTEE

Positions & Contacts

DCM: Stephanie S.
dcm24@area72aa.org

Alt DCM: Ann N.
dist.24.altdcm@gmail.com

Accessibility: Jane
dist.24.accessibilitychair@gmail.com

Corrections: Judy S.
dist.24.correctionschair@gmail.com

GSIG Zone Rep: Marshall E.
marshall.emmons@gmail.com

Sno-King Intergroup Rep: Arnie

Schedules: Loretta
dist.24.schedule@gmail.com

Grapevine/Literature Chair: Jack
dist.24.literature@gmail.com

Archives: Rachel
dist.24.archives@gmail.com

Secretary: Leslie
dist.24.secretary@gmail.com

Registrar: Cheryl
dist.24.registrar@gmail.com

Treasurer: Marty
dist.24.treasurer@gmail.com

Coffee Maker: Peg
dist.24.coffeemaker@gmail.com

CPC: Joe Cstl.
dist.24.CPC@gmail.com

Public Information: Position is Open
dist.24.PI@gmail.com

Treatment: Joe Crz.
dist.24.treatmentchair@gmail.com

Newsletter: Greg D.
dist.24.newletter@gmail.com

Web Chair: Greg D.
dist.24.webchair@gmail.com

Bridging the Gap: Janie
dist.24.bridgingthegap@gmail.com

INTERNET MEETINGS FOR HOUSE-BOUND PEOPLE:

Here are two links:
www.southernalspeakers.org
<http://xa-speakers.org>

DISTRICT 24 PO BOX FOR FUTURE GROUP DONATIONS:

District 24
P.O. Box 439
Lynnwood, WA 98046

BUSINESS MEETING MINUTES FROM JULY 2009

In Attendents	
Rian H	John S
Ann N	Leslie T
Kellee E	Jack R
Tammy	Arnie B
Jane E	Loretta M
Mike R	Judy S
Mike F	Teresa H
Pam L	Stephanie S
Cheryl M	Bob H
Greg D	Peg S
Doug N	Maura H
Tom B	Ron B
Lynn A	Jeff H
Jamie K	

Meeting called to order at 7:00pm

Serenity Prayer and Responsibility Declaration were recited.

Ron B. Long Form of Concept 6 was read then introduction of position, name of home group and any announcements were given. June Birthdays: Lynn with 6 years!

REPORTS

Registrar: Cheryl asked for any changes in group information and sent around the roster for GSR's names and addresses for receiving GSO mailings

Treasurer: not present, in Italy.

Coffee Maker: Rian and Peg are switching places. Rian is the Coffee Maker now and Peg is the alternate.

PI/CPC: Open Position. Next Quarterly is August 8th, please see Stephanie if you can attend.

Treatment/Bridging the Gap: a member of AA that has had this position before, Bob, came and shared some helpful information with us and will be available to Boomer. The most important thing is to get the sign up sheet for Bridging The Gap filled up with people willing to be the contact folks who are coming out of treatment.

Newsletter/Web: Jamie resigned from the position, no report.

Archives: Jeff made himself available as this is an open position. At new business we will formalize a vote. Thank You Jeff!

Grapevine/Literature Chair: Prices went up as of today, it has been 12 years since the last increase. D24 will be hosting the July 2010 Quarterly.

Schedules: Has schedules, take what you need and leave the rest!

Sno-King Intergroup Rep: Doug passed around a volunteer form for phone time at the office for the GSR's to take to their home groups. This is great service work and is much needed. Please announce at your home groups.

GSIG Zone Rep: Not present

Corrections: Judy- Report attached.

Accessibility: The list going around is for the folks able to take a meeting to a shut in. Please notify Jane if you know of someone in need.

Alt. DCM: Ann, nothing to report.

DCM: Stephanie, report attached

District Picnic: Next planning meeting is 7/18 0845 following the TUG meeting. Volunteers still needed.

Old Business: Open positions reviewed, Jeff voted in for Archives.

New Business: Pre Assembly discussed. We will be closer to the South one and usually attend the North. Vote to attend and support South Pre Assembly. Stephanie will let them know. Registration forms sent around.

Meeting adjourned.

Respectfully, Leslie T, District 24 Secretary

BUSINESS MEETING REPORT FOR AUGUST 2009

D-24 Corrections Report

July 18th was a special event at the Minimum Security Unit at Monroe Prison. We had 7 new attendees and many of the regular volunteers, and the prison turn out was enthusiastic. The guys later commented that they were impressed that so many volunteers showed up to tell their stories. I assured them that it is a gift to be able to attend, as many of our members have stories that include jails and crimes gone unpunished, so it is always easy to relate to inmates. We hope to have more of these events in the future.

Last month we also were the grateful recipients of 10 Big Books from the Friday Night Big Book and the Mill Creek Discussion Groups. They were gratefully received. Thank you all for the support you give to alcoholics behind bars.

The Special Offenders Unit (SOU) needs male volunteers to bring meetings to the guys, as one of our more reliable volunteers has a medical condition which limits his participation. He lives in Camano Island and was commuting both ways once a week for several years. It's a testament to the rewarding nature of corrections work that he was willing to do this. The prison is not issuing sponsor badges as easily as it once did, so we need to start training more men to take meetings in to the guys. Please see me or Nels for an application if you think you'd like to give back in this way.

Twin Rivers (TRU) and Washington State Reformatory (WSR) are other branches of the Monroe Prison Complex that we serve with meetings. My main interest has been taking meetings to MSU, but once trained

you might find that you're needed in one of the other facilities, as Joe B. from TUG discovered. He now takes meetings into SOU on a weekly basis.

Thanks again for the opportunity to serve.

*Respectfully submitted,
Judy S., Corrections Chair*

Website Report IT'S UPDATED

Let me start by saying thank you for opportunity. After a few arches and pains (My will, not God's). I was able to speak with Gina, and she walked be through the log in process to retrieve the files from www.scn.org/d24. I have now transferred them to the new web address www.district24.org, which we have already paid 2-years to have. When anybody does a web search (Google, MSN, etc.) or they type in the old address www.scn.org/d24 it will automatically redirect them to www.district24.org If you notice a problem, email me at: dist.24.webchair@gmail.com.

The current site will stay active and updated while I'm preparing the new design. I wanted to get the current website updated before doing a complete overhaul.

If you want to add an event to the website or there's a meeting missing from the schedule, email me at: dist.24.webchair@gmail.com

*Submitted By:
Greg D., webchair*

Newsletter Report

If you are reading this everything worked out before I went on vacation, if not I will email a copy to everybody when I return.

In order for me to do that, I need a current email address, that you check on a regular basis. I'm having a really difficult time getting info/reports to make this newsletter happen. If you need instructions to access your gmail account, let me know

If you want to add an event to the website or there's a meeting missing from the schedule, email me at: dist.24.webchair@gmail.com

*Submitted By:
Greg D., webchair*

FINAL 2009 MOTIONS

“The Western Washington Area treasury fully fund American Sign Language (ASL) services at the annual Area Assembly and the three Area Committee Quarterlies for participating members as requested. It is not the intent of this motion to fund area standing committee quarterlies, which should be funded by the accessibilities committee.”

Summary: This motion addresses the payment for only ASL services at three Area Quarterlies and the Assembly. It would shift payment of these costs from the Accessibility Committee’s budget to the general Area Treasury.

NOTE: This motion would not affect Spanish interpretation at Quarterlies and the Assembly. Spanish interpretation will continue to be provided and paid for from Accessibility Committee funds.

Current Practice: Currently, the Accessibility Committee is responsible for handling all ASL interpretation needs as detailed in their guidelines and that their budget of \$7,500.00 allows. The \$7,500.00 allocation was established, in part, with providing interpretive services in mind. The Committee Guidelines state that ASL interpretation will be provided for at Area Committee Quarterlies and the Area Assembly if requested. Typically, a request comes in about a month before the event. Because it is not known if the service will be required for the Quarterlies and Assembly, Committee funds are tied up for most of the year, “on hold” to meet any possible expense. In addition, if ASL services are required at all 4 events, along with Spanish interpretation, it leaves

the Committee with very little funds to undertake other actions and may result in the Committee having insufficient funds to cover all events.

If Passed: Funding for ASL services would come directly from the WWA treasury instead of from the Accessibility Committee’s budget. The Accessibility Committee would be left with a \$7,500.00 allocation to work with. The Committee could use the funds to provide interpretive services at other Area business meetings, support new District Accessibility Committees by providing literature, and supporting outreach efforts for other accessibility needs (“shut ins”, sight impaired, etc.).

If Not Passed: ASL services would continue to be funded from the Accessibility Committee’s budget.

For Consideration: Tradition 7, Concept IV, WWA Accessibility Committee Guidelines

Approved requests for interpretation and/or translation at the three Area Quarterlies and the annual Area Assembly be funded by the Area treasury.

Summary: This motion would fund all interpretation and translation costs for the four listed events from the Area treasury.

NOTE: For the Area’s purpose, interpretation is the conversion of spoken or signed words from one language to another; translation is the conversion of written documents from one language to another.

Current Practice: Currently, the Accessibility Committee is responsible for handling all accessibility needs within their guidelines and that their budget of \$7,500.00 allows. This includes interpretation and translation costs for the Area Quarterlies and the Assembly. The \$7,500.00 allocation was established, in part, with providing these services in mind. Because it is not known if interpretation services will be required for the Quarterlies and Assembly, Committee funds are tied up for most of the year, “on hold” to meet any possible expense. In addition, if ASL and Spanish interpretation services are required at all 4 events, it leaves the Committee with very little funds to undertake other actions and may result in the Committee having insufficient funds to cover all events.

If Passed: Funding for interpretation and translation at the Assembly and the three Area Quarterlies would come directly from the WWA treasury instead of from the Accessibility Committee’s budget. The Accessibility Committee would be left with a \$7,500.00 allocation to work with. The Committee could use the funds to provide interpretive services at other Area business meetings, support new District Accessibility Committees by providing literature, and supporting outreach efforts for other accessibility needs (“shut ins”, sight impaired, etc.).

If Not Passed: interpretation and translation would continue to be funded from the Accessibility Committee’s budget.

For Consideration: Tradition 7, Concept IV, WWA Accessibility Committee Guidelines

The Western Washington Area makes available to the Cooperation with the Professional Community (CPC) Committee money for exhibit/booth fees at professional conferences/conventions not to exceed \$1,000.00 per year.

Summary: This motion would provide funds for the Area CPC Committee to set up information booths at conferences and/or conventions held by members of the professional communities they interact with.

Current Practice: The CPC has an allocation of \$500.00 for literature and does not have allocated funds for attendance fees, etc. The CPC Committee has been asked to set up an information booth at the last two State Criminal Justice Conferences. These requests were unplanned for and the money to participate was covered under Motion 06.2. These requests have shown the Committee that this might be an annual activity for them (and thus, not an "unexpected" expense covered by 06.2) and raised the possibility for the Committee to participate in other such events.

If Passed: The CPC Committee would have the means to participate in professional conferences and conventions, allowing them the ability to reach a larger number of people at one time. Potential events are the UW Continuing Nursing Education Conference, the Group Health Leadership Conference, and the Washington State Dental Association Pacific Northwest Dental Conference. Exhibit fees range from \$150 to \$1000 depending on the size and location of the conference or convention.

If Not Passed: The CPC Committee would have to react to requests on a case-by-case basis and seek funding under Motion 06.2. The uncertainty of annual expenses for these events might create a problem in calculating annual expenses for the Area.

For consideration: Tradition 7, Page 17 of the GSO CPC Workbook encourages participation in State and local professional meetings and states that, "If possible, the committee's budget should include funds for exhibit space fees for these events, literature for professional meetings, and small, unanticipated opportunities throughout the year."

[http://www.aa.org/pdf/products/m-41i_CPCWorkbook.pdf]

"We ask AA World Services to produce pamphlets without staples so that they can enter into all correctional facilities."

Summary: This would be a request to AA World Services (AAWS) who may or may not choose to act on it. Requests to AAWS made with full Area support carry more weight at the General Service Conference. Other Areas have recently made similar requests.

Current Practice: AAWS produces most pamphlets with staples. Literature with staples is not allowed in some correctional facilities, requiring Correctional Committees to remove the staples and bind the pamphlets with thread or other methods before providing them to facilities. Among the pamphlets that the maker of the motion would like to see distributed to correctional facilities are:

- "This is A. A."
- "44 Questions"
- "A. A. for Women"
- "Memo to an Inmate"
- "The A. A. Member - Medications and Other Drugs"
- "Questions and Answers on Sponsorship"
- "Is A. A. for Me?"

If Passed: Correction Committees would be able to more easily provide inmates with AA literature.

If Not Passed: Correction Committees would continue to have to remove staples and may be limited on the number of pamphlets they can provide to facilities depending on their ability to "de-staple" pamphlets.

For Consideration: Tradition 5, GSO Corrections Workbook [http://www.aa.org/pdf/products/m-45i_corrections.pdf]

NOTE: In response to Area 72 inquiries, AAWS has stated that they have looked into staple-less publishing before, but have determined that it is was not feasible due to costs and there was no practicable non-glue method for binding smaller (fewer page) pamphlets without staples. They do produce several products bound with glue that can go directly into correctional facilities: "Memo to an Inmate" and "It Sure Beats Sitting in a Cell"; the Big Book and the Twelve and Twelve soft cover editions and pocket editions; A.A. In Prison: Inmate to Inmate; and other soft-cover books. The A.A. Grapevine is also now bound with glue.

“Move that the WWA 72 mileage allowance be reduced from the full IRS business rate to 2/3 the prevailing IRS business rate “

Summary: This would reduce the amount of money the Area pays to compensate Area trusted servants for travel mileage under Motion 06.3.

Current Practice: The area reimburses mileage expenses of elected and appointed trusted servants and steering committee members at the current IRS business rate. The current rate is \$0.55 per mile. The IRS business rate takes into consideration transportation costs of operating a vehicle including gasoline, depreciation, insurance and wear and tear on the vehicle.

If Passed: The motion would decrease the amount spent on travel for Area 72 business. If this motion were currently in effect we would be reimbursing at \$0.36 per mile.

If Not Passed: Reimbursements would continue at the current full IRS business rate.

For consideration: Tradition 7

HAPPENINGS

2009 WESTERN WASHINGTON AREA 72 ASSEMBLY
October 2, 3, and 4, 2009
Lynwood Convention Center
3711 196th St. SW,
Lynwood, WA 98036
HOSTED BY DISTRICT 12

THE ANNUAL BUSINESS MEETING FOR WESTERN WASHINGTON AREA 72
*“Our Commitment to Carry AA’s Message -
Enthusiasm and Gratitude in Action”*

Head Information on Other Side

Friday: 11:30am
Plenary/Workshop
Ice Cream Social
Saturday: 8:00am
Business Meeting
Sunday: 8:00am
Spiritual Breakfast



Menu and Directions on Other Side

Questions? Email:
Chris, Chair
assembly@westernarea72aa.org
Name, Area At Chair
andreas@westernarea72aa.org
Dawn, Registration
assembly@westernarea72aa.org
Area 72 website:
www.area72aa.org
District 12 website:
www.area72aa.com

Separate Along Dashed Line and Submit to Address Below

EARLY REGISTRATION MUST BE SUBMITTED PRIOR TO September 05, 2009
Mail in registration till 9/18/2009. Cash/late date for meals 9/18/09

<p>Full Name: _____</p> <p>Name for your badge: _____</p> <p>Home Group/District #: _____</p> <p>Address: _____</p> <p>City/State/Zip: _____</p> <p>Phone: (____) _____</p>	<p>To purchase separately, please check all that apply</p> <table border="0"> <tr> <td><input type="checkbox"/> Registration Fee</td> <td style="text-align: right;">Price</td> </tr> <tr> <td><input type="checkbox"/> Early Registration Discount</td> <td style="text-align: right;">\$5.00</td> </tr> <tr> <td><input type="checkbox"/> Friday Ice Cream Social</td> <td style="text-align: right;">\$7.00</td> </tr> <tr> <td><input type="checkbox"/> Saturday Lunch</td> <td style="text-align: right;">\$22.00</td> </tr> <tr> <td><input type="checkbox"/> Saturday Dinner</td> <td style="text-align: right;">\$30.00</td> </tr> <tr> <td><input type="checkbox"/> Sunday Spiritual Breakfast</td> <td style="text-align: right;">\$22.00</td> </tr> <tr> <td colspan="2" style="text-align: right;">TOTAL ENCLOSED \$ _____</td> </tr> </table>	<input type="checkbox"/> Registration Fee	Price	<input type="checkbox"/> Early Registration Discount	\$5.00	<input type="checkbox"/> Friday Ice Cream Social	\$7.00	<input type="checkbox"/> Saturday Lunch	\$22.00	<input type="checkbox"/> Saturday Dinner	\$30.00	<input type="checkbox"/> Sunday Spiritual Breakfast	\$22.00	TOTAL ENCLOSED \$ _____	
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TOTAL ENCLOSED \$ _____															

We are not able to meet special dietary needs. Please make special requests to 2009 Area 72 Host Committee P.O. Box 1875, Marysville, WA 98270

Seattle Districts Pre-Assembly

The Preassembly is an opportunity for GSRs, Alt GSRs and anyone else who is interested to get informed about the motions we'll be voting on at the assembly in October.

When: Saturday, August 29th
12 noon until 5 pm

Location: Denny Park Lutheran Church
766 John St., Seattle

Directions: From North or South: I-5 to exit 167 Mercer St
(The Mercer St exit is on the left if you're coming from the south)
Left on Fairview Av
Right on Thomas
Left on 8th Ave
The church will be on the right
(Parking is metered)

Sustenance: Coffee will be provided
Please bring snacks to share
There is no kitchen access,
so please bring pre-prepared foods

Contact: dcm16@area72aa.org
dcm41@area72aa.org

Host districts: 16, 17, 38, 39, 40, 41, 42

The 7th tradition will be provided.
ASL interpretation will be offered.

Sno-King Intergroup

Hours: 11:00AM to 7:00PM
Seven days a week, 365 days a year

Sno-King Intergroup
22617 76th Ave Suite 283
Edmonds, WA
425-472-0987



P O Box 38
Mountlake Terrace, WA 98043

Be of service to Alcoholics Anonymous

Two ways to serve:

- **Phone Volunteer Work** (No minimum sober time)
Slightly available: *Weekends 2 hours, once a week (individuals)
*Weekdays 4 hours, once a month (groups)
- **Cell Phone Weekly Volunteers**
Call Kris at 425-745-7888 for cell phone service position details

Weekend shifts at the Sno-King Intergroup office and after hour's cell phone coverage are great ways to get your home group active in service!

Sno-King Intergroup's business meeting is the 2nd Tuesday each month at the Intergroup office.



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We Are Not Saints

2nd Annual Potluck and Speakers Meeting

Sunday, August 2nd

5:00pm Potluck and 7:00pm Speakers Meeting

Speakers: John M. and DJ R.

Burgers and hotdogs will be served but please bring a side dish, beverage or dessert to share.

All are welcome and childcare is provided during the meeting.

Good Shepherd Baptist Church
8915 196th St. SW
Lynwood, WA 98036



WHERE CAN A DRUNK FIND ALCOHOLICS ANONYMOUS BY ACCIDENT?

(THE PUBLIC INFORMATION BOOTH AT THE EVERGREEN STATE FAIR IN MONROE !!)

Since the P.I. Booth started in 1938, over 9 MILLION people have gone to the fair, and they took over 10 THOUSAND AA pamphlets and meeting schedules!!

If you know another way to put AA literature within the reach of almost a million people a year, we want to hear about it!!!!

If just one district could do it all, we would, but we can't, so we're asking for help again this year.

We need contributions to pay for rent and literature, and we need volunteers to staff the booth.

For further information, call:

Lolinda H.	425-876-6664	Chairperson
Jay B.	425-319-9749	Volunteer Coordinator

Groups, districts, or individual AA's can send contributions to:
AA PI Booth, Box 1894, Sultan, WA 98294

TUE EDMOND'S GROUP BBQ'S HAPPENING NOW!

July 25, 2009

Potluck: 6:00 On the lawn above the beach!
Meeting: 8:00 General Hoopla, Cakes, Cakes, AND!
Speakers: *Art & Margie* (Bill Creek, Wa)

August 22, 2009

Potluck: 6:00 On the lawn above the beach!
Meeting: 8:00 General Hoopla Cakes Cakes AND!
Speakers: *Daun* (N. Seattle) *Astri* (Seattle)

September 29, 2009

Potluck: 6:00 On the lawn above the beach!
Meeting: 8:00 General Hoopla Cakes Cakes AND!
Speakers: *Dave & Polly* (Bellevue, WA)

October 27, 2009

Potluck: 6:00 Inside with ocean view!
Meeting: 8:00 General Hoopla Cakes Cakes AND!
Speakers: *Nate* (Bellevue) *Melini* (Bellevue)

November 24, 2009

Potluck: 6:00 Inside with ocean view!
Meeting: 8:00 General Hoopla, Cakes, Cakes, TBA speakers

Bring a dish to share, donations accepted



TREASURER'S REPORT

Treasurer's Report August 5, 2009

District 24

Checking Account

Date	Transaction Type/Number	Pay To / Received From	Explanation	Paymt. Amt. (-)	Deposit Amt. (+)	Balance Check book
						June
6/16/2009	Account				Balances	1,577.36
	Deposit	Group Donations				
6/20/2009		--Patience			10.00	
	Checks					
7/1/2009	2576	Peg S.	- cookies	6.00		
			- Grapevine			
7/2/2009	2577	Jack R.	Qtrly	20.00		
			- Area Qtrly			
7/11/2009	Debit Card	Hilton Garden	Exp.	100.04		
7/16/2009	Svc Chg	Wells Fargo		5.00		
7/16/2009					Balance	1,456.32
June / July - Outstanding Checks						
5/5/2009	2561	Judy S.	Qtrly - mileage	92.95		
7/3/2009	2578	Ann N. - copies		17.52		
7/4/2009	2579	Area Host Comm.- Ass'ly Reg.		192.00		
		Total		302.47		
	Deposit	Group Donation	After the Statement Date			
7/18/2009		--Freedom			30.00	
		--Graceland			20.62	
		--Celebrate Life			30	
7/25/2009		--Lynnwood Study			10.00	
		--Edmonds			45.42	
		--Mountlake Terr. Sunday Night			150.00	
		Total			286.04	
7/31/2009					Working balance	1,439.89