



District 24 October Newsletter



Serving Lynnwood, Edmonds, and Mountlake Terrace Vicinity
District 24 is part of Western Washington (Area 72)

Wednesday, October 7, 2009

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District 24 Business Meeting

Our regular business meeting is held on the first Wednesday of each month, starting at 7 p.m.

Location:

Edmonds Christian Church
230th and 84th W.
Edmonds, WA

All are welcome!!

WAY OF LIFE MEETING MOVED

New Address:
Northlake Christian Church
19029 North Road

PHOENIX CLUB

New Address:
920A N. 160th St.
Shoreline, WA

2010 - INTERNATIONAL

Convention of Alcoholics Anonymous
www.aa.org/en_intconv2010.cfm

SNO-KING INTERGROUP EVENTS

Sno-King Intergroup is located on the 2nd floor of the Stone Court building on 6th Ave W. in Edmonds, very near the intersection with Highway 99, south of 224th St. SW.

DISTRICT COMMITTEE

Positions & Contacts

DCM: Stephanie S.
dcm24@area72aa.org

Alt DCM: Ann N.
dist.24.altdcm@gmail.com

Accessibility: Jane
dist.24.accessibilitychair@gmail.com

Corrections: Judy S.
dist.24.correctionschair@gmail.com

GSIG Zone Rep: Marshall E.
marshall.emmons@gmail.com

Sno-King Intergroup Rep: Doug N

Schedules: Loretta
dist.24.schedule@gmail.com

Grapevine/Literature Chair: Jack
dist.24.literature@gmail.com

Archives: Jeff
dist.24.archives@gmail.com

Secretary: Leslie
dist.24.secretary@gmail.com

Registrar: Cheryl
dist.24.registrar@gmail.com

Treasurer: Marty
dist.24.treasurer@gmail.com

Coffee Maker: Rian
dist.24.coffeemaker@gmail.com

CPC: Position is Open

Public Information: Position is Open
dist.24.PI@gmail.com

Treatment: Boomer
dist.24.treatmentchair@gmail.com

Newsletter: Greg D.
dist.24.newletter@gmail.com

Web Chair: Greg D.
dist.24.webchair@gmail.com

Bridging the Gap: Boomer
dist.24.bridgingthegap@gmail.com

INTERNET MEETINGS FOR HOUSE-BOUND PEOPLE:

Here are two links:
www.southernalspeakers.org
<http://xa-speakers.org>

DISTRICT 24 PO BOX FOR FUTURE GROUP DONATIONS:

District 24
P.O. Box 439
Lynnwood, WA 98046

BUSINESS MEETING MINUTES FROM SEPTEMBER 2009

In Attendance	
Rian H	John S
Ann N	Leslie T
Kellee E	Jack R
Tammy	Arnie B
Jane E	Loretta M
Mike R	Judy S
Mike F	Teresa H
Pam L	Stephanie S
Cheryl M	Bob H
Doug N	Peg S
Tom B	Maura H
Lynn A	Ron B
	Jeff H

In Attendance may not be accurate.

Meeting called to order at 7:02pm

Serenity Prayer and Responsibility Declaration were recited.

August Birthdays: Laura 13 years, John 24 years, Happy Birthday!

REPORTS

Secretary: Minutes read and approved.

Registrar: Cheryl has packets for new GSR's and passed around the roster for everyone to make sure the information was correct.

Treasurer: Report reviewed and approved

Coffee Maker: Rian had purchased coffee cups, submitted receipt for reimbursement

PI/CPC: Not in attendance

Treatment/Bridging the Gap: Alpine treatment center had 3 speakers in august, still need volunteers. 4-5 Bridging The Gap aliances done. Young people encouraged to participate. Has reimbursement jnformation for quarterly. Alpine is requesting a literature rack, Boomer will talk with Theresa re this.

Newsletter: emails are being checked to make sure everyone has access. Please send reports the weekend before the meeting so that the newsletter can be compiled in a timely manner.

Webmaster: Events are being updated on D24 website and can be printed from there, also in the newsletter.

Archives: Workshop attended with Stephanie. Preservation information learned was very helpful as he is putting the display materials together.

Grapevine/Literature Chair: Donations for corrections needed, clean Big Books and 12x12's needed.

Schedules: Stapling party October 11th, 1pm. Please submit meeting changes as they occur. Recommended to increase schedule count from 1500 to 2000 and check on electronic version for website.

Sno-King Intergroup Rep: Volunteers are starting to trickle in, thank you and keep on coming.

GSIG Zone Rep: Marshall not present, John will attend business meeting for the seattle intergroup to check in

Corrections: New Meeting going well, need more volunteers and more sponsors needed.

Accessibility: Will email Greg a short write up on Accessibility committee's responsibility needs and contact info for the newsletter. Current need for meeting to brought to nursing home for couple who have 30 years sober. District 42 has no accessibilities chair, quarterly in October.

Alternate DCM: Ann said it was great attending more meetings in August as it was her birthday month. She also enjoyed the time spent at the booth for monroe fair.

DCM: International Conference registration is open now, pre assembly is set for october 2-4 at the lynnwood convention center, archives meeting was great.

Bus sign project is supported by district 24

Old Business: No old business.

New Business: No new business

Meeting adjourned.

*Respectfully, Leslie T,
District 24 Secretary*

DCM Report

I want to thank the GSR's for all the time you spent getting knowledgeable about the assembly motions, taking that to your home group and finding out how they wanted to vote. There were about 730 registered for the business meeting and district 24 had about 25 GSRs in attendance. You are the voice of your home group and I thank you for showing up and being heard.

Notes from the Corrections Quarterly

September 19, 2009 Hosted by District 7

22 Districts were represented in attendance and Tom was the afternoon speaker. Literature orders will be taken at the next

Quarterly. The area provides a certain amount of literature free of charge to be taken into corrections. This is meant to supplement the Districts that take literature in but might not have the funds to support the need. Literature costs are up with no increase to the budget. Area inventory information from the district committee chairs will be gathered and discussed at the December Quarterly. The Bridge Chair was not in attendance and no report was given but there were overwhelming complaints from the Districts of Bridges not being fulfilled. This is very serious and Dan F. (Area Chair) will follow up. Corrections correspondence program was discussed

and forms will be emailed. Thank you to Judy for the opportunity to be of service, Stephanie S. DCM District 24

As an aside, I had the opportunity to carpool to Vancouver with Jasper from District 3. This was a 361 mile round trip and the cost to our district would have been \$199.00 for mileage. Jasper charges his District for gas only (\$80.00) and I paid him \$40.00 for half. I would encourage everyone to look for ways to minimize the financial impact while doing our service work.

Stephanie S. DCM District 24



A Vision For You

75 Years of Alcoholics Anonymous

JULY 1 – 4, 2010 • SAN ANTONIO, TX USA

Coordinated by A.A. World Services, Inc.

SAN ANTONIO – IT'S BEYOND CONVENTIONAL!

San Antonio is a city rich with history and wonder. A land of epic battles and flowing rivers, it is a melting pot of diverse cultures. Walk the lines drawn for independence when you visit the Alamo—one of five Spanish colonial missions. Stroll the cobblestone sidewalks of the River Walk to uncover an outdoor theatre with flamenco dancers and mariachis, nationally acclaimed museums, and sidewalk cafes that offer everything from authentic Tex-Mex to international cuisines.

MEETINGS, MEETINGS, MEETINGS

Beginning Thursday at midnight through early Sunday, Marathon A.A. meetings will be held in English, Spanish and French. A.A. topic meetings, workshops, panels, special interest meetings, and regional meetings will be held Friday and Saturday at the Henry B. Gonzalez Convention Center and the Grand Hyatt San Antonio. Sharing with members from around the world will energize you to carry the A.A. message back home!

Convention Dates: July 1 – 4, 2010 | Pre-Registration Deadline: May 14, 2010 | Registration Opens: September 1, 2009

Register at: <https://www.one-stop-registration.com/2010ic-registration/OSR.Index>

BUSINESS MEETING REPORTS FOR OCTOBER 2009

Alternate DCM Report

Explained the motions to my home group and got a group conscience to prepare for the assembly. Attended the ww area 72 assembly at the Lynnwood convention center on the 2nd, 3rd and 4th of October. We had a great attendance by our GSR's and Alt GSR'S. We filled up three tables. It was a great experience for all the people who had not attended one before. It was great to witness such a process and we had lots time to get to know each other better. There was over 700 at the event. Looking forward to next years.

*Ann N.,
Alternate DCM24*

Accessibility Chair Report

Homebound or Shut - In.

District 24 will bring a meeting to a Member of Alcoholics Anonymous who can't make it to a regular scheduled meeting. Volunteer AA members bring meetings to Homebound or Shut in members, temporary or permanent, Day or Night, any day of the week. Contact your GSR for details. Call Jane E. your District Accessibility Chair at 206-856-5683.


Next quarterly is 10/18 in Sedro Woolley.

Jane E., Accessibility Chair

Schedules Report

The Fall Stapling party is this coming Sunday at 1pm at 1401 Poplar in Everett. Please see attached flyer and get the word out this week. We needs lots of volunteers to get these schedules put together.

*Submitted By:
Loretta M., Schedules Chair*



AA
Schedule
Stapling Party
Snohomish County Districts
2, 3, 12, 19, & 24

-Service Opportunity-
Bring your sponsor!

Cookie Potluck too!

Sunday- October 11, 2009
1:00 to 5:00
1401 Poplar – Everett

Parking is available but limited
Car-pooling encouraged

Treatment/Bridging the Gap report

Hello D-24--I set up 3 speakers at Alpine Recovery for Thursday eve. and one speaker did a Bridging the Gap presentation for me too. Not sure what that produced. On the topic of BTG....it has come to my attention that either none or some of the bridges I have been sent are not being contacted/bridged. I find that completely unacceptable and I am putting

out a notice of an opening for the position of BTG to help me with that part of my position. More info to follow at the district meeting. Area Quarterly is Sat. Oct. 10th in Bellingham and I plan on attending if anyone wants to ride with me...unless the weather is good I will ride my motorcycle!

*THANKS
Boomer*

D-24 Corrections Report

The September Quarterly was held in Vancouver, WA on the 19th, and as I was on vacation, Stephanie attended and voted for me. I missed several meetings at MSU and yesterday (Tuesday) discovered that the meetings have not been covered. Luckily, the guards allowed the meetings to go on without a sponsor, and we had a good meeting on Tuesday. We're back to normal.

We always need volunteers, so see me or Jane or Rick P. or Nels if you're interested in this work. Bridge the gap is also a good way to help a newly released alcoholic to get plugged into the program. Those forms are available at area72aa.org.

Judy S., D24 Corrections Chair
jstilson@post.com

Website Report

I've received a few requests about adding features to the website. I'm currently working on a new design, so it will be easier add this as requested. In the meantime I will attempt to update the current website, sorry for the delay.

If you want to add an event or there's a meeting missing from the schedule, email dist.24.webchair@gmail.com.

Greg D., webchair
dist.24.webchair@gmail.com

Newsletter Report

I received a current list of chair email addresses, which allowed me to send everyone the access information for the GMAIL Accounts. If anyone is having problems let me know.

Having current email addresses, along with everyone providing me their reports over the weekend made this months newsletter come together much easier.

Greg D., Newsletter Chair
dist.24.newsletter@gmail.com

TREASURER'S REPORT

Date	Transaction Type/Number	Pay To / Received From	Explanation	Paymt. Amt. (-)	Deposit Amt. (+)	Balance Check book
						Sept
8/18/2009	Account	Balances				1,640.26
	Deposit					
8/24/2009	Group Donations	--Mountlake Terr.	Sunday Night		125.20	
	Checks					
8/28/2009	2580	District 16	pre-assembly	68.00		
9/8/2009	2563	Boomer/Mike McCormick	Treatment Qtrly - gas	54.00		
9/8/2009	2564	Ann Nygaard	Qtrly - mileage	138.24		
9/16/2009	2562	Edmonds Christian Ch.	rent July-Sept	90.00		
9/16/2009	2566	GSBS Printing -2nd half	Schedules	200.00		
9/17/2009	Svc Chg	Wells Fargo		5.00		
Totals / Balance				555.24	125.20	1,210.22
Aug/Sept		Outstanding Checks				
9/2/2009	2567	Judy Stilson	Corrections	6.00		
		Total		6.00		
	Deposit	Group Donation		After the Statement Date		
19-Sep		--Abbey			15.00	
		--Women In Recovery			90.00	
		--Unknown (Rice in Millcreek)			30.00	
26-Sep		--The Unity Group (TUG)			114.84	
		Total			249.84	
Working balance						1,454.06

Please put your group's name on your check so you can be given proper credit.

HAPPENINGS

Sno-King Intergroup

Hours: 11:00AM to 7:00PM
Seven days a week, 365 days a year

Sno-King Intergroup
22617 76th Ave Suite 203
Edmonds, WA 425-672-0987
P O Box 30
Mountlake Terrace, WA 98043



Be of service to Alcoholics Anonymous

Two ways to serve:

> **Phone Volunteer Work** (No minimum sober time)

Shifts available: *Weekdays: 2 hours, once a week (individuals)
*Weekends: 4 hours, once a month (groups)

Call Arnie at 206-399-7249 for current shift openings

> **Cell Phone Weekly Volunteers**

Call Kris at 425-743-7080 for cell phone service position details

Weekend shifts at the Sno-King Intergroup office and after hour's cell phone coverage are great ways to get your home group active in service!

Sno-King Intergroup's business meeting is the 2nd Tuesday each month at the Intergroup office.



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17th Annual Sponsorship Conference "The How and Why of It" October 16 – 18, 2009



Our purpose is to dispel rumors and fears connected with sponsorship, and to discuss the rewards and benefits of being sponsored as well as being a sponsor. All topics, panels, and speakers will be focused on this purpose.

La Quinta Inn & Suites

1425 E. 27th Street (I-5 at Portland Avenue)
Tacoma, Washington 98421

AA Speakers:

Karen H., Long Beach, CA Eileen L., Bellingham, WA
Johnny H., Long Beach, CA Don L., Bellingham, WA

AI-Anon Speaker:

Phil F., Boise, ID

AA Workshops, AI-Anon Workshops, Alkathon, Friday Buffet, Saturday Fellowship Luncheon, Saturday Dinner Banquet, Sunday Morning Spiritual Breakfast

Friday - Registration opens at 1:00 p.m. - First meeting at 2:00 p.m.

Saturday - Registration opens at 8:00 a.m. - Speaker at 9:00 a.m.

Registration is required for all events except Alkathon

Please register early - space is limited

Discount room rates available before October 1st at www.laquinata.com or call

253-383-0146 or 1-866-725-1661

Please mention that you are with the Sponsorship Conference!

For information or to volunteer, please contact:

Jim C. 253-431-6369 (General info) Don P. 253-752-0599 (General info)
Linda H. 253-752-5454 (Registration info)

www.sponsorshipconference.net for schedule information

Saturday morning Omelet Breakfast & Meeting!

In the
Lynnwood
Alano Club
back parking
lot

4001 198th St SW
Lynnwood, WA 98036

This breakfast,
like our meetings,
runs on
donations.

Unlike our
meetings, the
better the
donations, the
better next weeks
breakfast will be!



**Start your Saturday with fresh
made Omelets and a Meeting!**

Serving Omelets at 9AM

Meeting at 10AM

New Cook Ben!

TUE EDMOND'S GROUP BBQ'S HAPPENING NOW!

July 28 2009

Potluck: 6:00 On the lawn above the beach!
Meeting: 8:00 General Hoopla, Coins, Cake, AND:
Speakers: *Art & Margie* (Mill Creek, Wa)

August 25, 2009

Potluck: 6:00 On the lawn above the beach!
Meeting: 8:00 General Hoopla Coins Cake AND:
Speakers: *Donn* (N. Seattle) *Astri* (Seattle)

September 29, 2009

Potluck: 6:00 On the lawn above the beach!
Meeting: 8:00 General Hoopla Coins Cake AND:
Speakers: *Dave & Polly* (Bellingham, WA)

October 27, 2009

Potluck: 6:00 Inside with ocean view!
Meeting: 8:00 General Hoopla Coins Cake AND:
Speakers: *Nate* (Bellingham) *Melina* (Bellingham)

November 24, 2009

Potluck: 6:00 Inside with ocean view!
Meeting: 8:00 General Hoopla, Coins, Cake, TBA speakers

Bring a dish to share, donations accepted



HAPPENINGS

LIVE AT PINE LAKE **AA SPEAKER MEETING**

AT PINE LAKE COVENANT CHURCH 1715 228th. AVE. S.E. SAMMAMISH WA.

SEATING IS LIMITED TO 500 GROUP SERVICE NUMBER 687923-72-36 FEDERAL NONPROFIT ORG. ID.# EIN27-0151975

NO DUES OR FEES ARE REQUIRED

NON-RESERVED SEATING MAY BE AVAILABLE, DEPENDING ON DATE, WHERE THE 7th. TRADITION WILL BE OBSERVED. HOWEVER A \$3.50 ADVANCED DONATION WILL RESERVE A SEAT OR \$30.00 FOR 10 MEETINGS. SEND CHECK'S ONLY, with return address and A note indicating desired dates TO: LIVE AT PINE LAKE 22990 SE.14th. ST. --- SAMMAMISH, WA. 98075

- SAT. JUL. 11 2009 7:00 PM. CLANCY, I. LOS ANGELES, CA.
- SAT. AUG. 8, 2009 7:00 PM. LYLE, P STOCKBRIDGE, GA. pp522 big b
- SAT. SEP. 12 2009 7:00 PM. MARI, G. TORRONTO, CANADA
- SAT. OCT. 10 2009 7:00 PM. SHERRY, R. FORT WORTH TX.
- SAT. NOV. 14 2009 7:00 PM. MARILYN, S. LOS ANGELES, CA
- DECEMBER 2009 NO MEETING, CHRISTMAS
- SAT. JAN. 9 2010 7:00 PM. KENNY, D. SEATTLE, WA.
- SAT. FEB. 13 2010 2:00 PM. easy 4th. STEP W/SCOTT---4:00 PM BBQ & CHILLI---7:00 PM. SCOTT, I. NASHVILLE, TN.
- SAT. MAR. 13 2010 7:00PM. CANDICE, M. LONG BEACH, CA.
- APRIL, 2010 NO MEETING, EASTER
- SAT. MAY, 8, 2010 7:00PM. KERRY, C WASHINGTON, NEW JERSEY
- SAT. JUN. 12, 2010 7:00PM. LINE, G. CARLSBAD, CA.
- SAT. JUL., 10, 2010 7:00PM. EARL, HIGHTOWER
- SAT. AUG. 13, 2010. 7:00PM STEVE, L BRENTWOOD, TN.

CHALLENGE



Do some early spring cleaning and gather up all old, unused Grapevine magazines, AA-approved literature, including old Big Books and 12 x 12's to donate. Bring these items to your Home Group for your GSR to bring to the next District Business Meeting. The Home Group that donates the most literature for that month will collect an AA-approved book-of-the-month.



Contact Claire L. with questions, 425-750-6726, leblanc39@yahoo.com

Rhythm And Motion

Clean and Sober Nightclub



140th and Aurora Ave N
Seattle
Dancing Every Friday and Saturday
9:30pm - 2:00am

Our DJ's play your favorite 70's, 80's, 90's, and Y2K hits

All-Ages **\$5.00** members get in free before 10:00pm

All proceeds to benefit the
NORTH SEATTLE ALANO CLUB

"Providing nightly entertainment for those that support a Clean & Sober lifestyle"



The Wisdom to Know To Know Difference

Be sure to visit our website for more info on scheduling & directions,

www.everettconference.org

32nd Everett Annual Conference 2009

November 27th - 28th - 29th
Thanksgiving Weekend



3105 Pine st Everett WA 98201

To Make Hotel Reservation Call
(425) 339 2000

Be sure to ask for
Everett Conference
Discount rates.

Great Raffle Prizes

Registration packets will be
available at 2:00pm on
Friday

Scheduled AA Speakers:

- Friday Night:** 7:00 pm - 8:30 pm **Adele S** [Redondo beach CAL]
- Saturday:** 9:30 am - 11:00 am **Kenny D** [Seattle WA]
- Saturday Evening:** 7:00 pm - 8:15 pm **Jay S** [Redondo beach CAL]
- Sunday Morning:** 11:00am - 12:00 am **Theresa F** [Hollywood CAL]

Scheduled AIAnon Speaker:

- Saturday** 12:30pm - 2:00 pm **Gordy S** [Kent WA]



Panels and workshops will be available between speakers.

EARLY BIRD MEETING AT 3:00 PM

For more information go to our Website <www.everettconference.org

Register before Oct 31st and get 5 free raffle tickets
Smoking hot prizes



Please Print, even Email Address

CONFERENCE REGISTRATION FORM,
One Form Per Person - Please cut and mail

Name _____

Address _____

City _____ State: _____ Zip: _____

Phone _____

Home group _____

E mail address _____

Name on badge _____

AA Al-anon Other

Will you need handicap assistance Yes No

Would you like to help Yes No

(Volunteers always needed) Call Mike D (425) 791 4694

Make Checks Payable to:
Everett Conference
P.O. Box 5003 Everett
WA98026

Registration Prices

- Registration \$30.00
- Banquet Saturday \$25.00
- Breakfast Sunday \$18.00
- Friday Dance \$10.00
- Sat Dance \$10.00

Donate to those less fortunate
Amount donated \$

Total Enclosed \$